VOCAL TECHNIC

BY

ANCELLA M. FOX

(MRS. O. L. FOX)



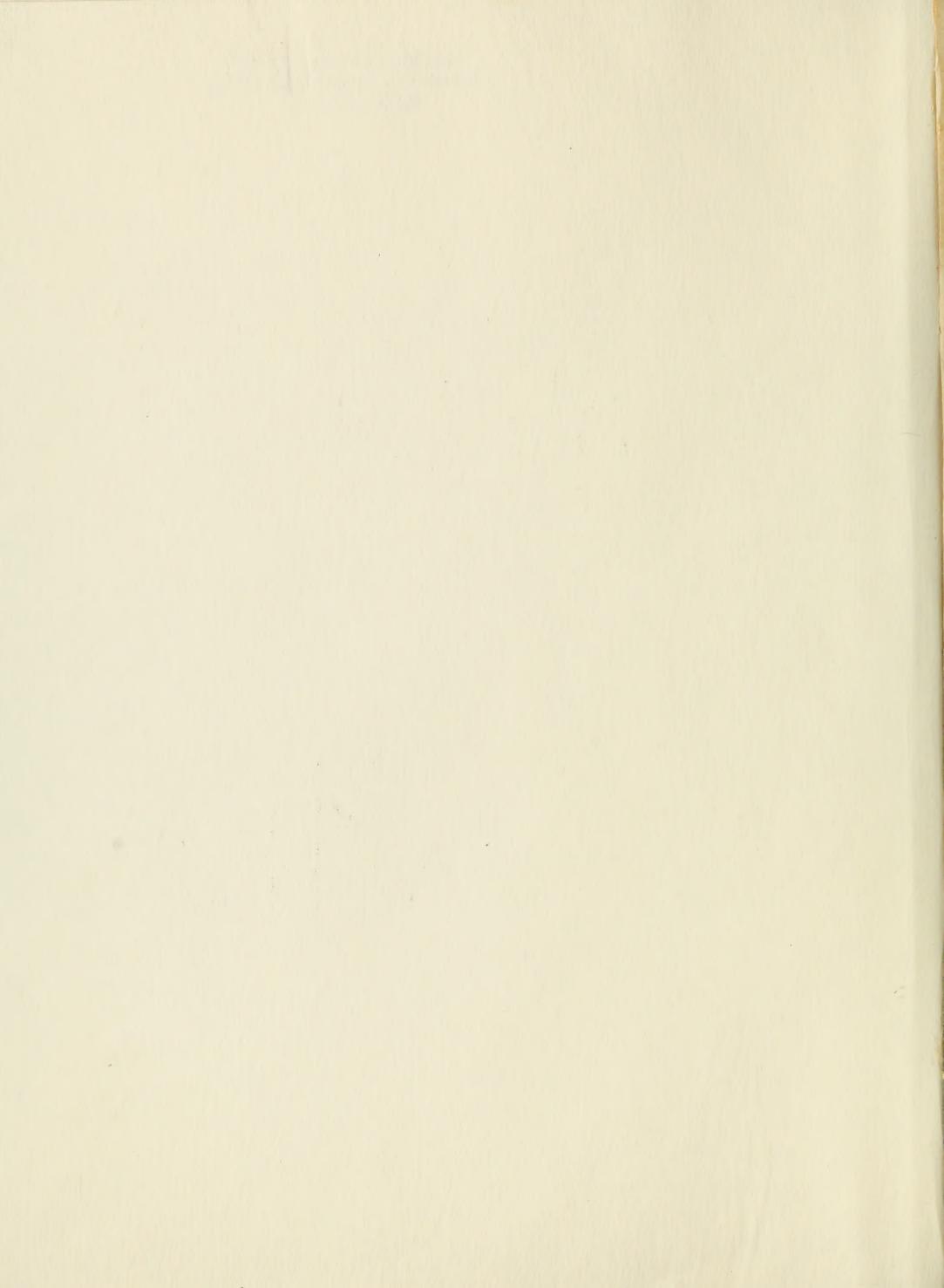
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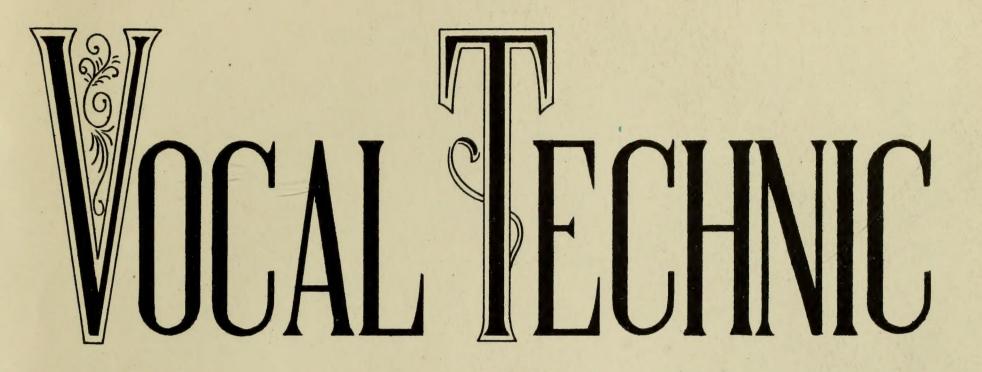
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To my Pupils,

whose loyalty has been an inspiration

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In publishing these exercises I do so at the earnest solicitation of my pupils who have become teachers. They are graded and progressive; and being the result of my long experience as a vocal teacher in the Chicago Musical College, I offer them with confidence.

EXPLANATIONS AND SUGGESTIONS

- An"o" placed over a note is a sign for opening the tone.
- M is the sign for humming. It gives <u>location</u> to the tone and places it near the enunciating organs (lips and tongue).
- All voices must be focused for timbre. Care should be taken however, not to lose the mellow quality so desirable.
- The first principle of good singing is throat relaxation. To gain this the mind must be directed to the point of delivery—the lips. Much throat contraction is caused by the false idea that singing is a throat action, while it is really a mouth action, like speaking.
- Too much breath ruins the voice. There is usually enough in reserve, and it only needs to be used judiciously.
- The simple gripping of the diaphram gives excellent support to the upper voice and little is needed in the "medium".
- A proper control of the diaphram prevents forcing, and is the whole secret of good breathing in singing.
- Head tones become small and thin if placed too high. Consider them as an opening-out of the "medium," and as coming forward and over.
- All tones have a curve from the preceding tone in passing up or down the scale.
- In singing the octaves, the pupil should have at hought of distance. The upper note is to travel, and if it reaches its proper destination must do so mentally, as well as vocally.
- All action of a muscular nature must stop at the chest—not extend to the throat. Ease in singing can only be acquired by physical ease. The art of singing is the ease of it.
- Scale practice is the backbone of vocalization. It blends the registers, gives flexibility and perfect poise.
- Scales should never be practised with full voice.

 A good "medium" is better and at times a sotto
 voce
- I have given metronome marks, which are never slow. My experience has taught me that scales must be practised with some degree

- of velocity to be of value in acquiring flexibility.
- Always sing legato, with accent, and in perfect tempo.

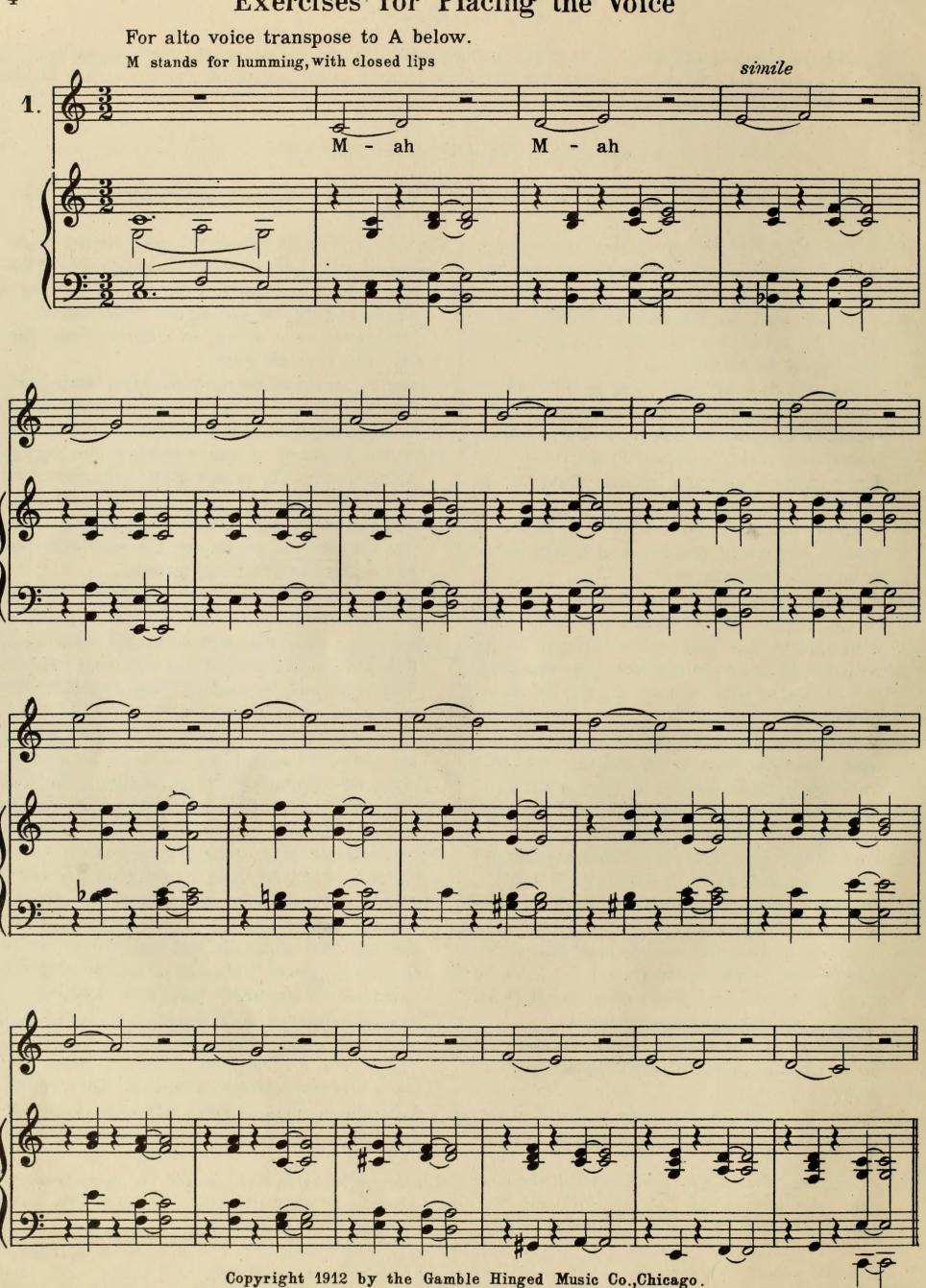
 Divide all long scale-passages into groups; do not sing as a whole, otherwise the top and bottom get all the attention, to the neglect of the center.

 When grouped and sung in perfect tempo, the the scale becomes even.
- I would suggest that the scale be played with the pupil until some smoothness and rhythmic sense has been acquired. This is also my rule with the Trill.
- Pianissimo tones are not suppressed tones, but singing without power. The voice must be well under control before extreme soft singing should be attempted.
- Extend the range while the voice is young. Age fills and matures quality, and the voice is not easily extended after having matured.
- Breadth of tone is never gained by force. Pushing the voice ruins it.
- Never sing a head tone without a rigid diaphragm. The position of the mouth is very important. All stiffness should be avoided. Take the position with the tone, and not before.
- From C to G above, for soprano and tenor (A to E for alto and baritone) let the mouth be rounded-not over-wide in the "medium," dropping the jaw for enlarging the tone. Passing above G, the mouth gradually spreads at the corners, and in the extreme range becomes very wide.
- All vowels should be used in practice, but "e" and "o" have most value in voice placing -- "o" for thin quality, and "e" for that which is sombre and throaty. For contralto and male voices "e" is especially good. This vowel will be sung with more ease if the jaw is relaxed or dropped.
- Stand still. Repose adds to personal attraction and should be cultivated.
- These are a few general, practical rules which, with the exercises, I trust will be of value to those seeking the best results in voice production.
- Blank pages have been added for special exercises to be given by the teacher for the particular needs of each pupil.

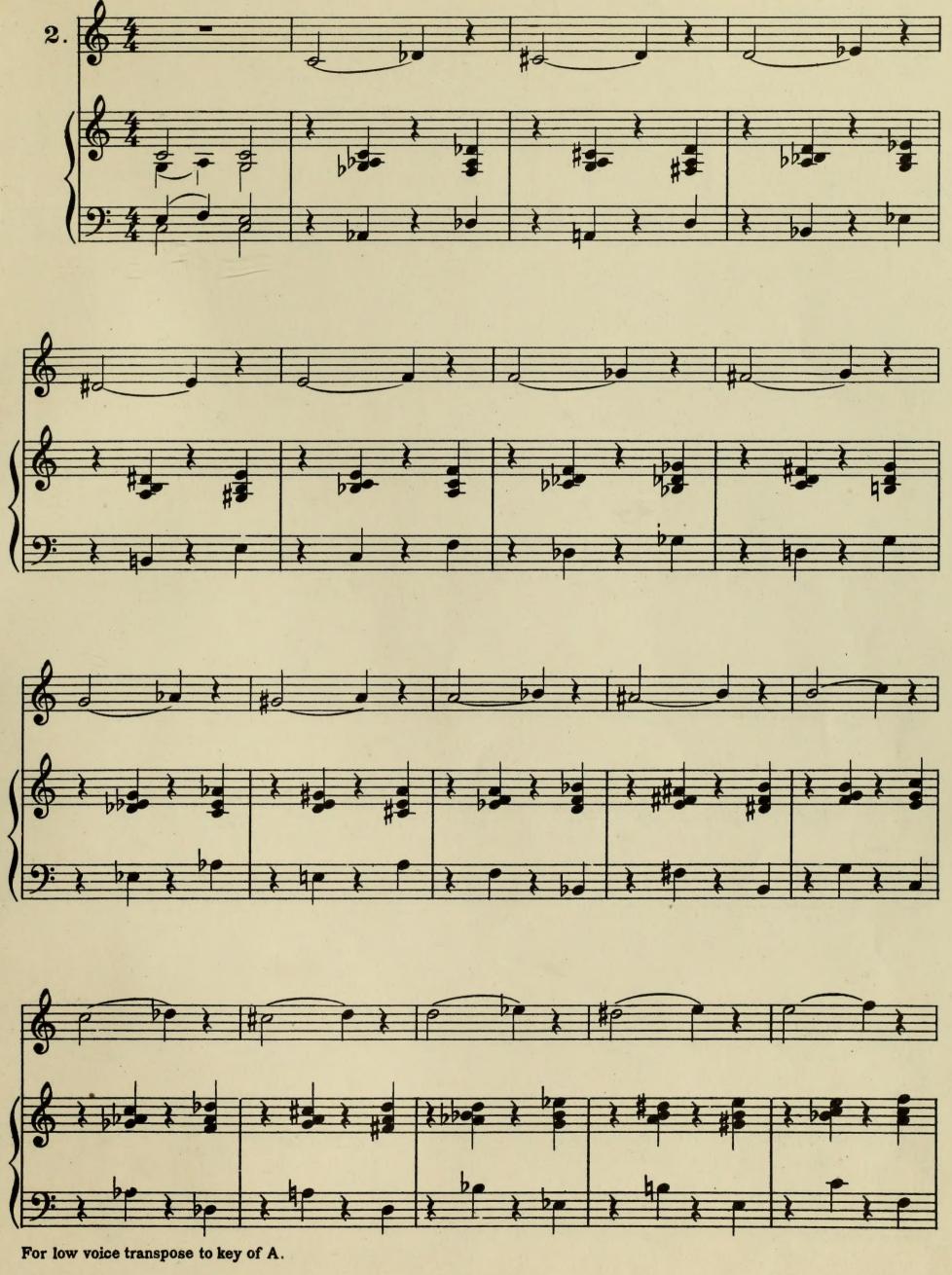
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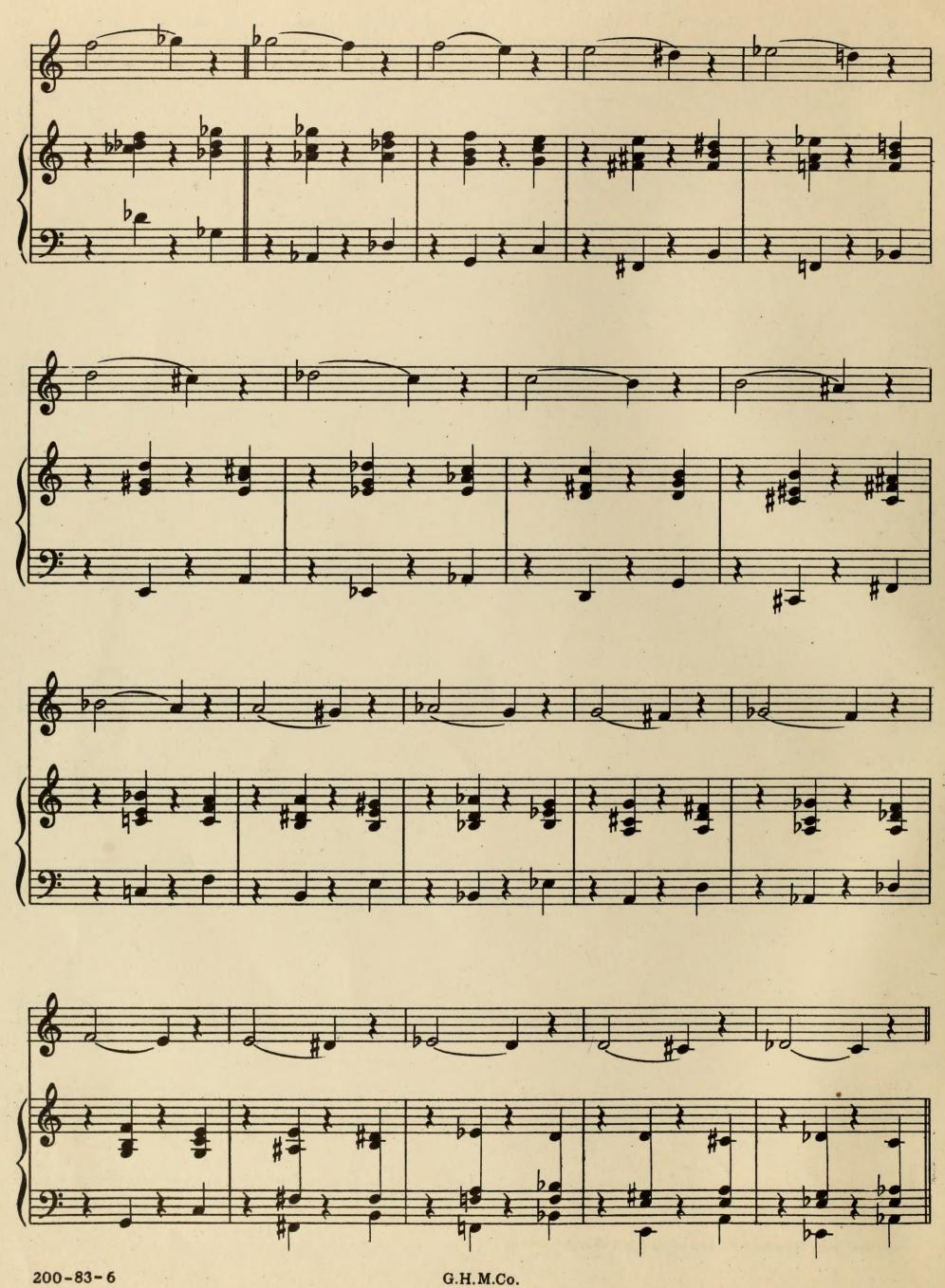
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Exercises for Placing the Voice

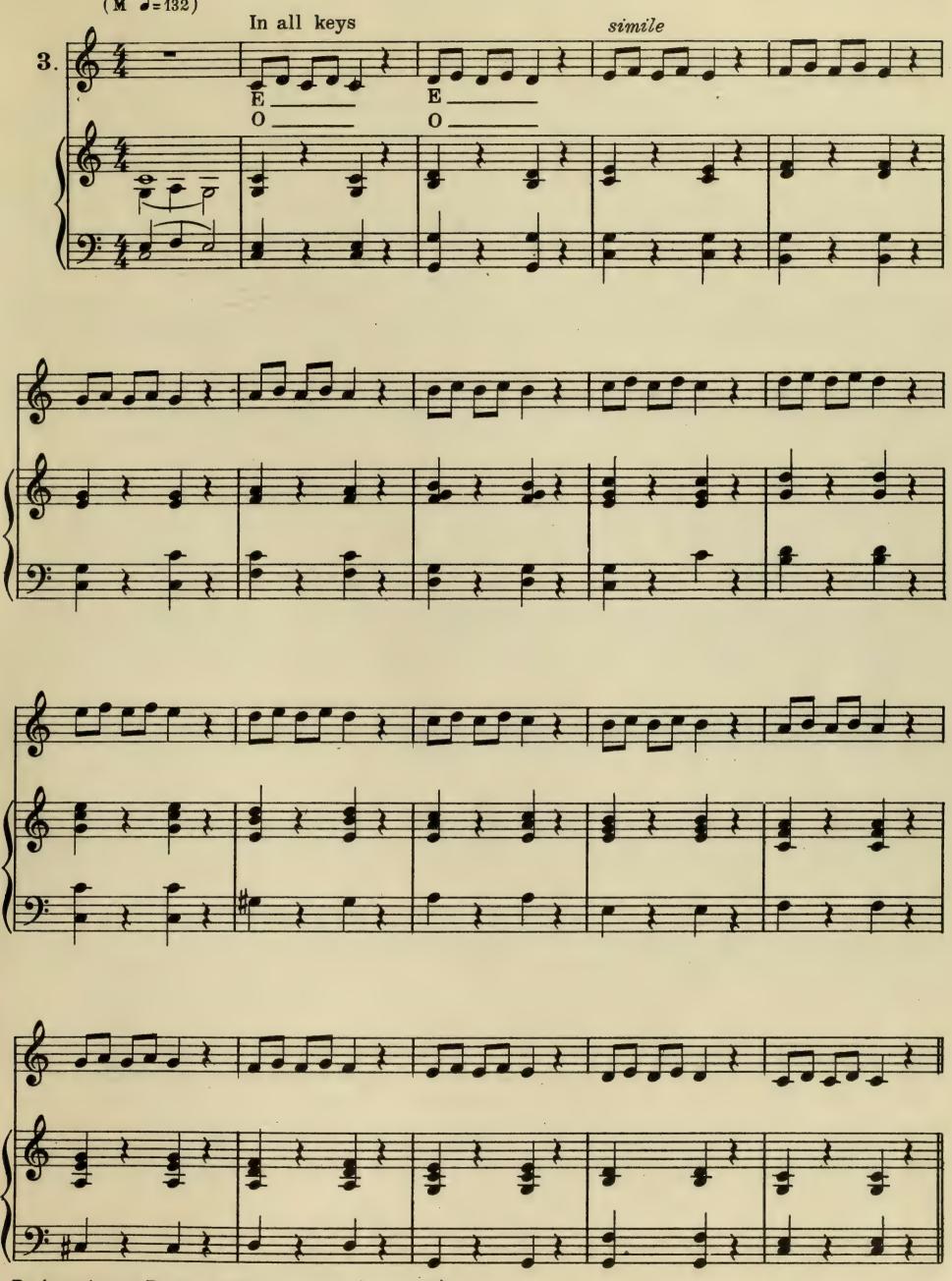


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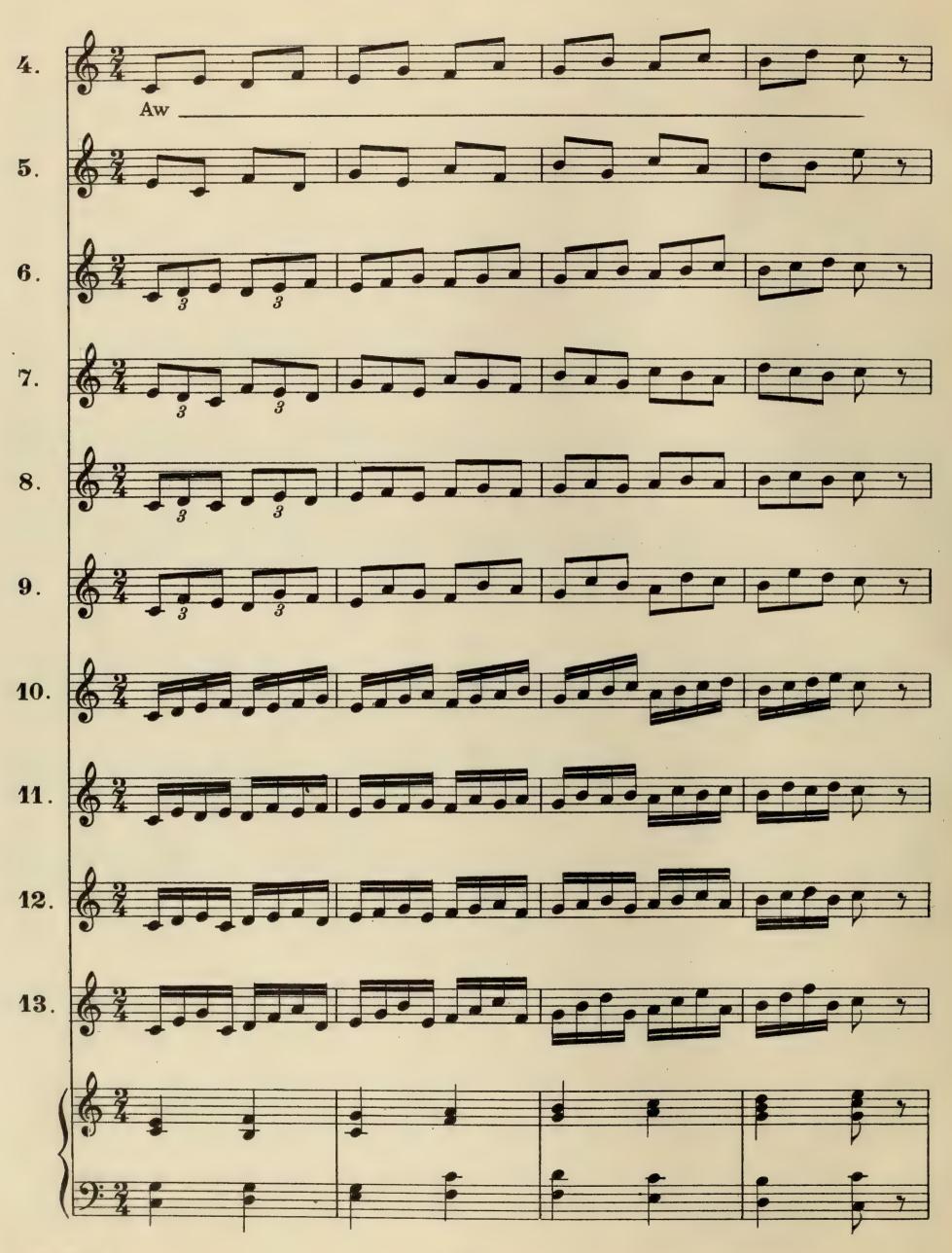


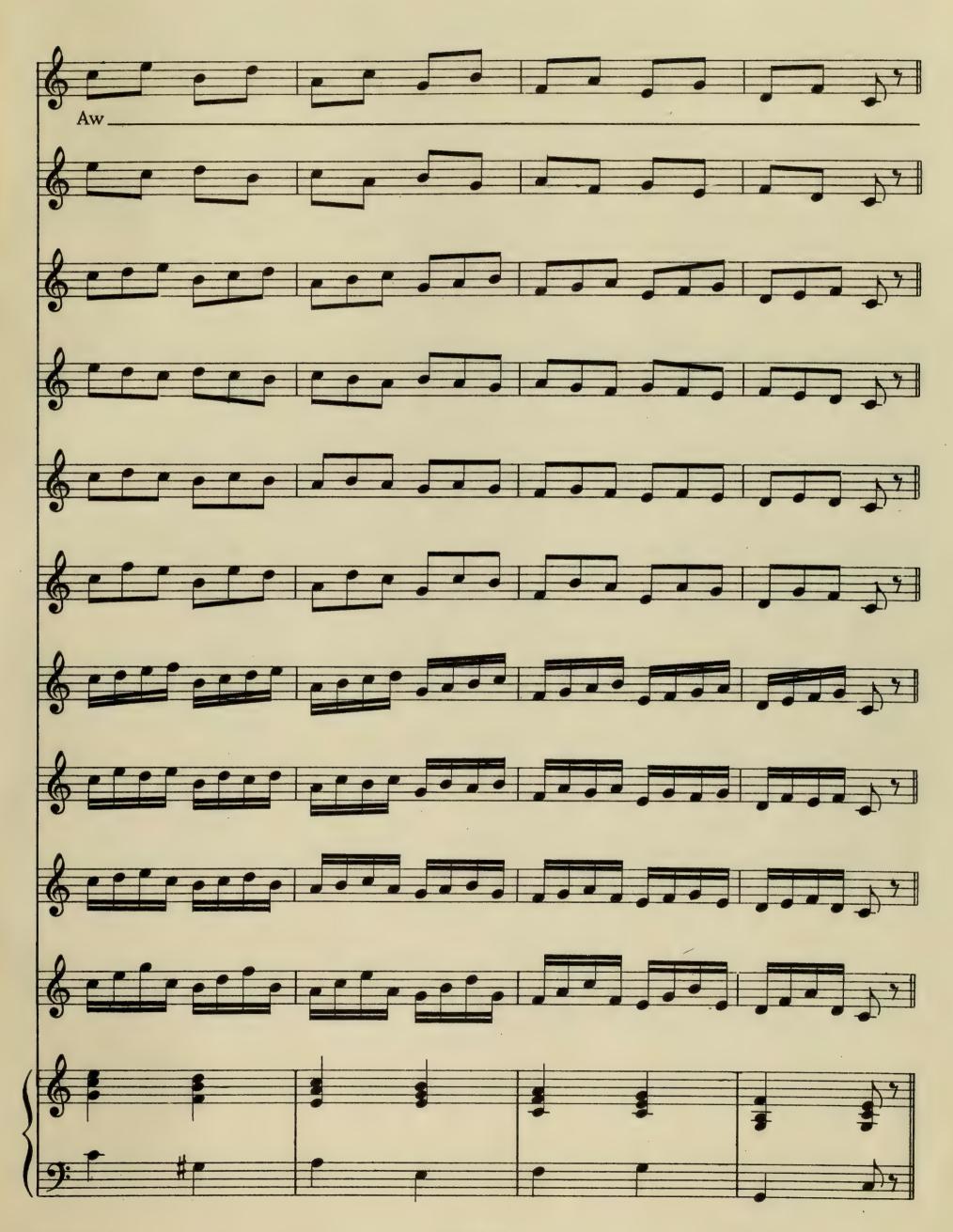


For low voice, use Exercise 1 and 2 in Appendix(p.p. 66, 67.)

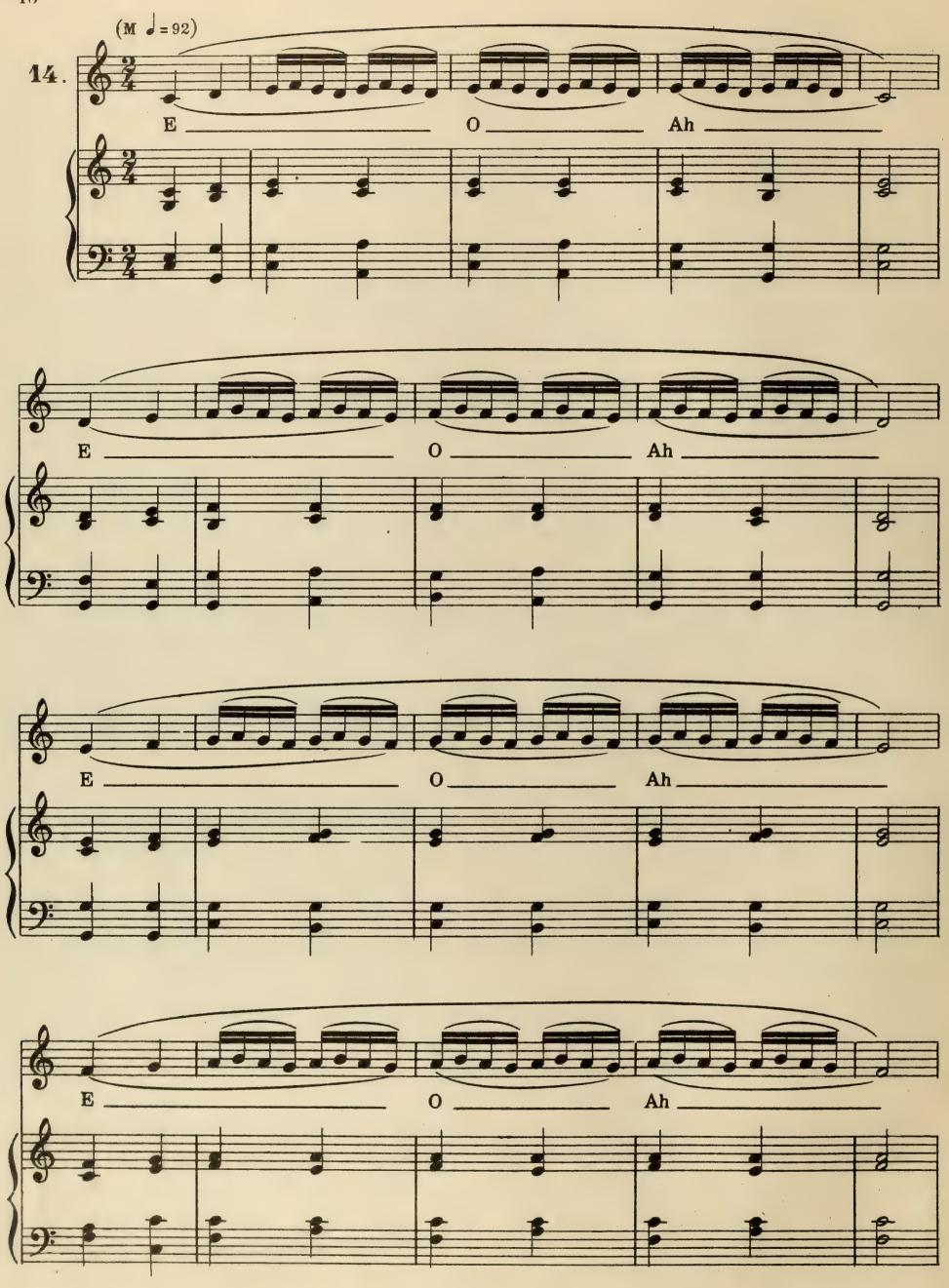
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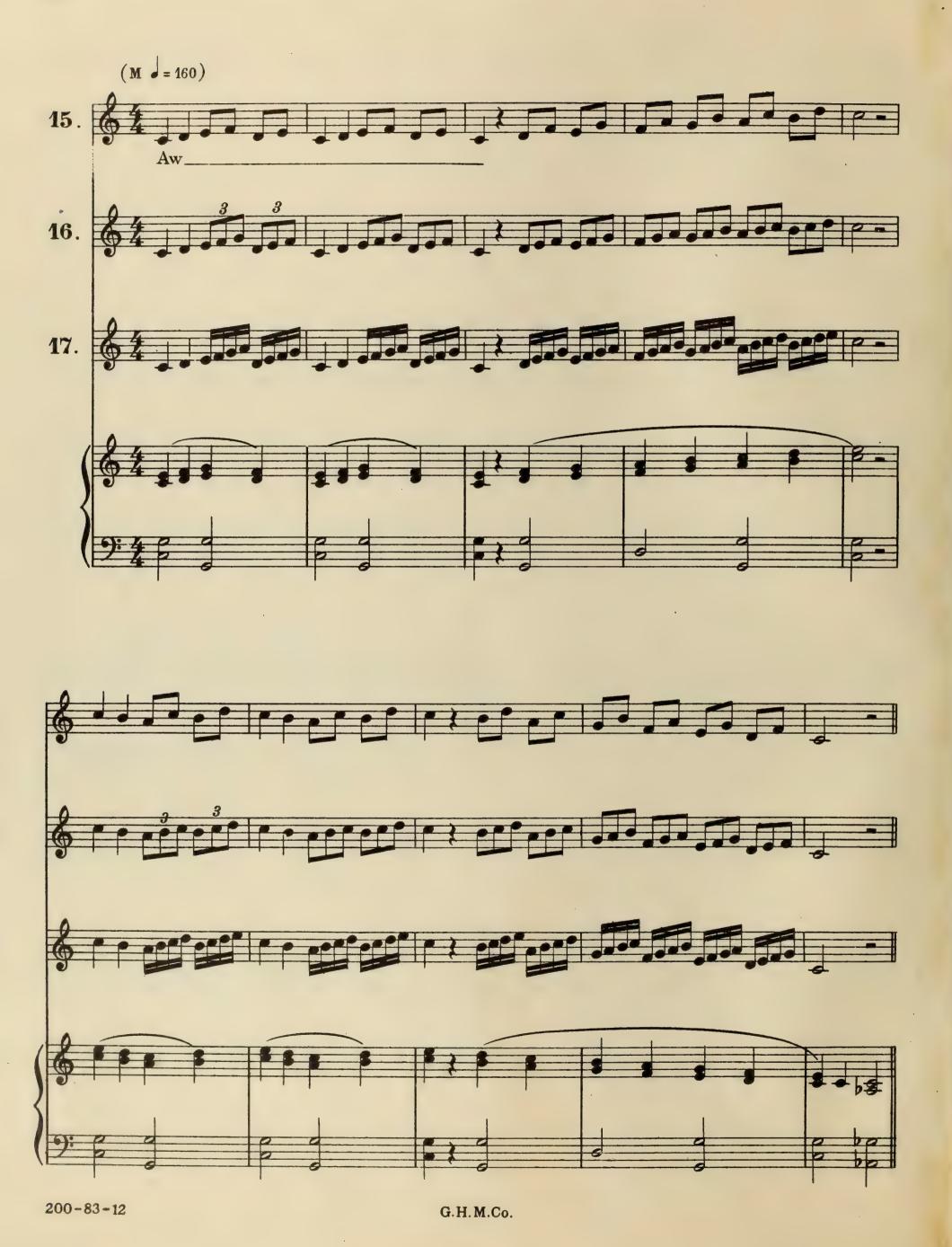


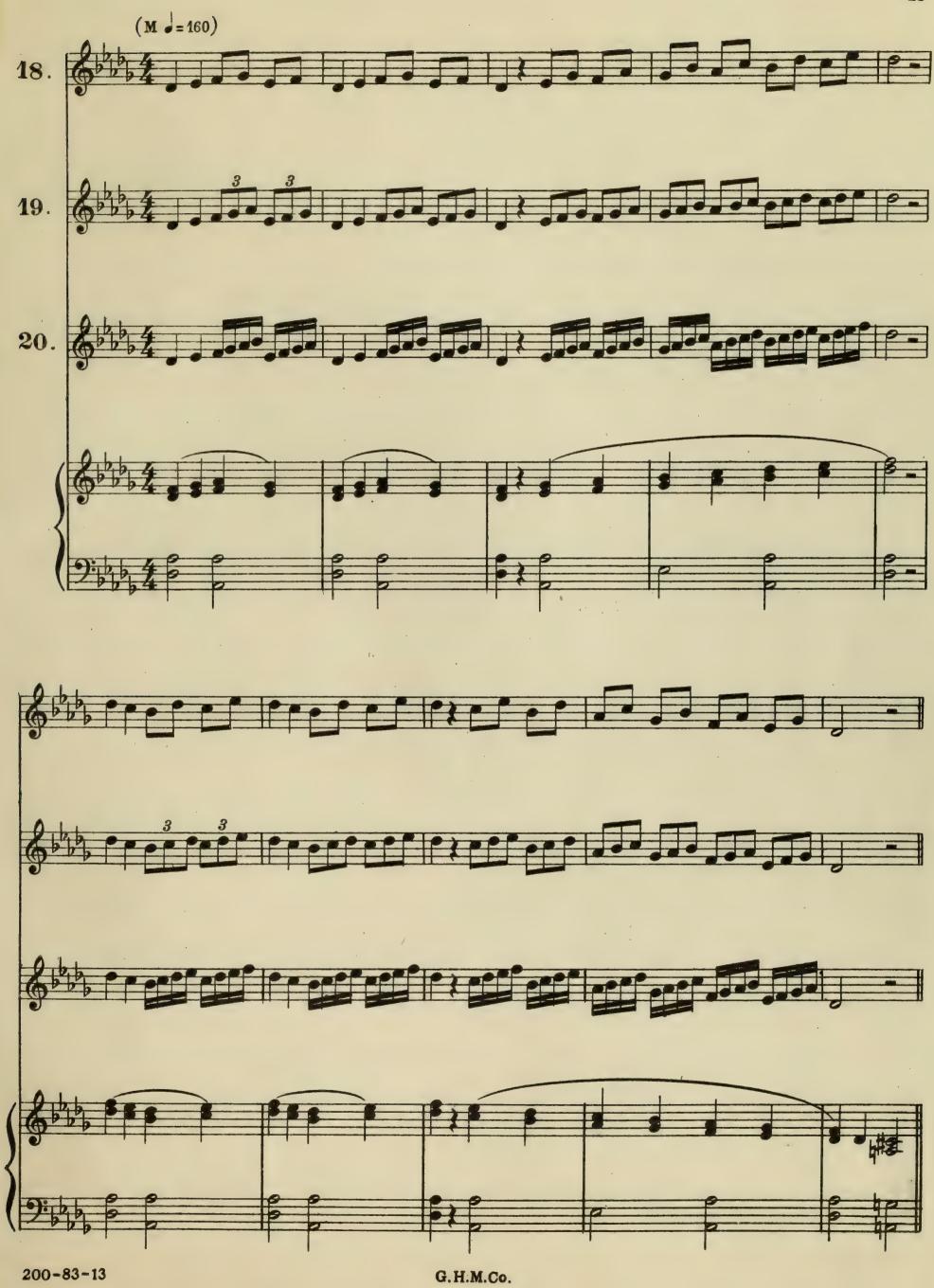


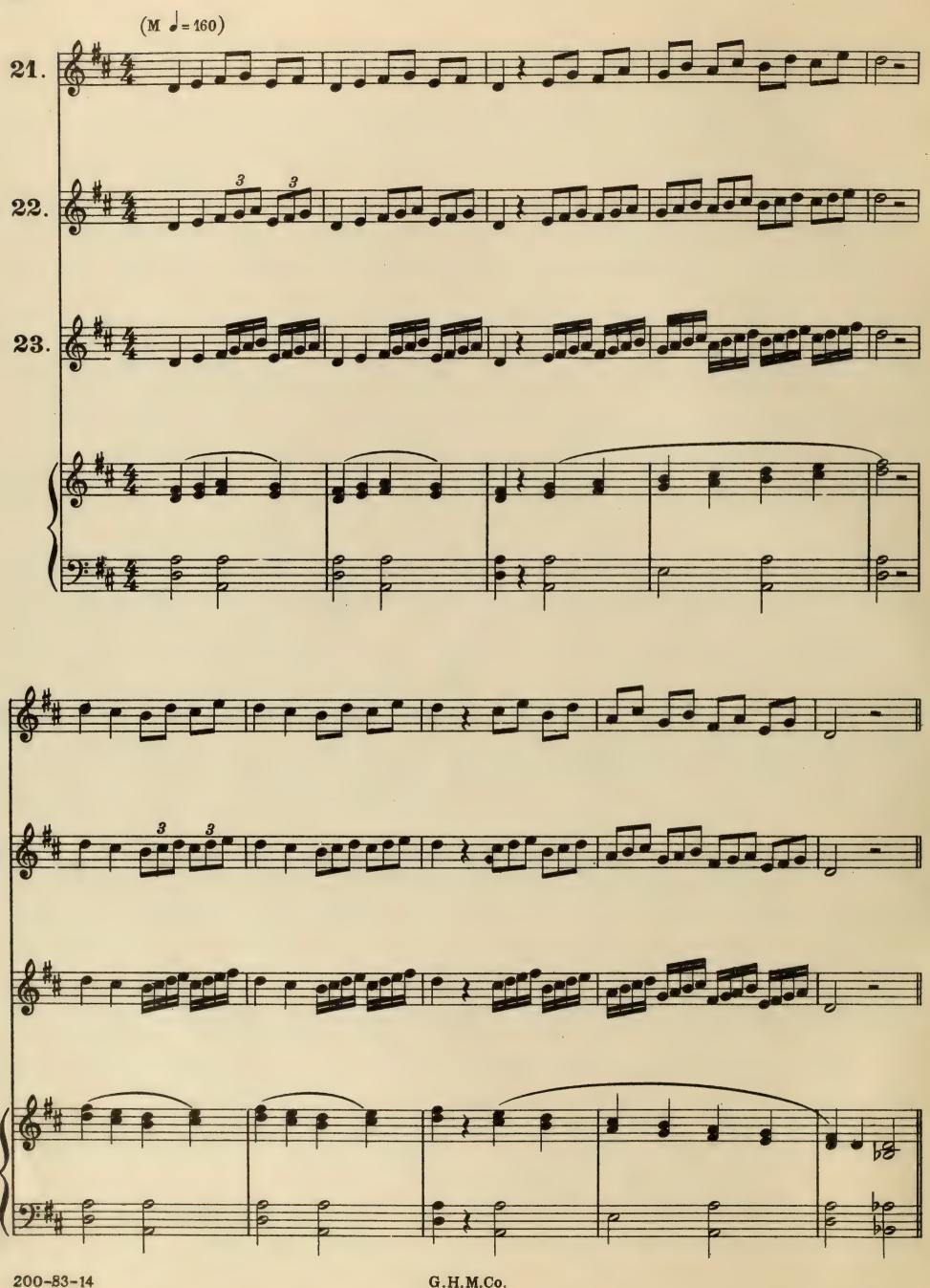


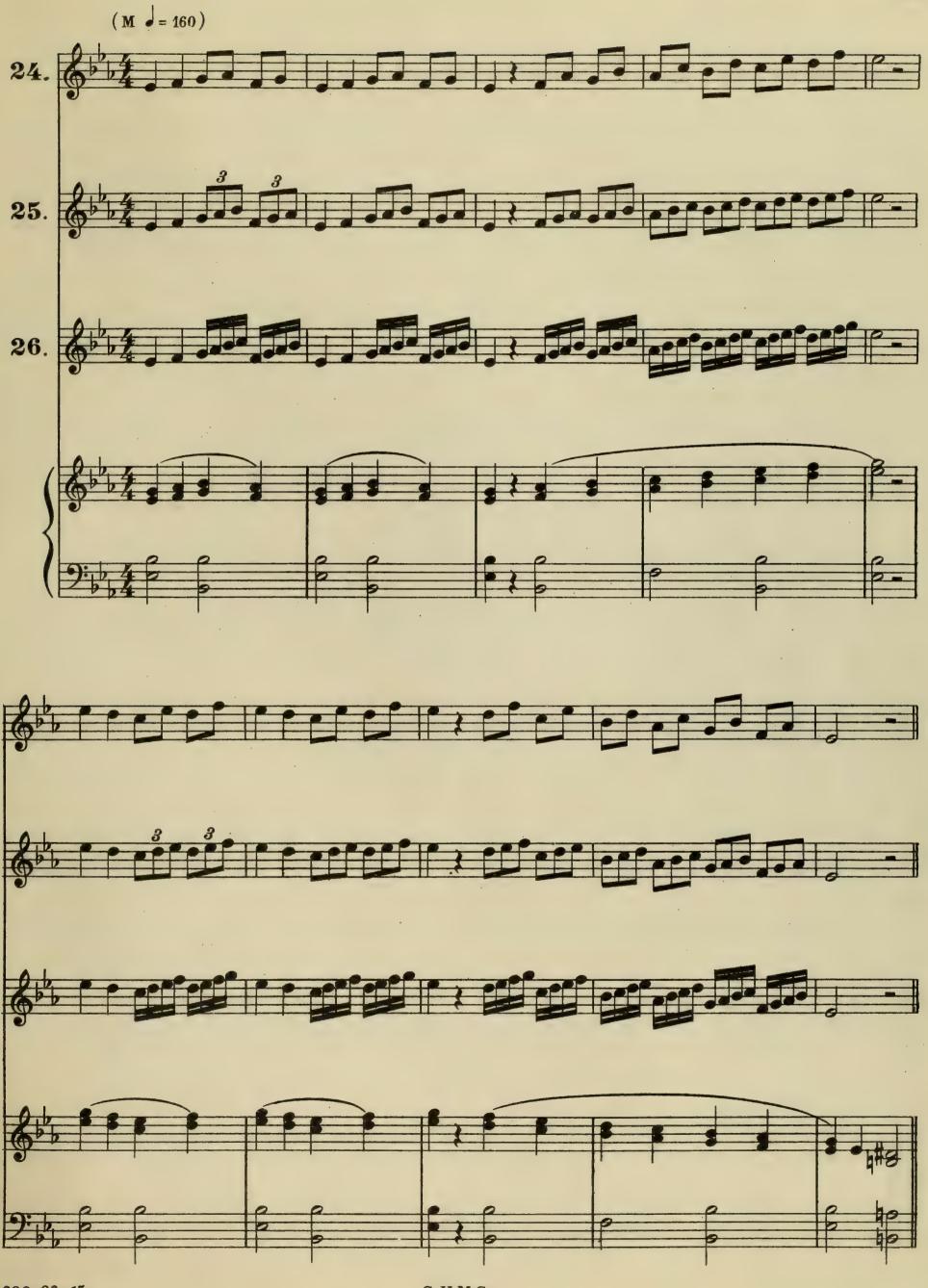


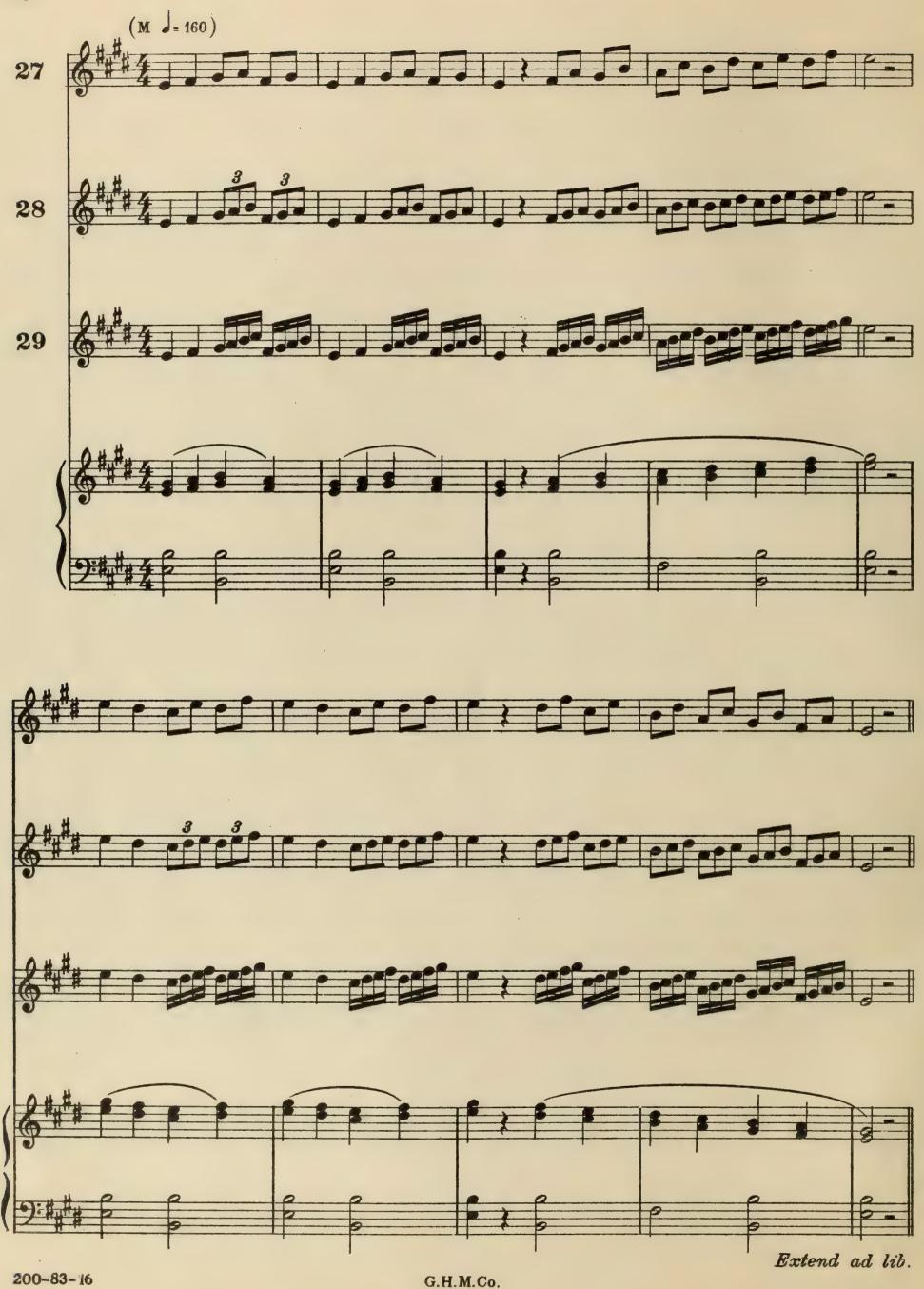


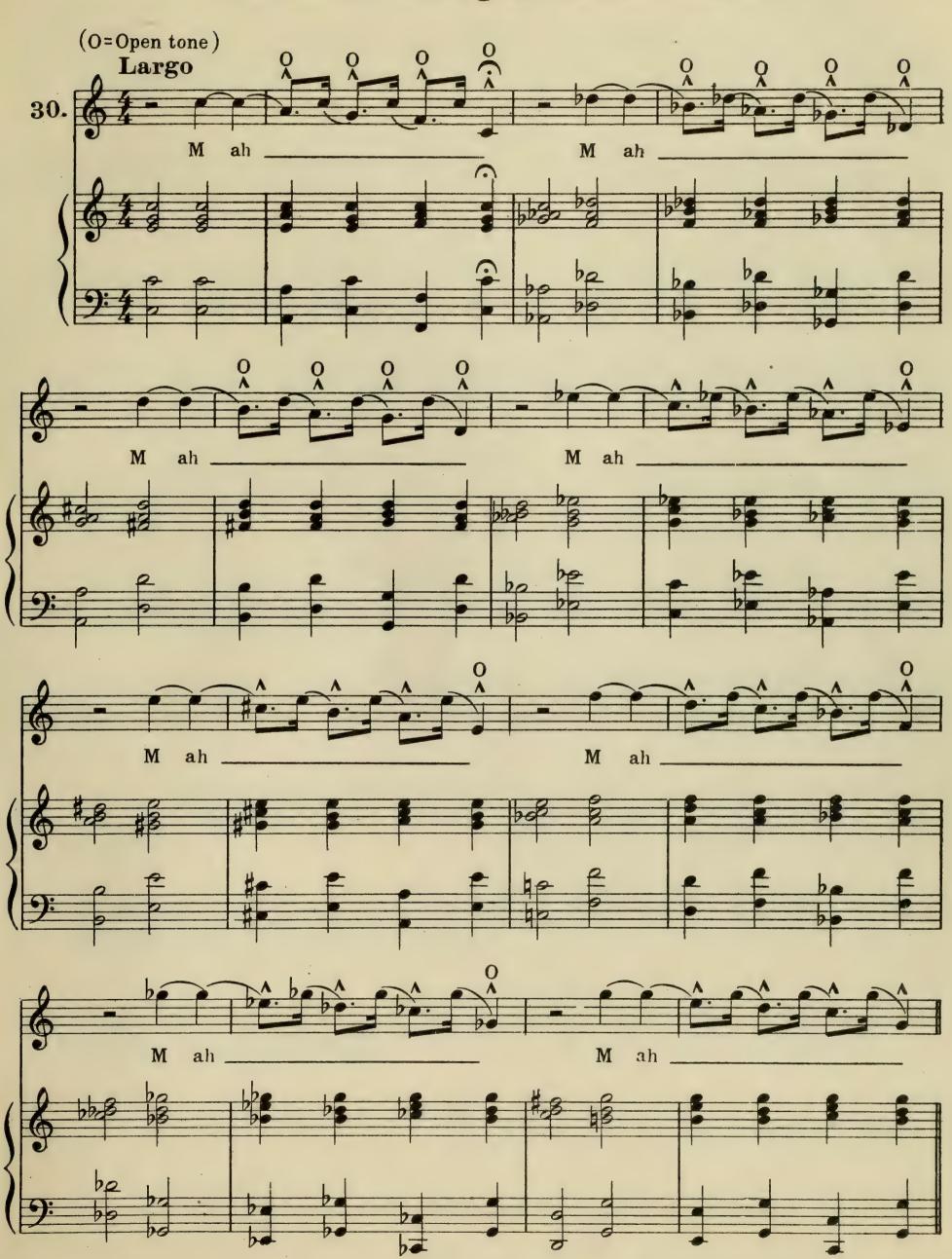




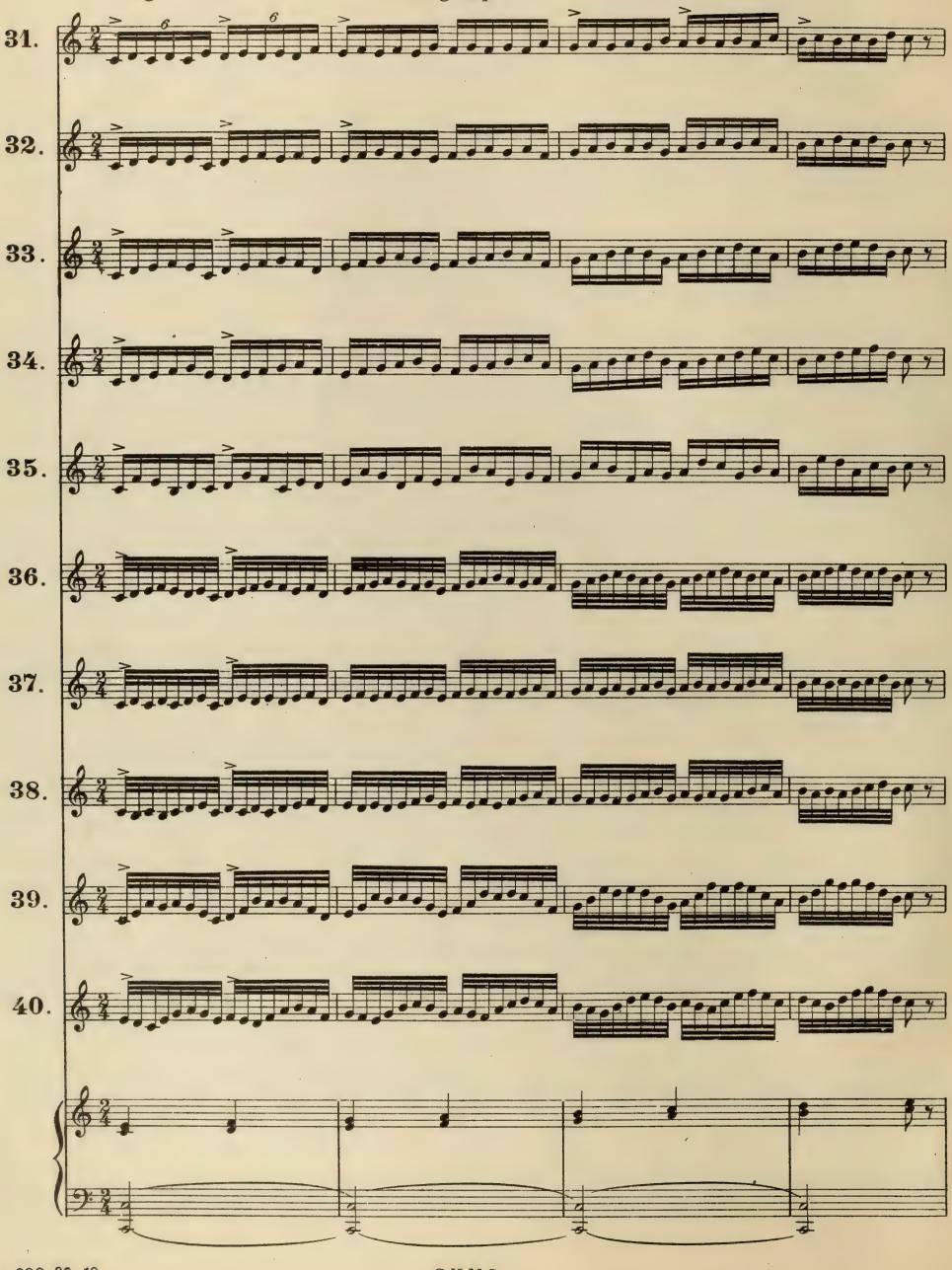


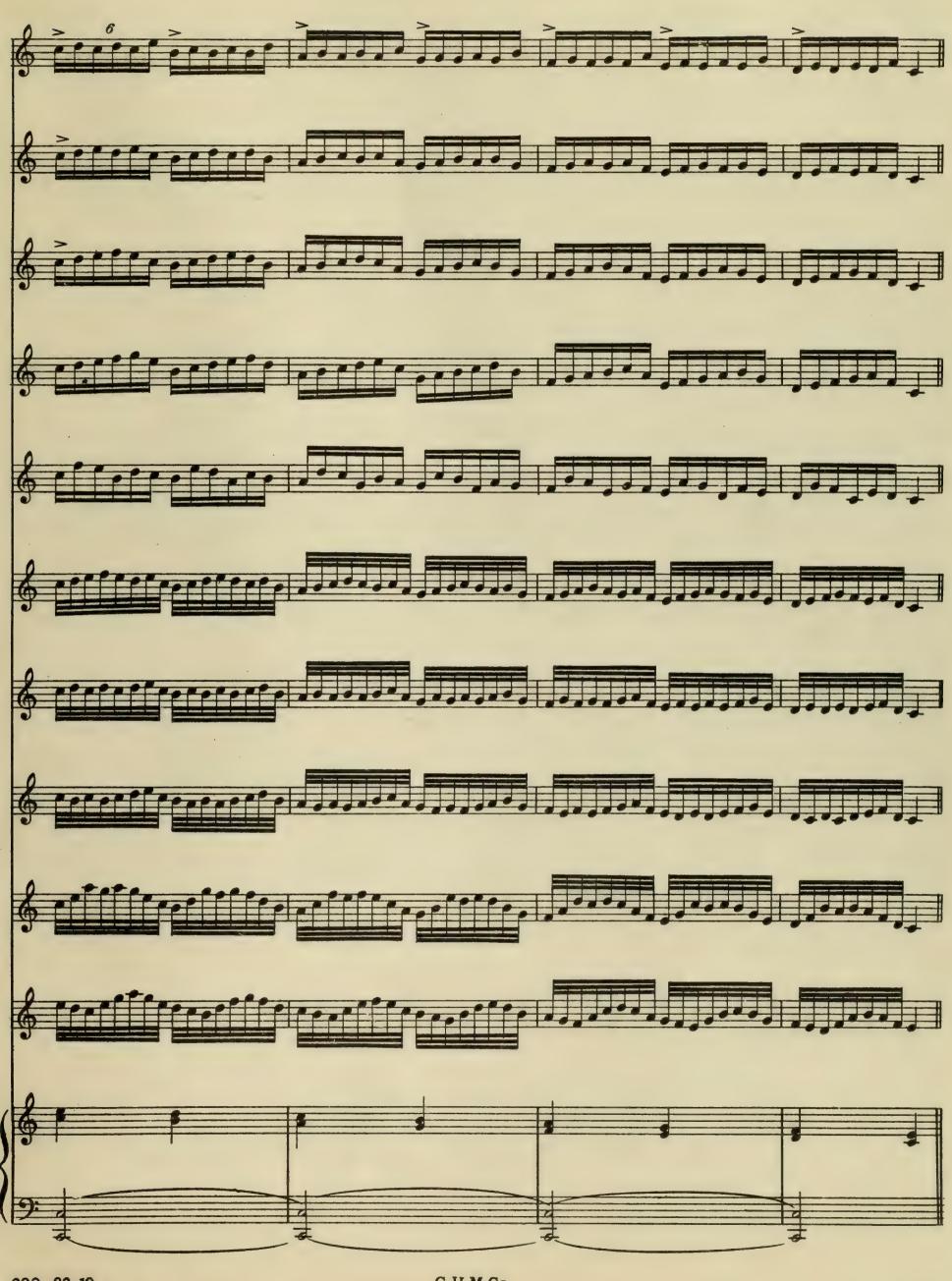


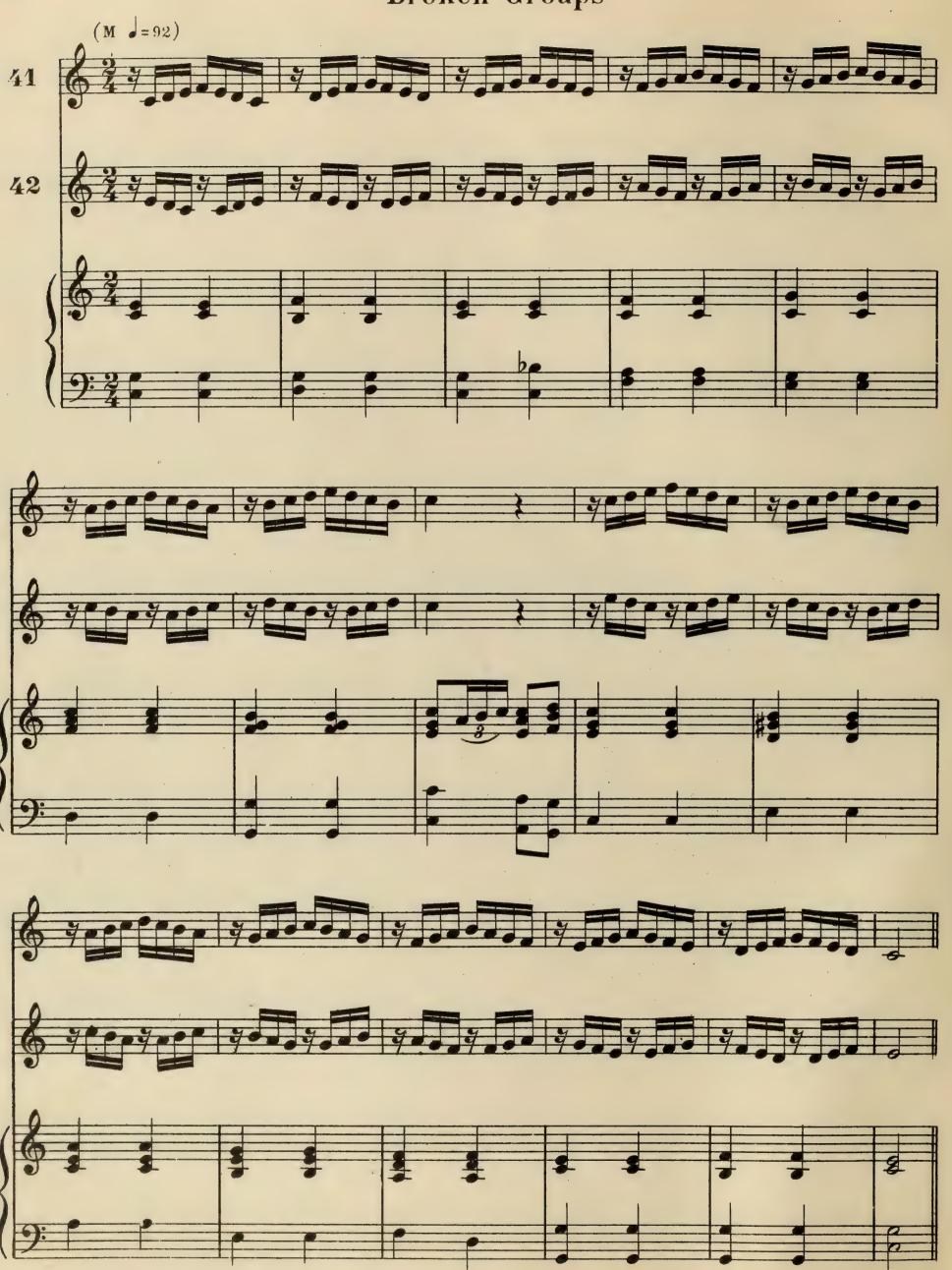


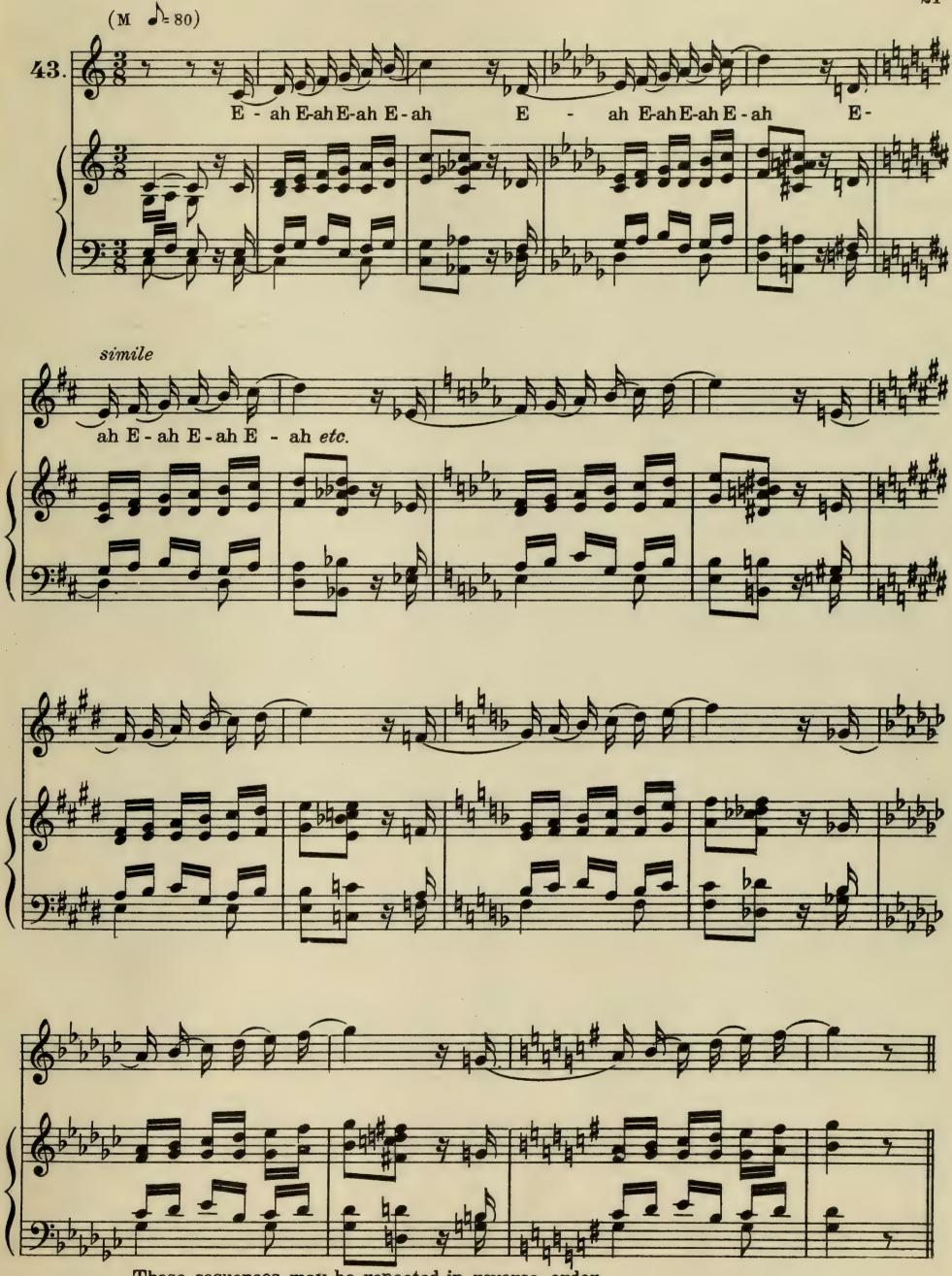


(M J=52) Strong accent on first note of each group

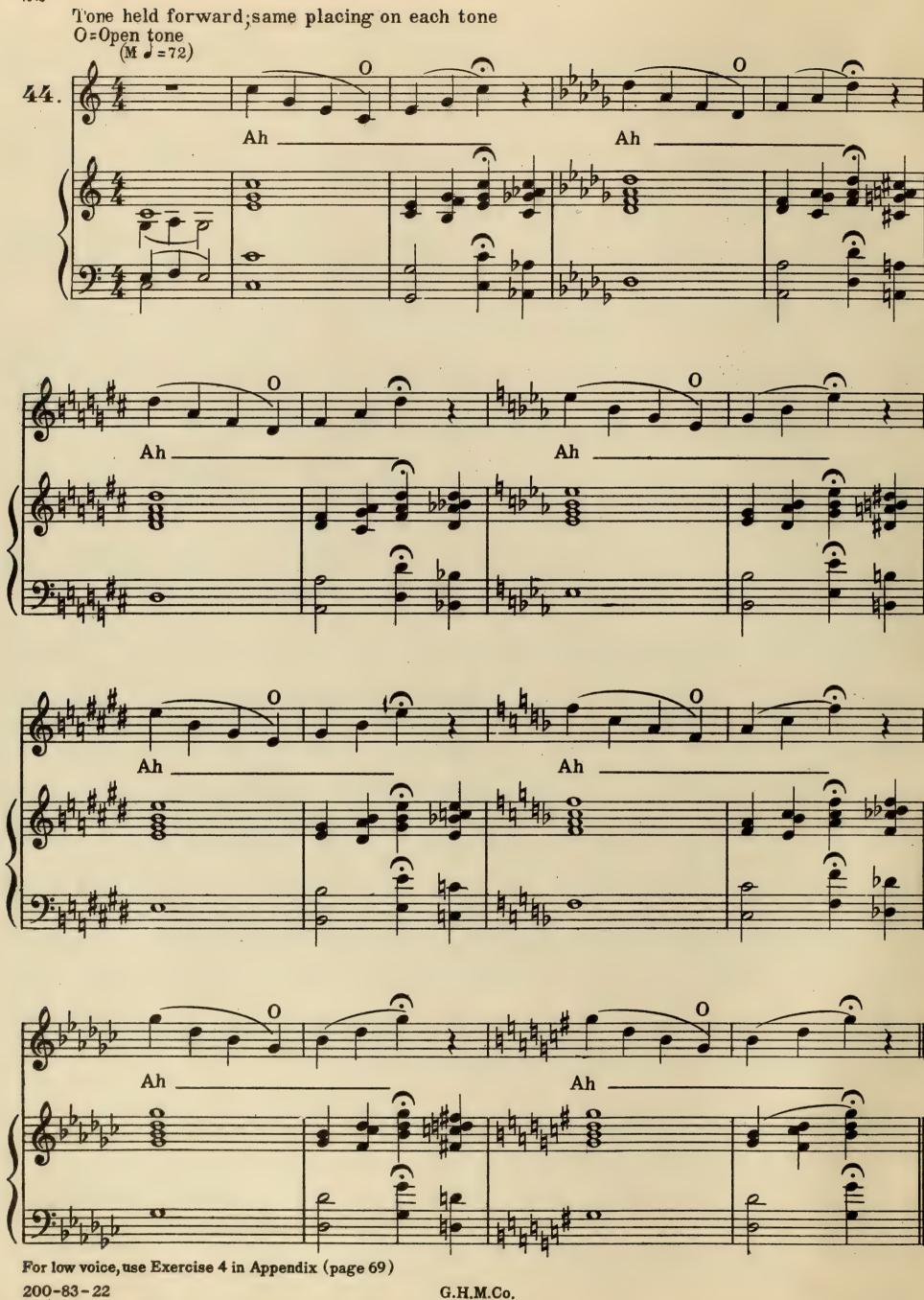


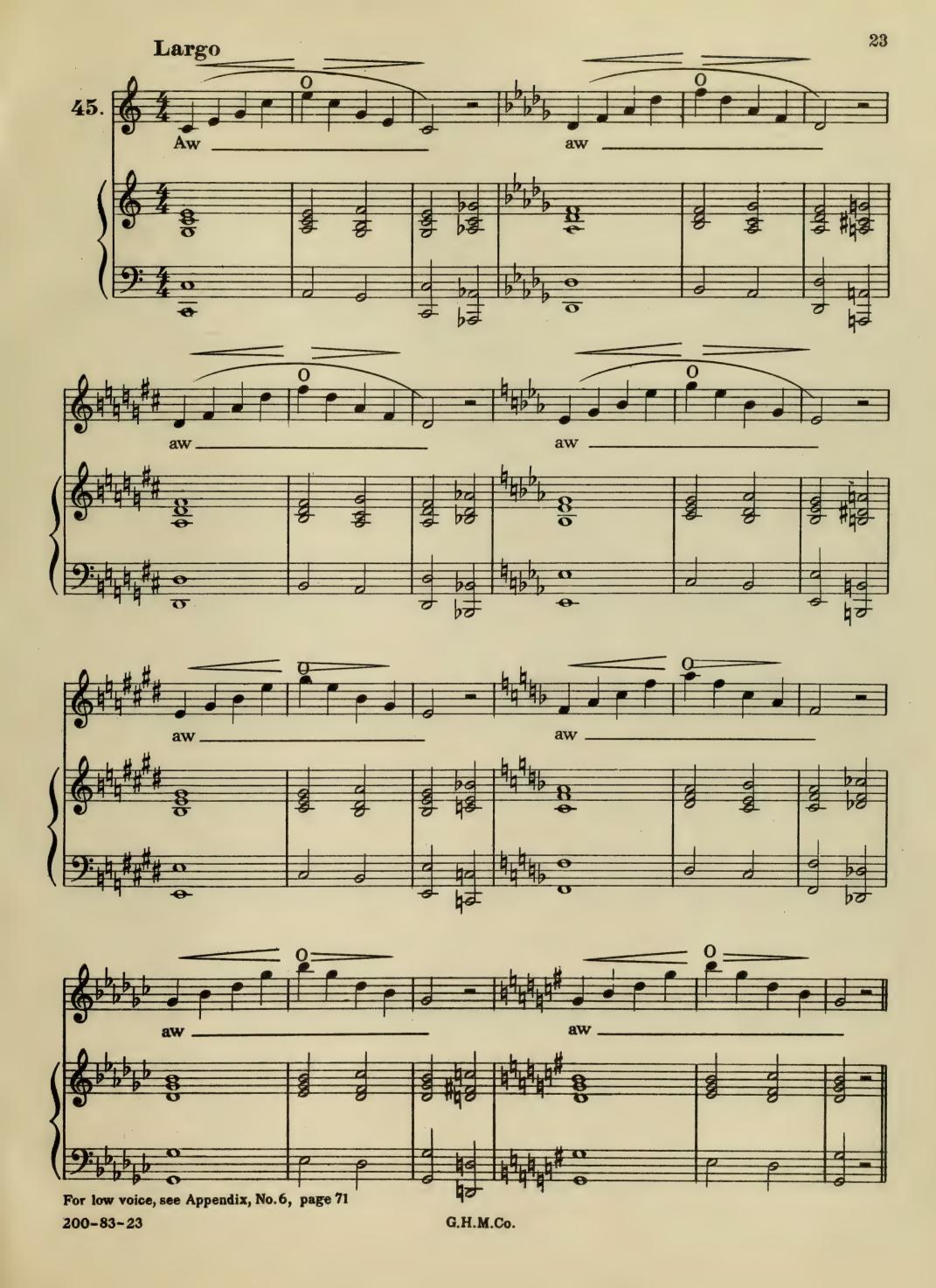


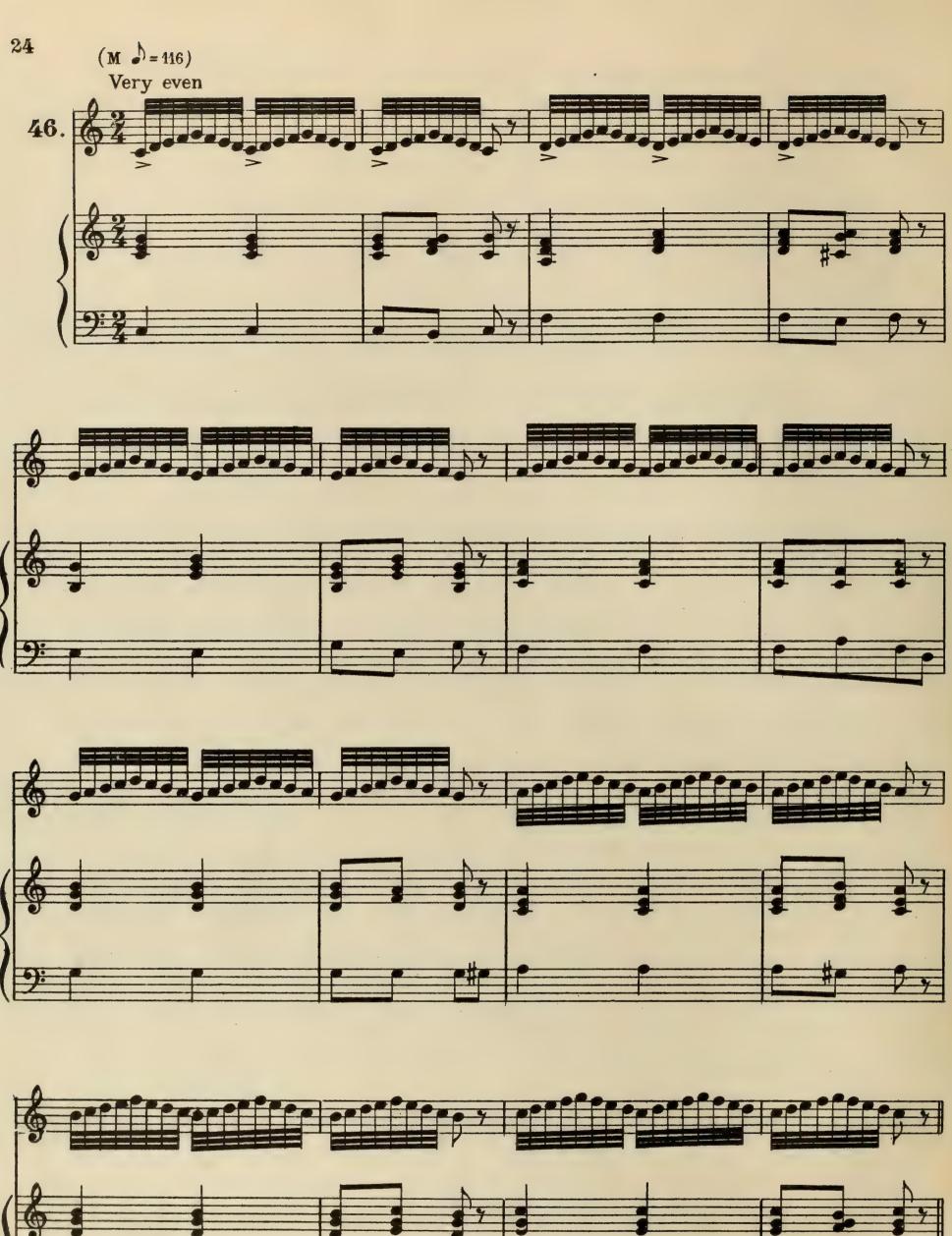




These sequences may be repeated in reverse order For-low voice, use Exercise 5 in Appendix (page 70)
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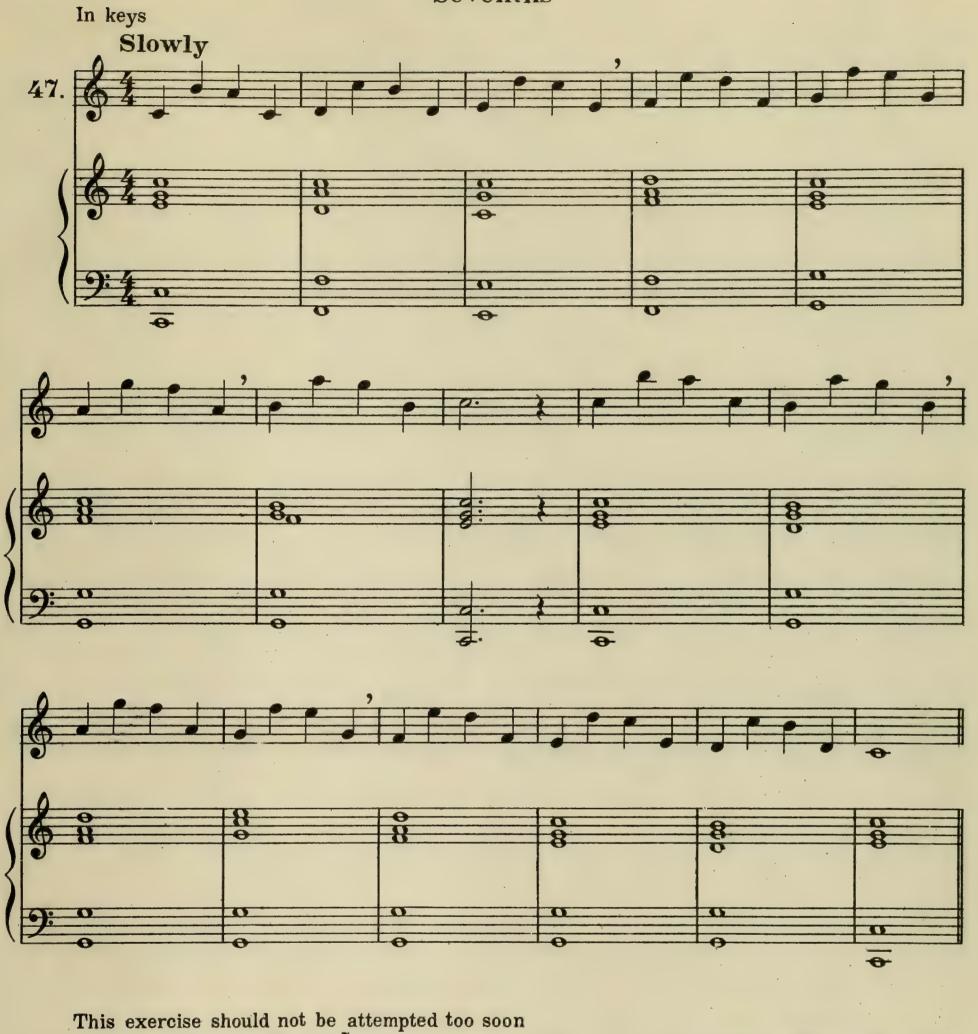


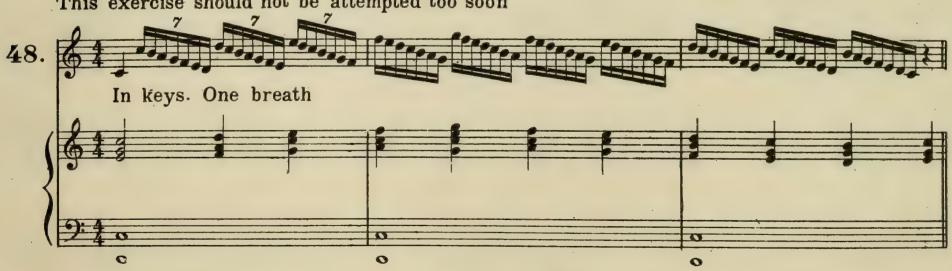






Sevenths

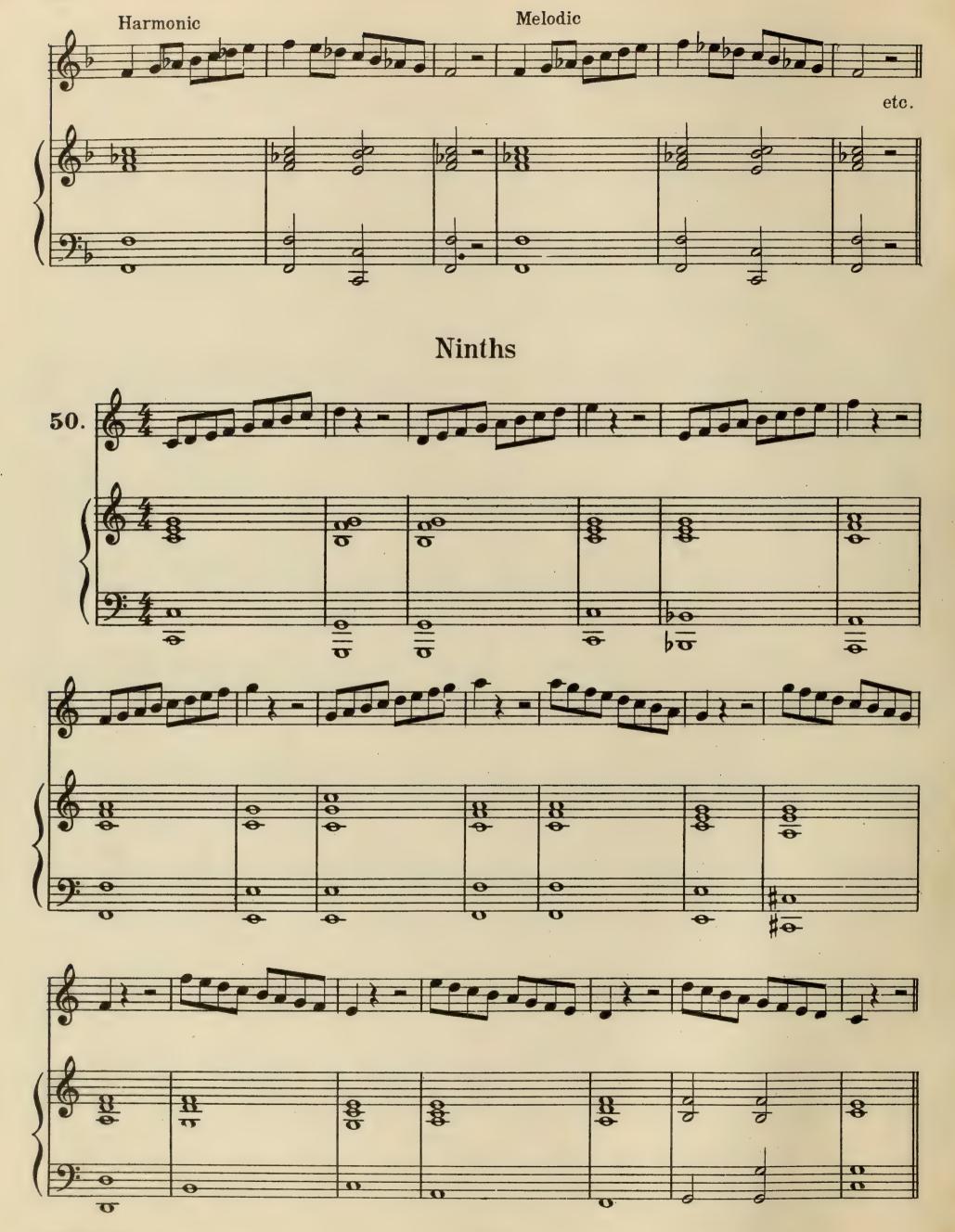




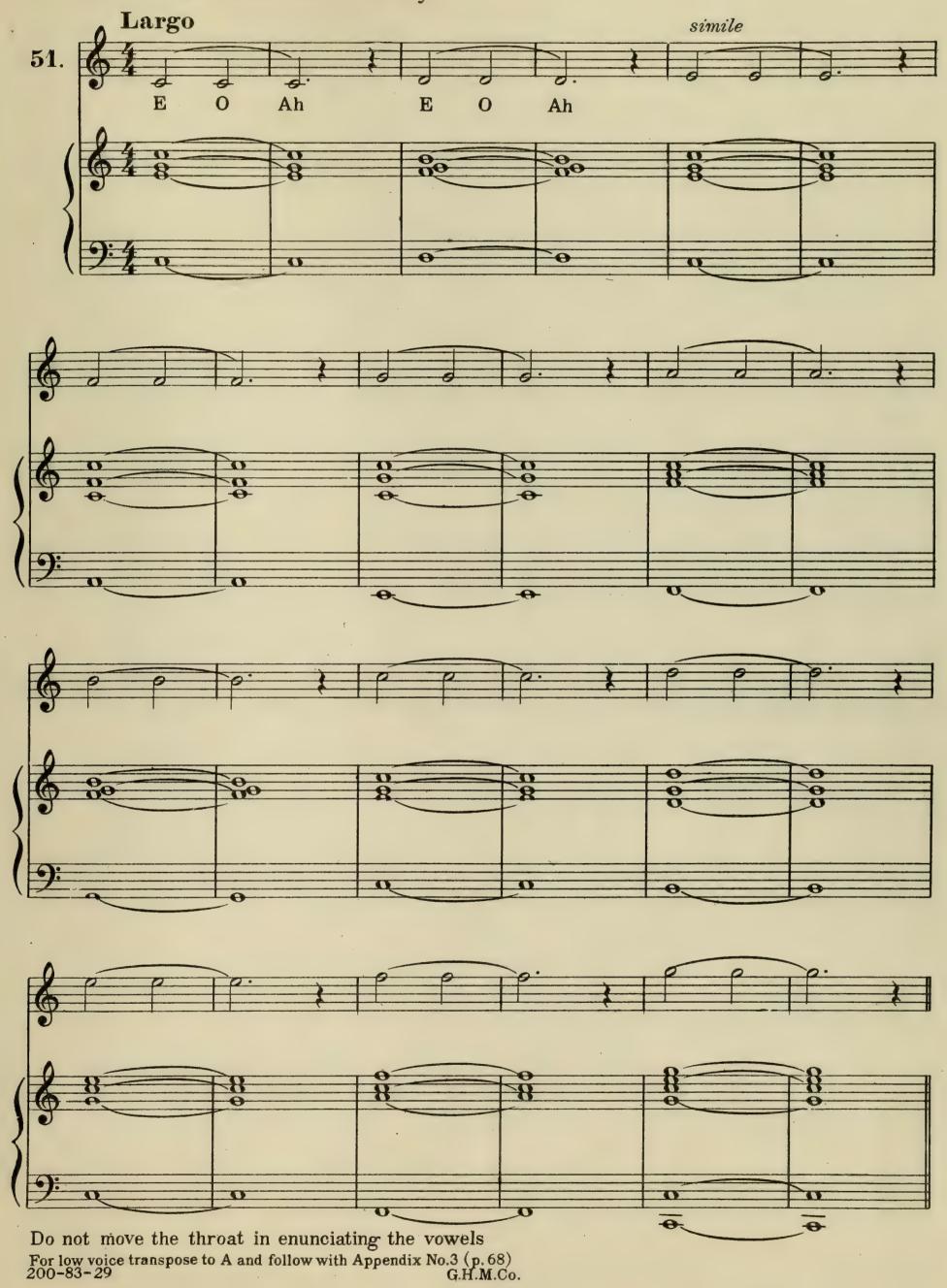
Scales, Major and Minor

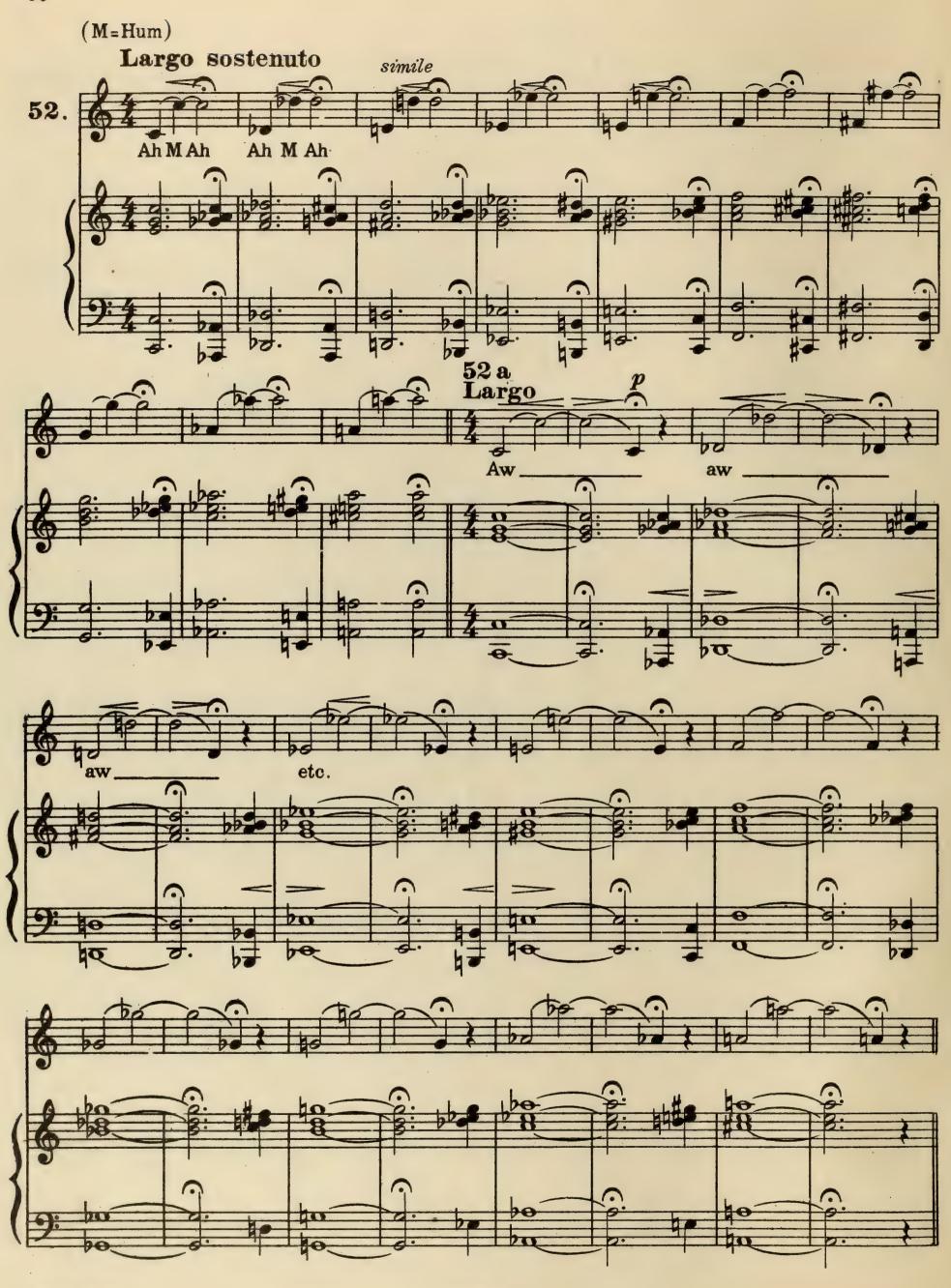


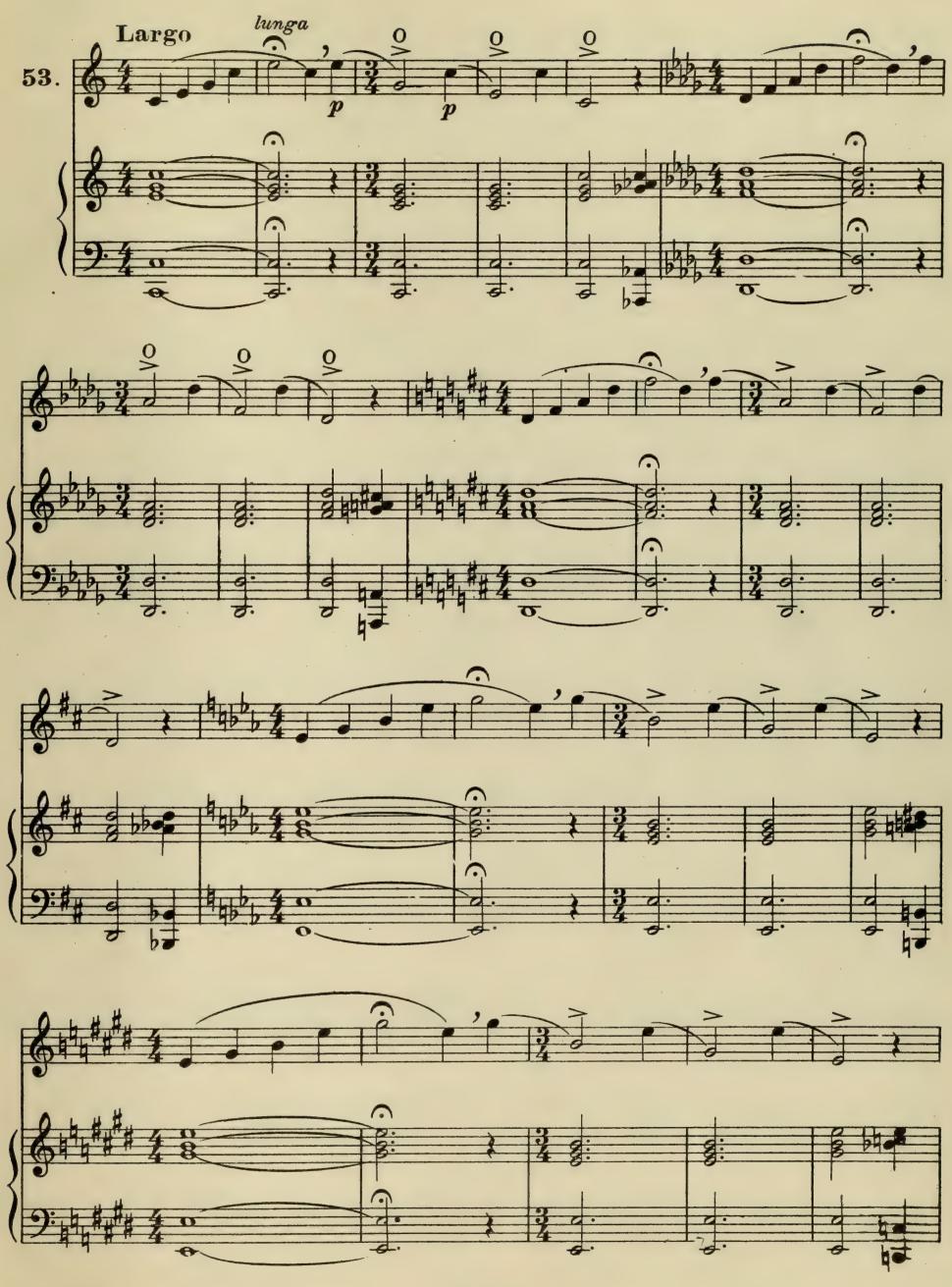




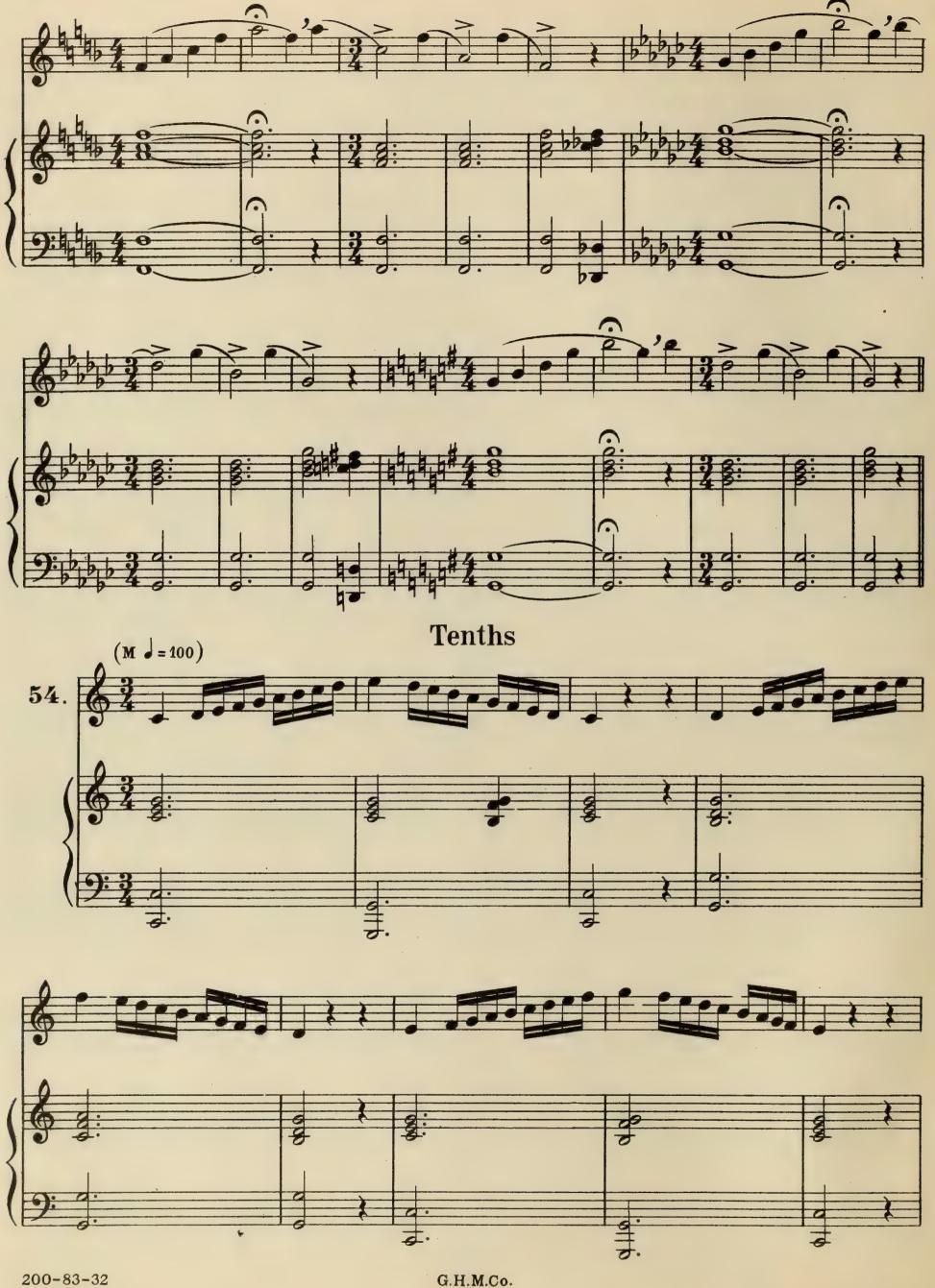
This exercise is also used in all keys

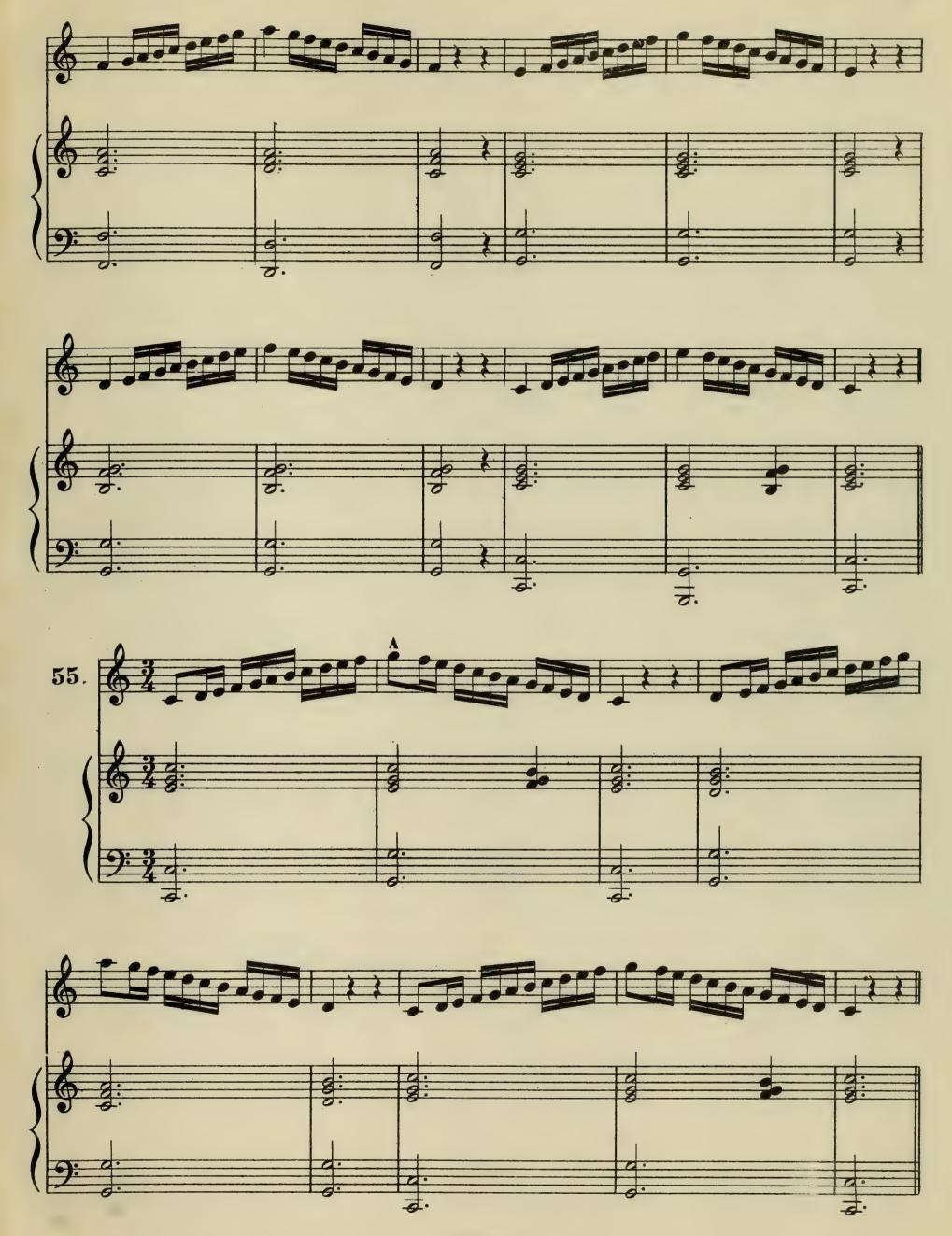




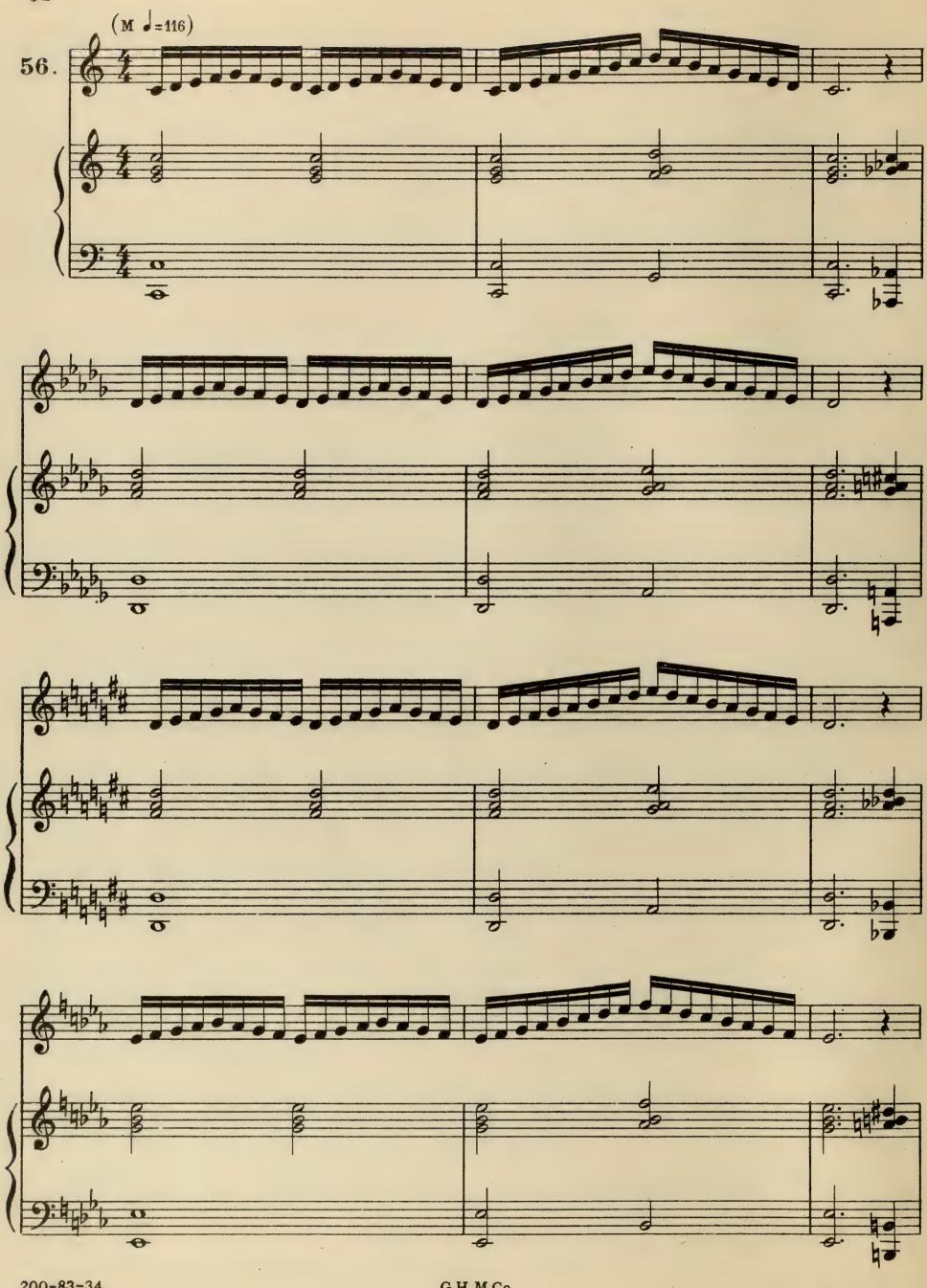


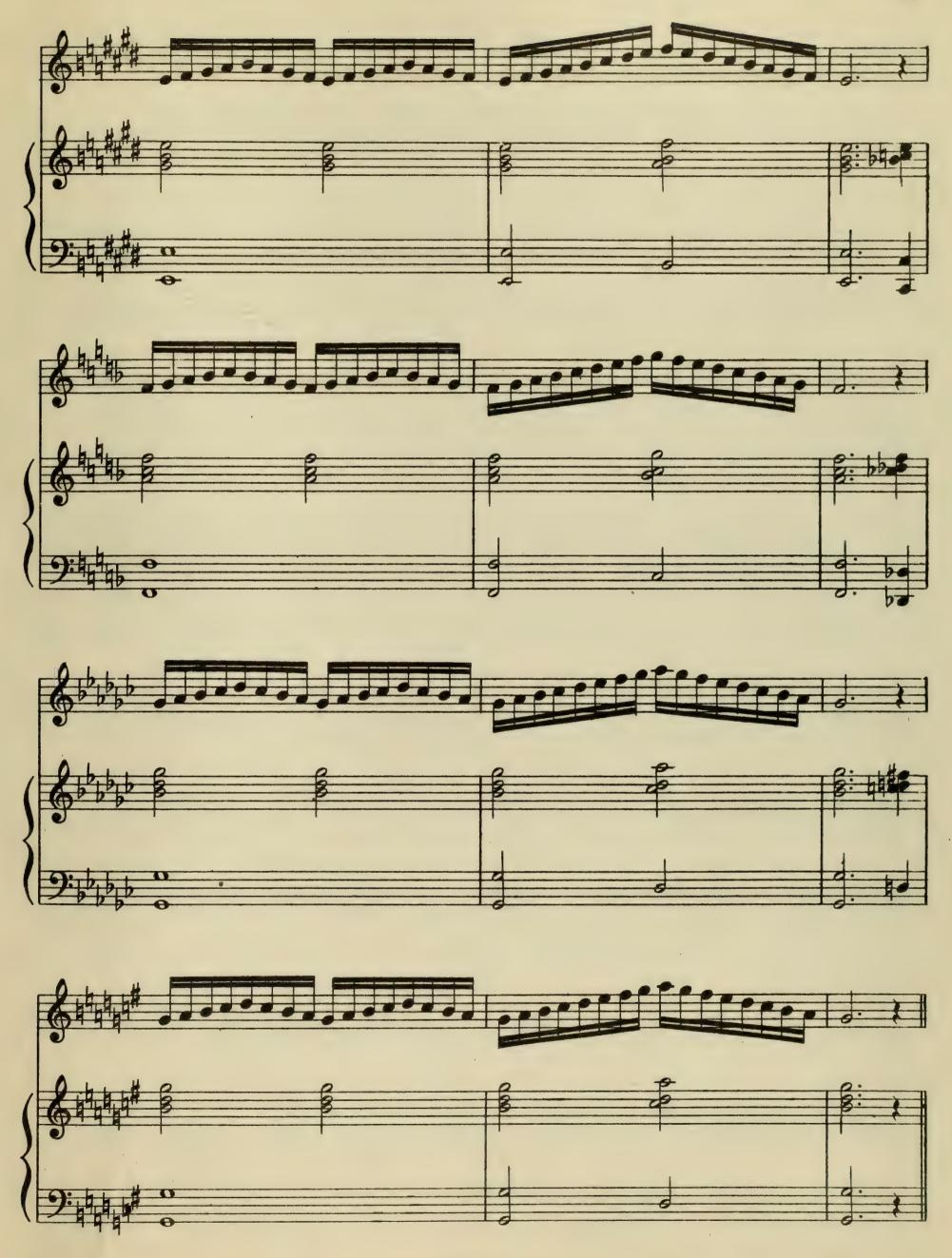




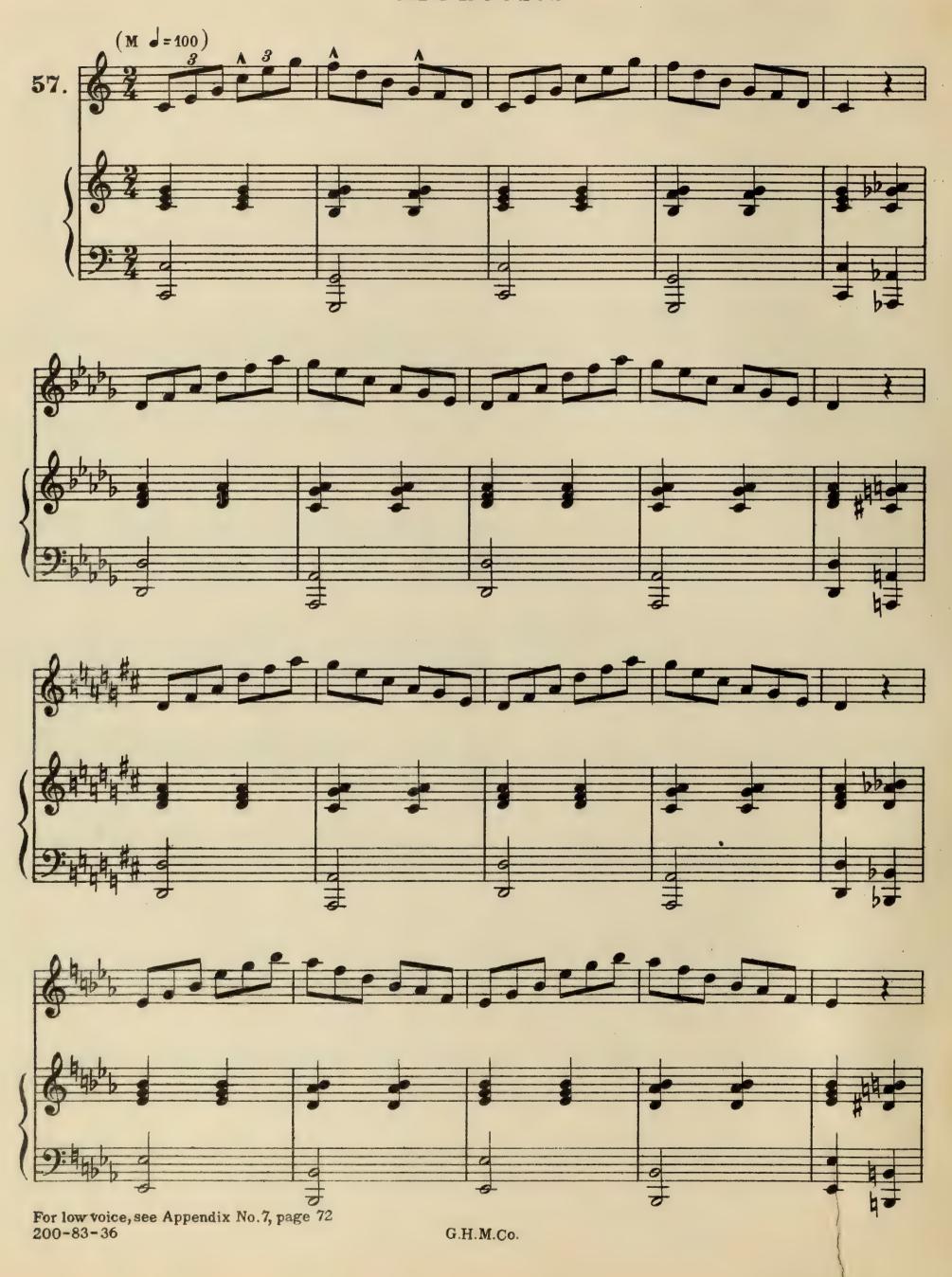


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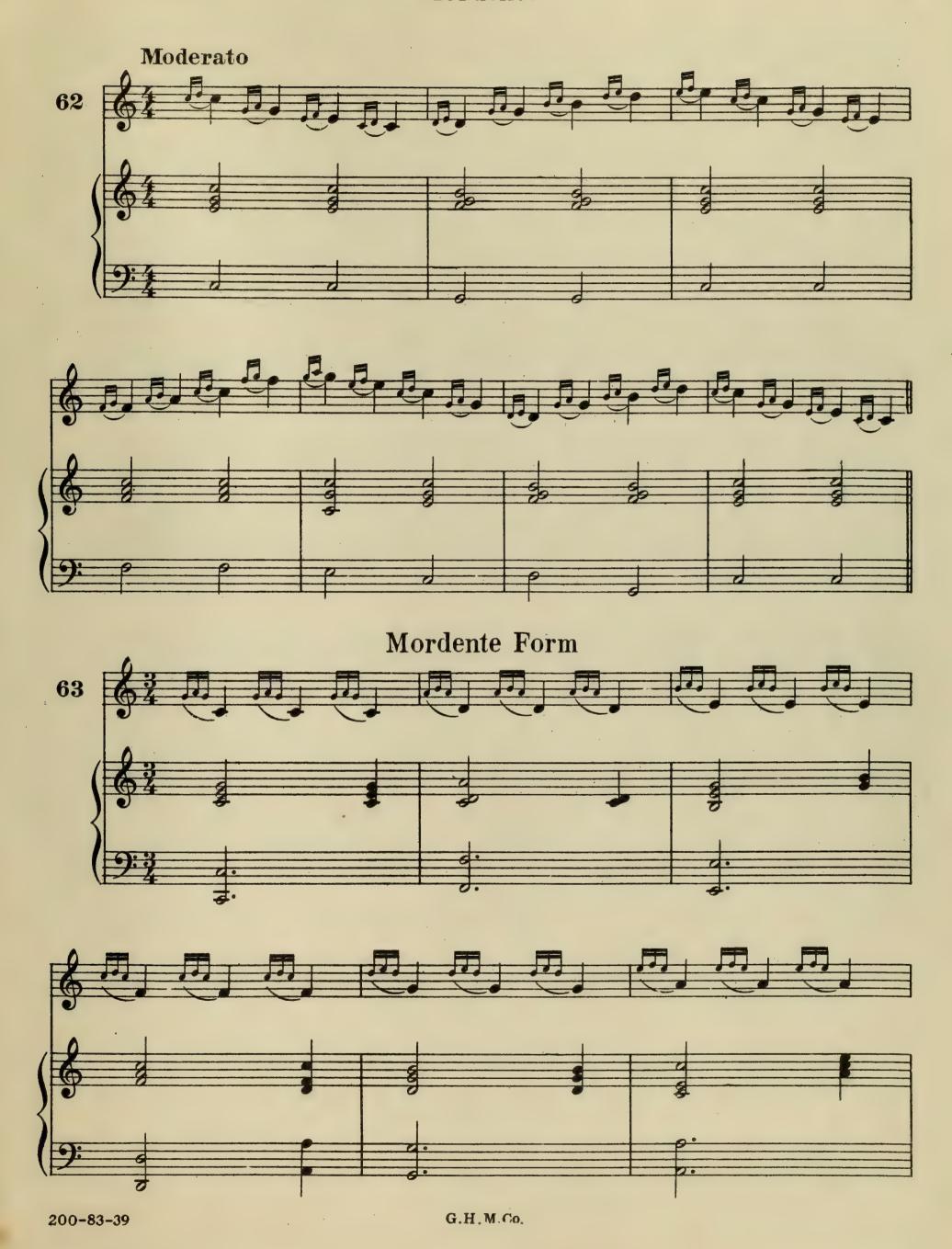


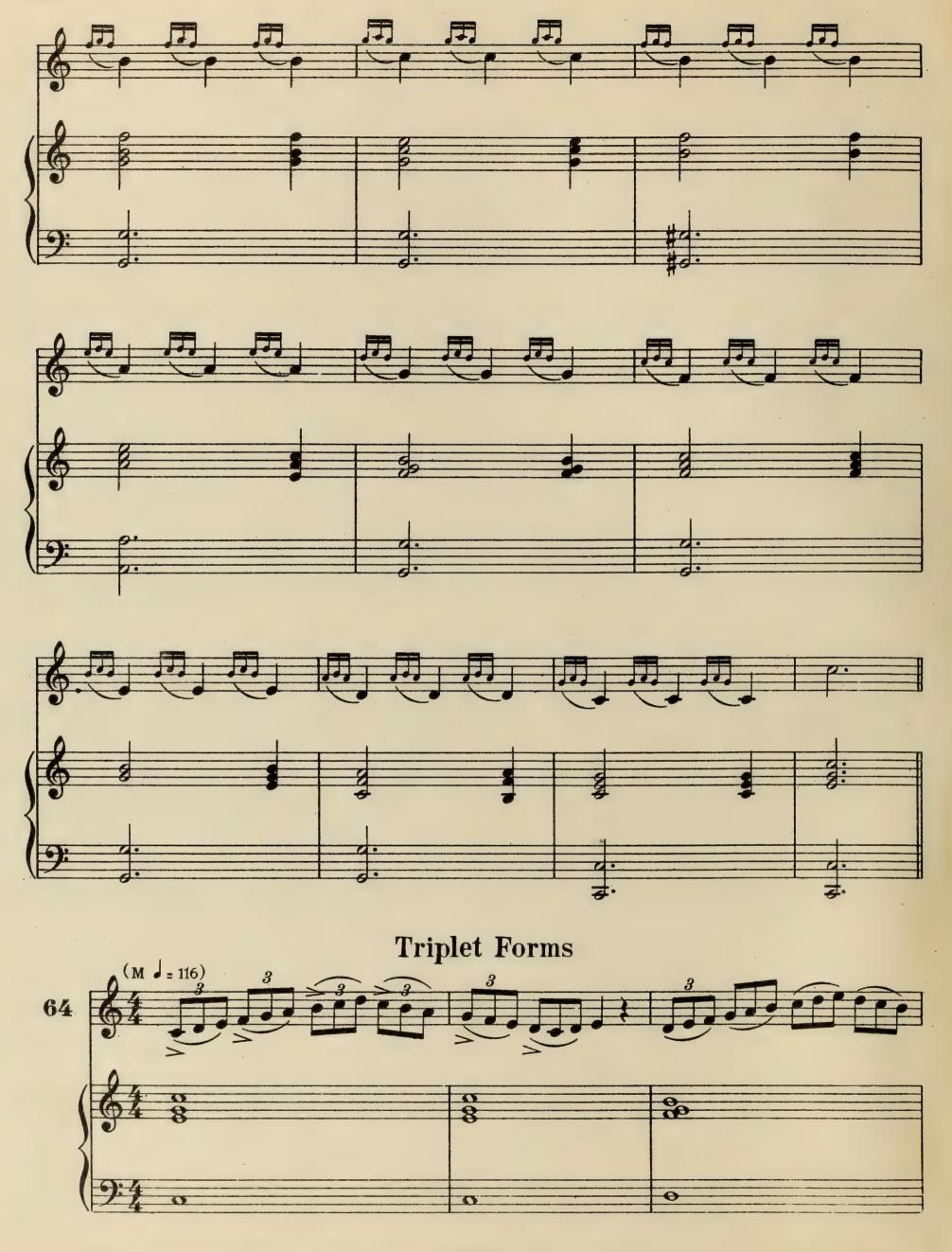
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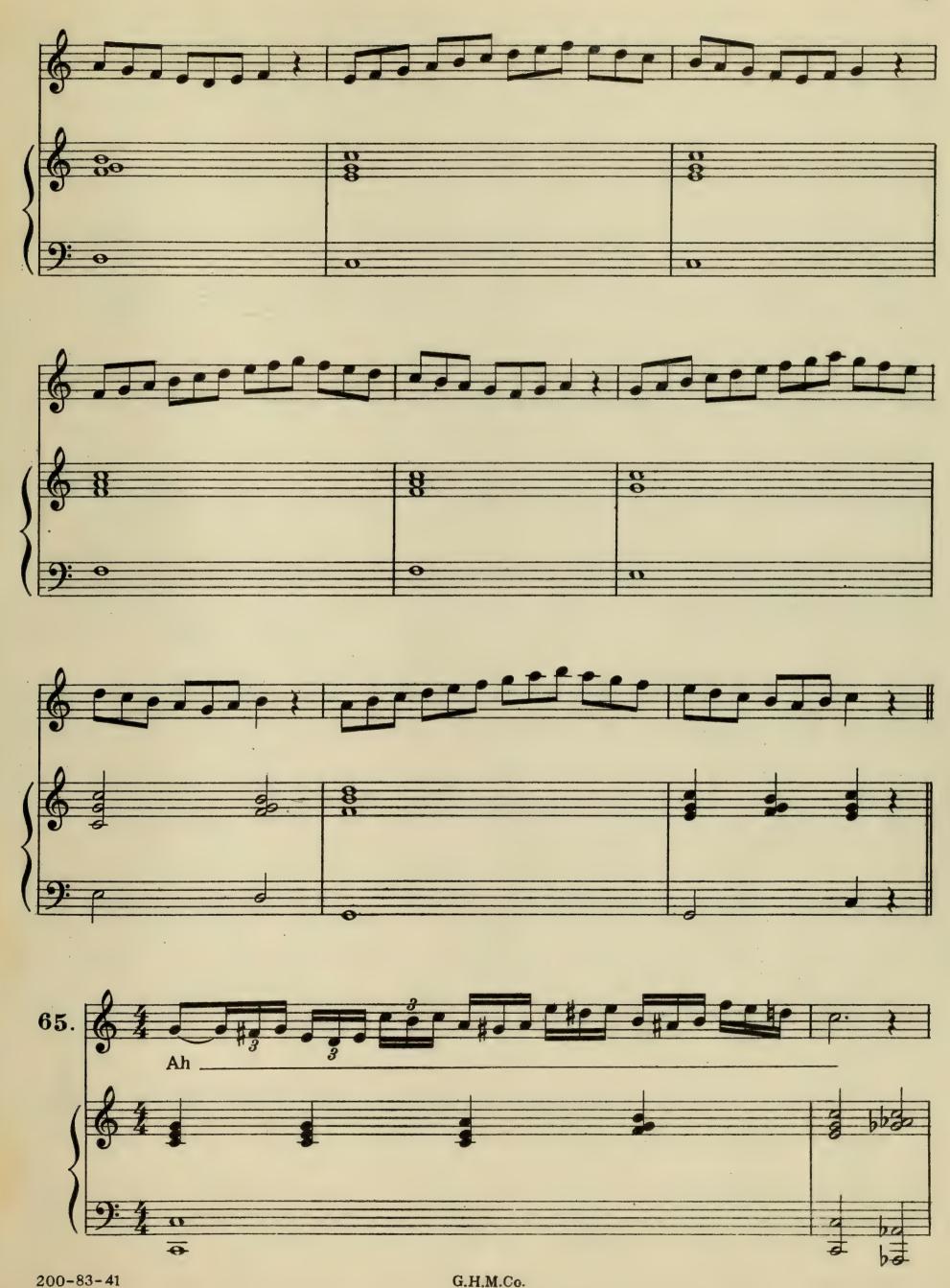








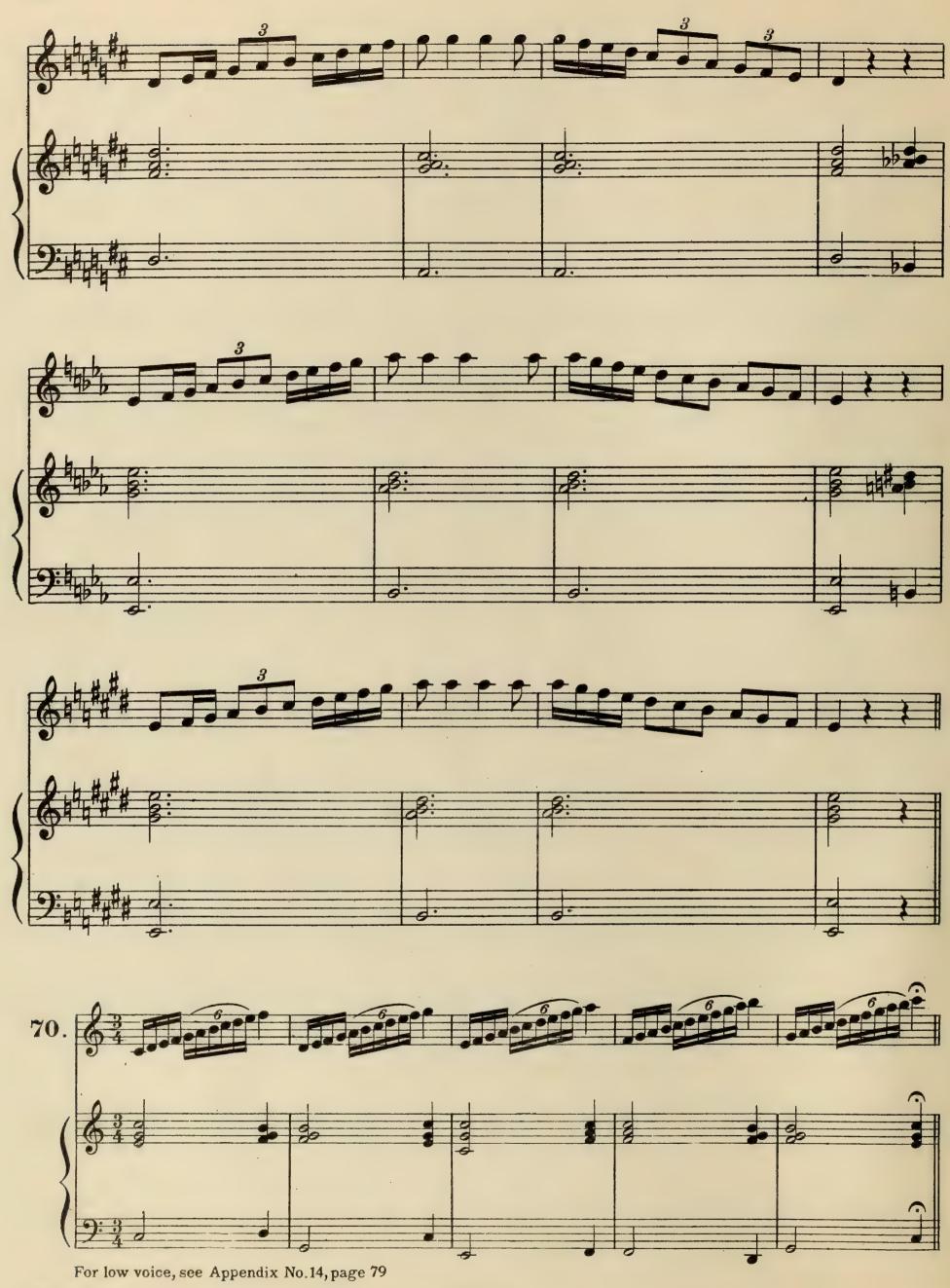


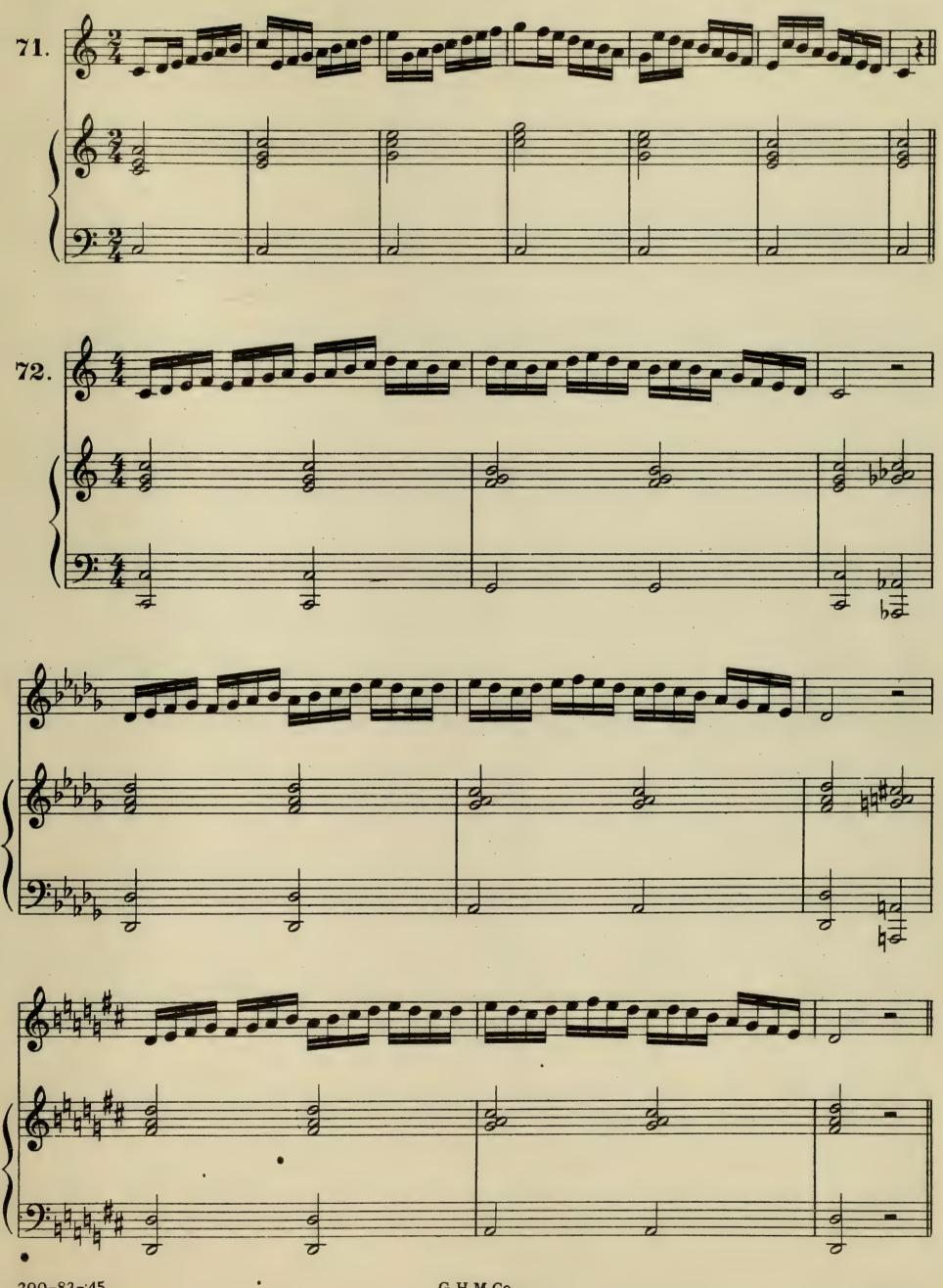


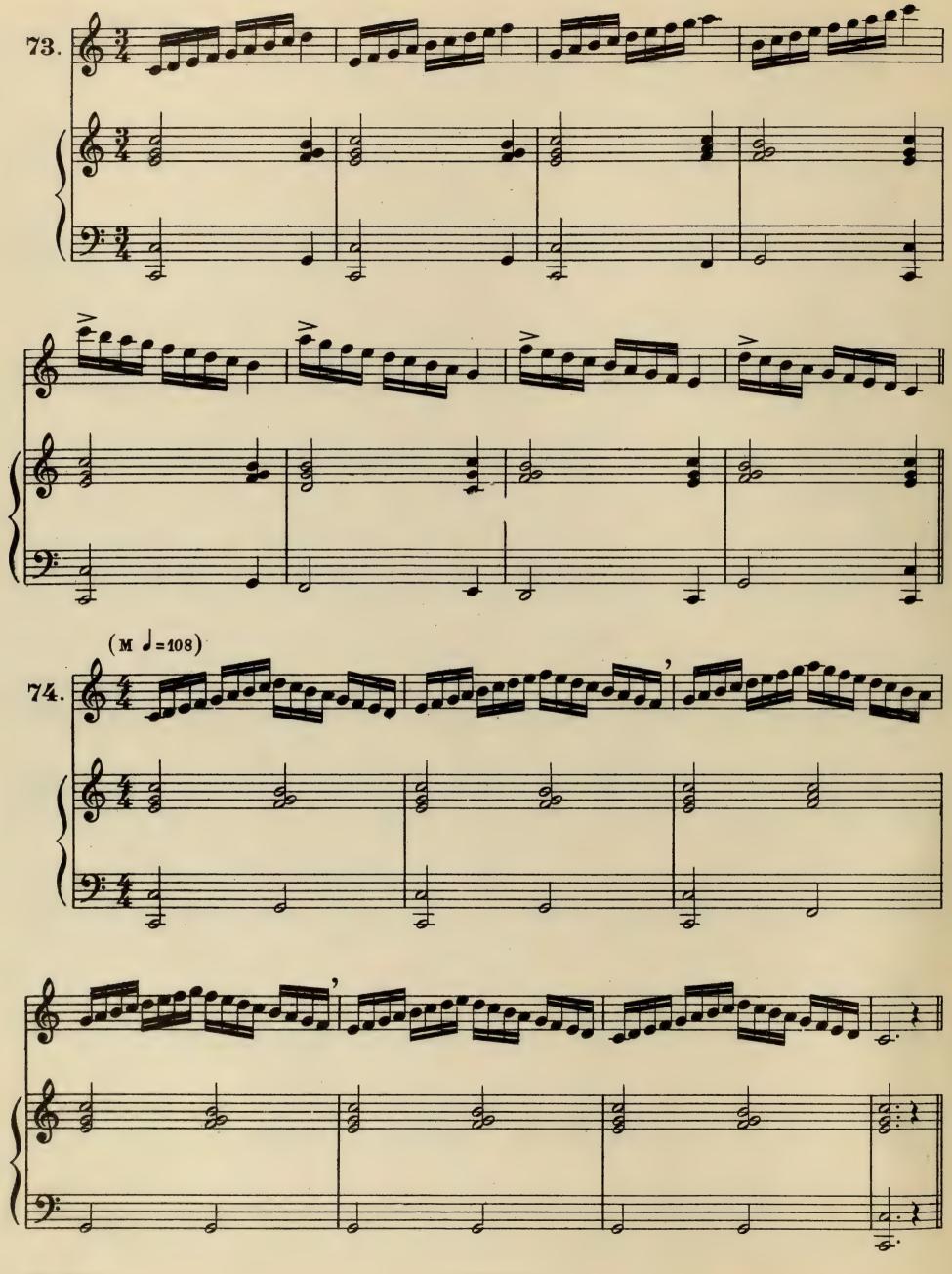


LONG SCALES & COMBINATIONS









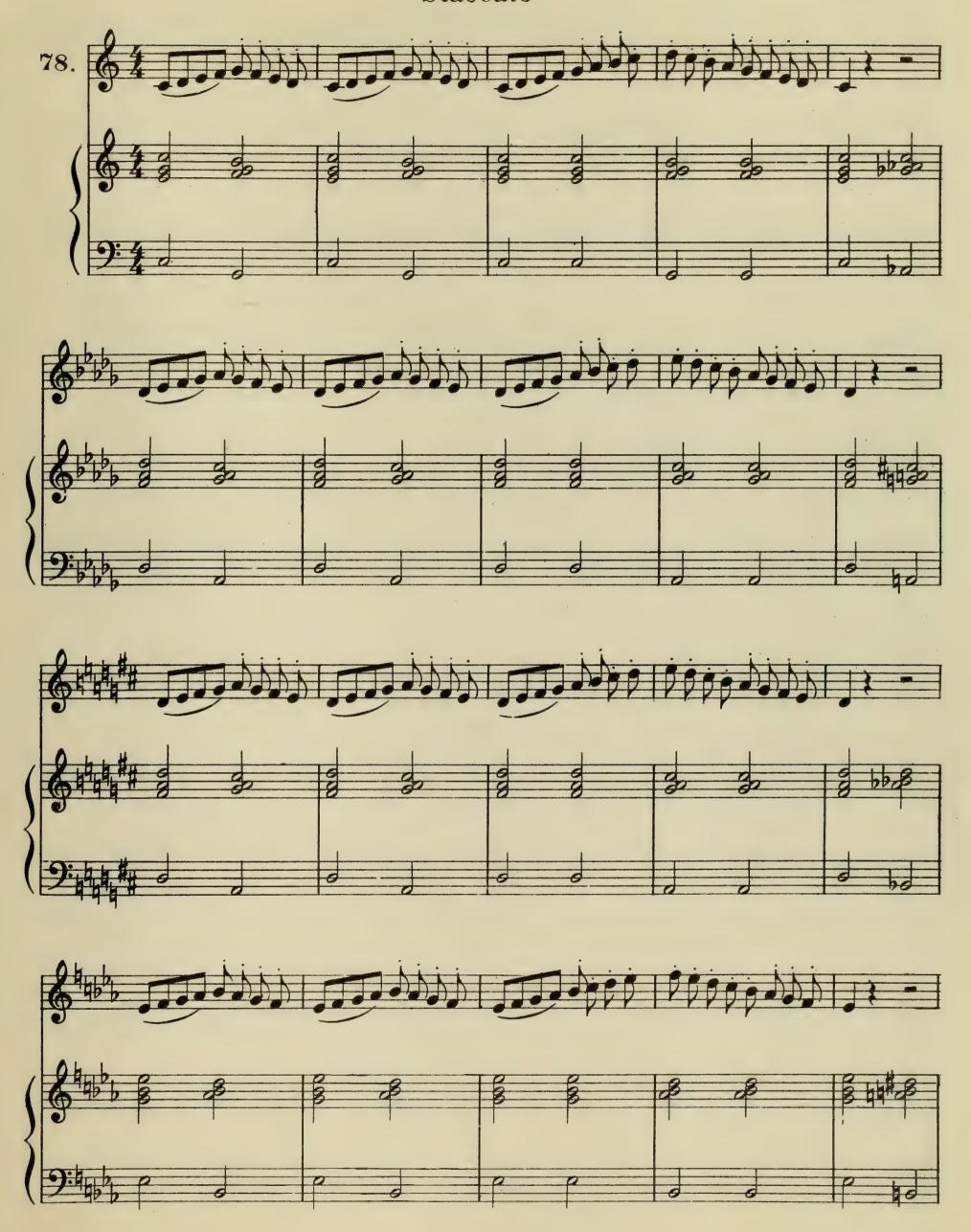


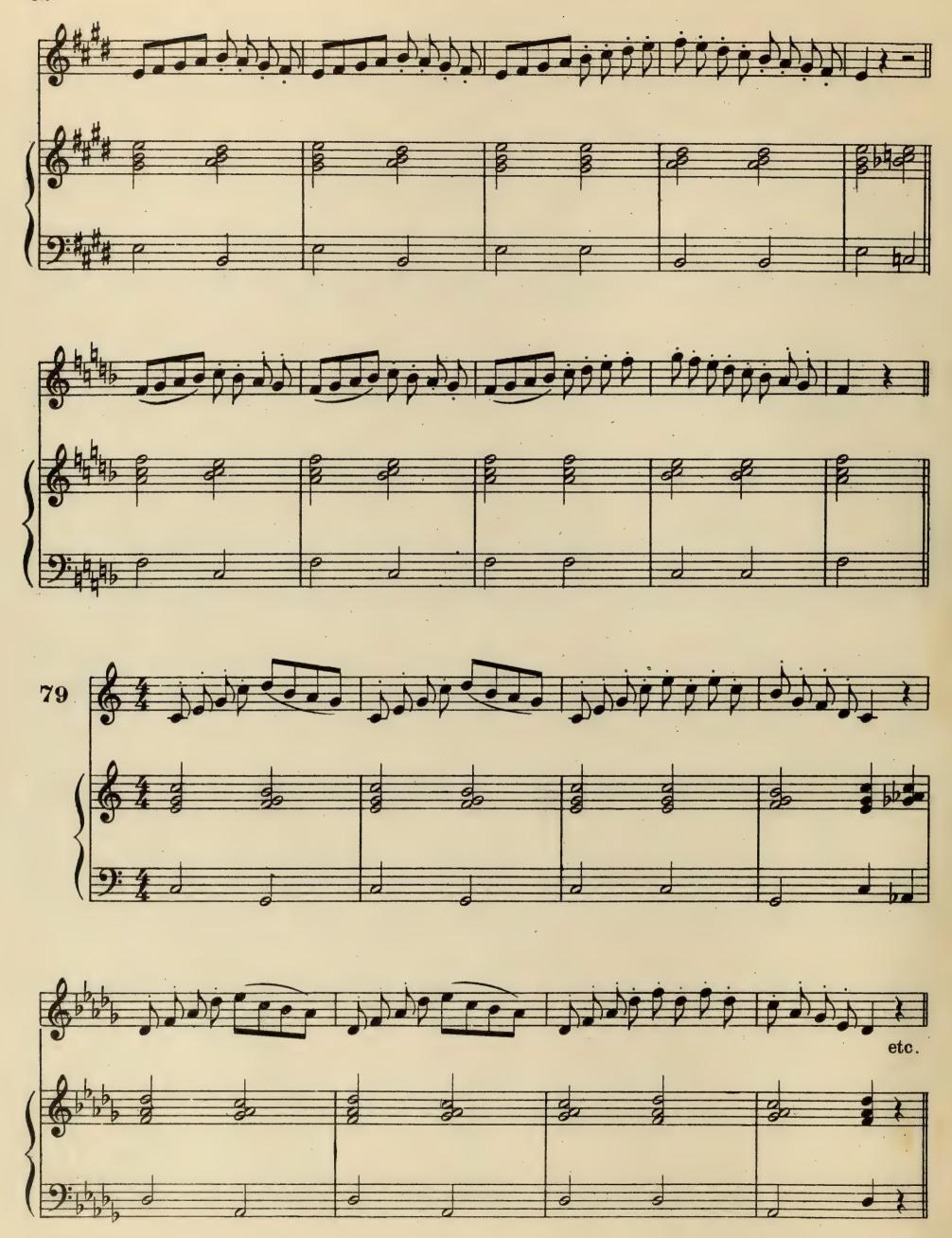


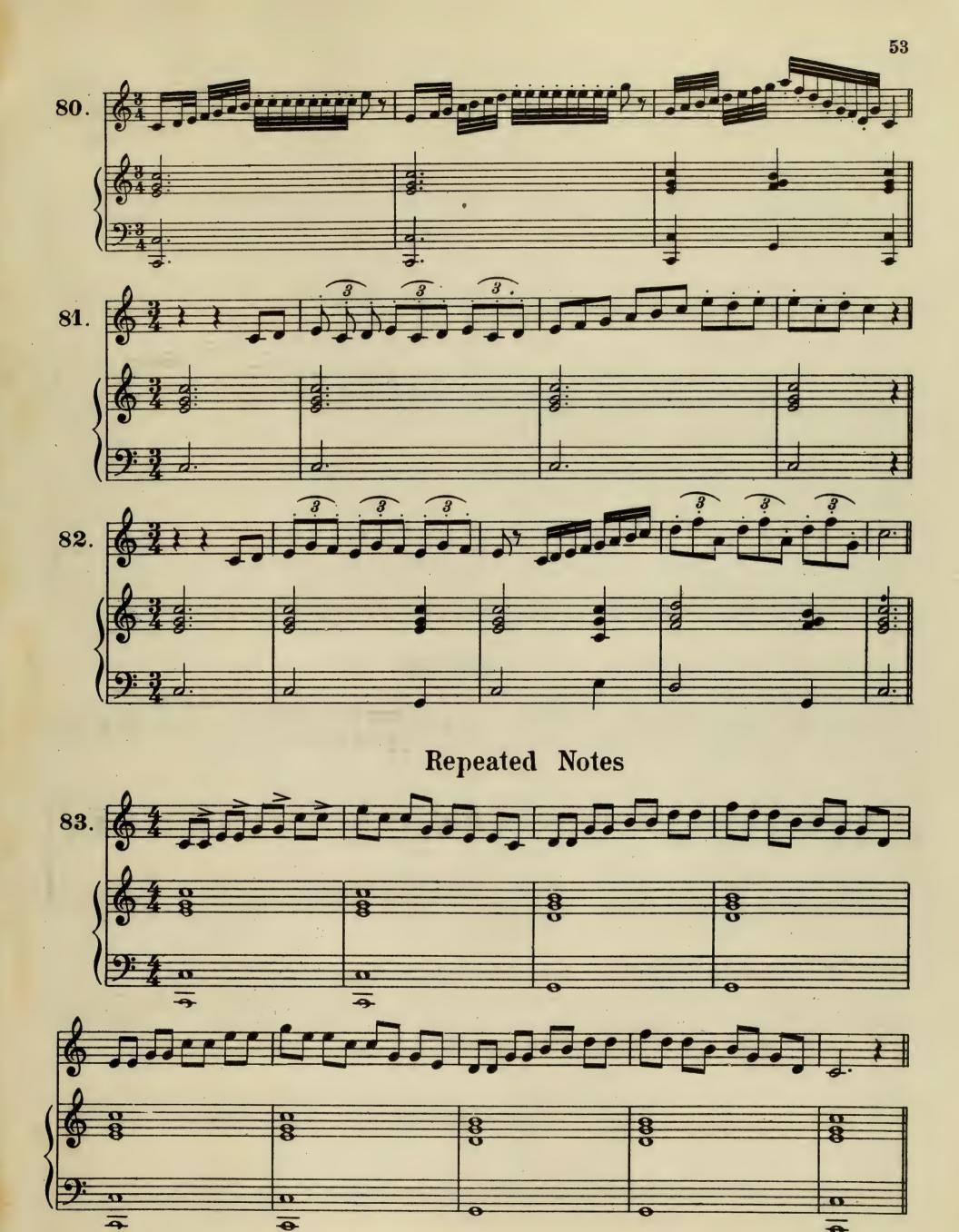


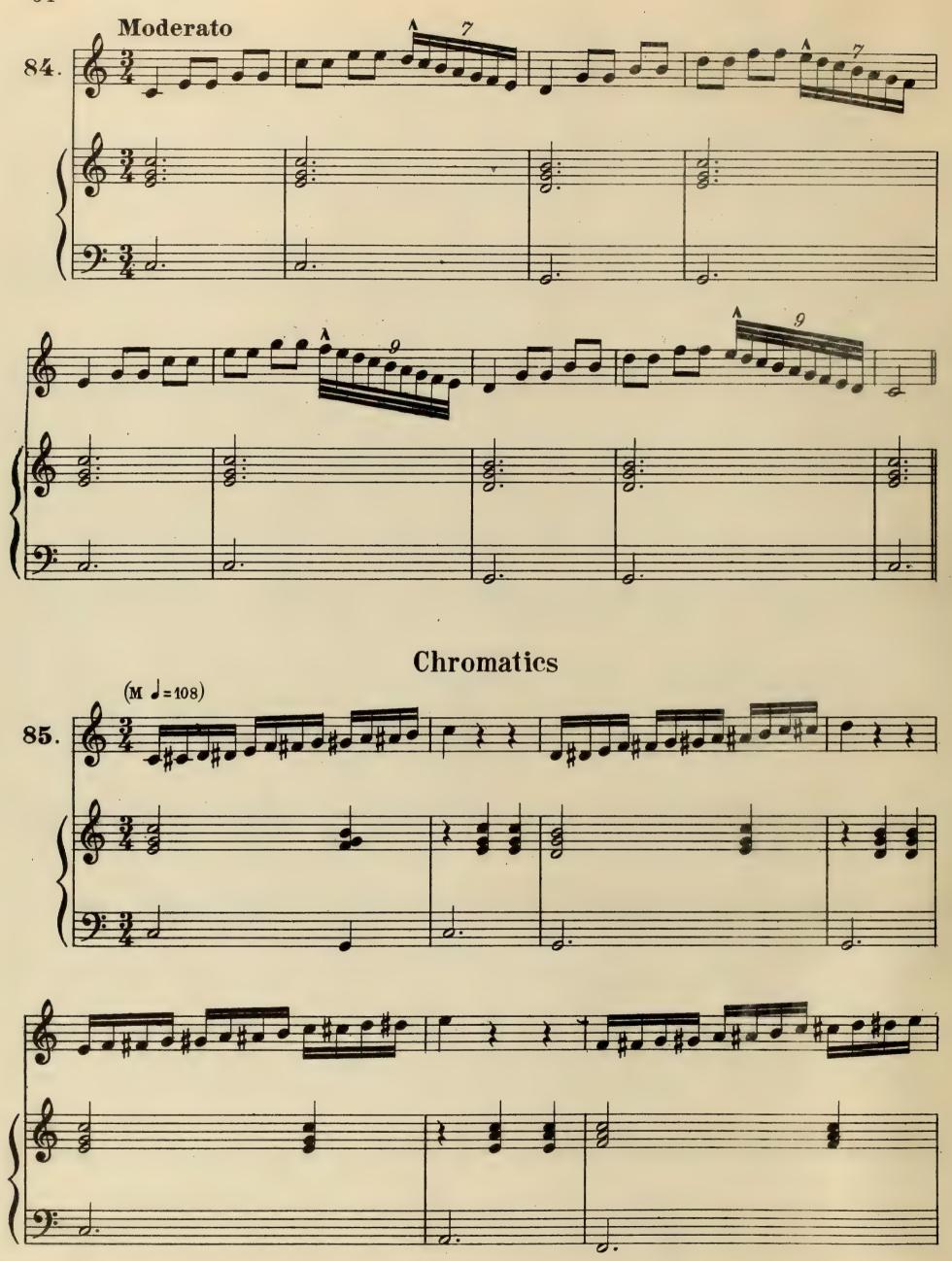


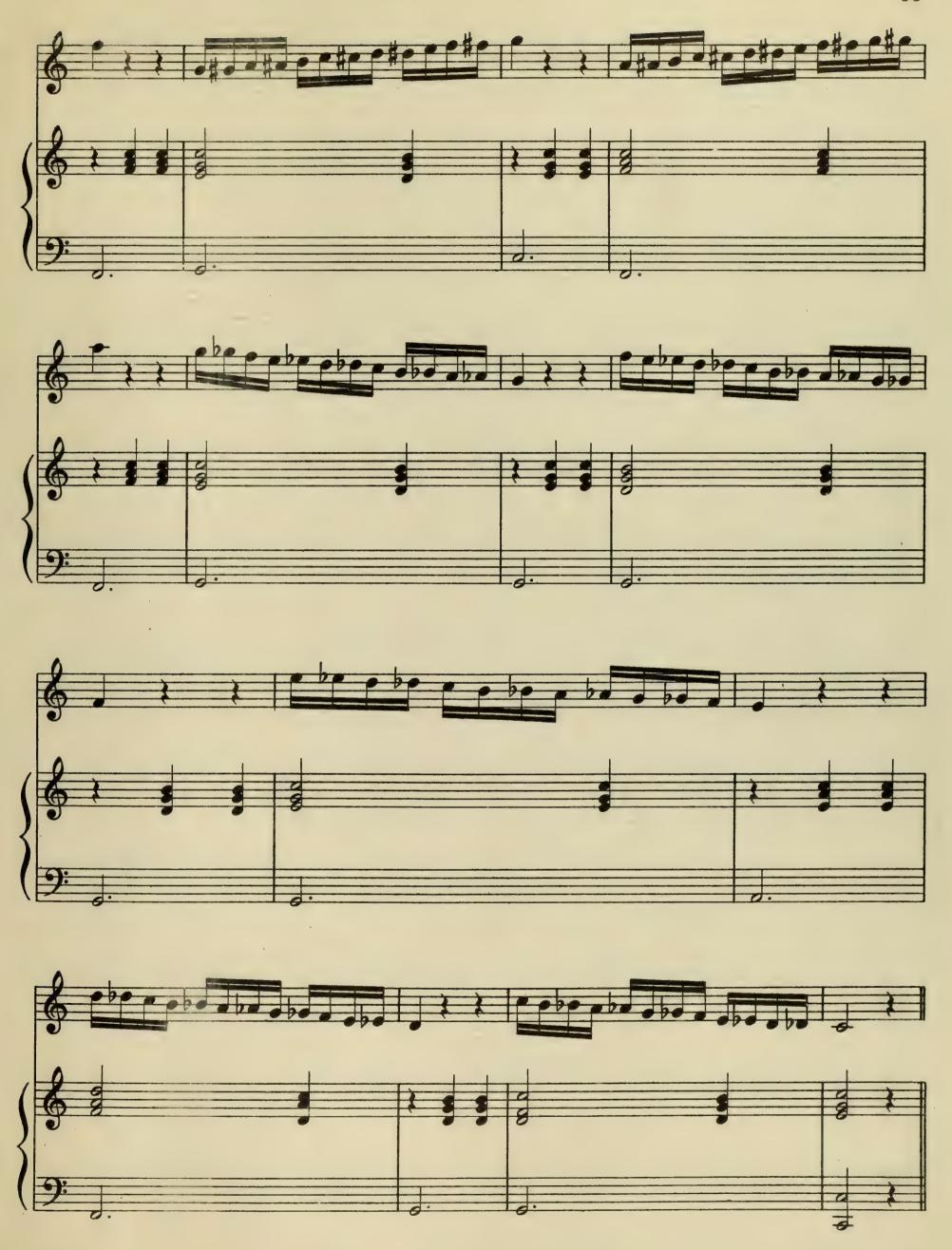
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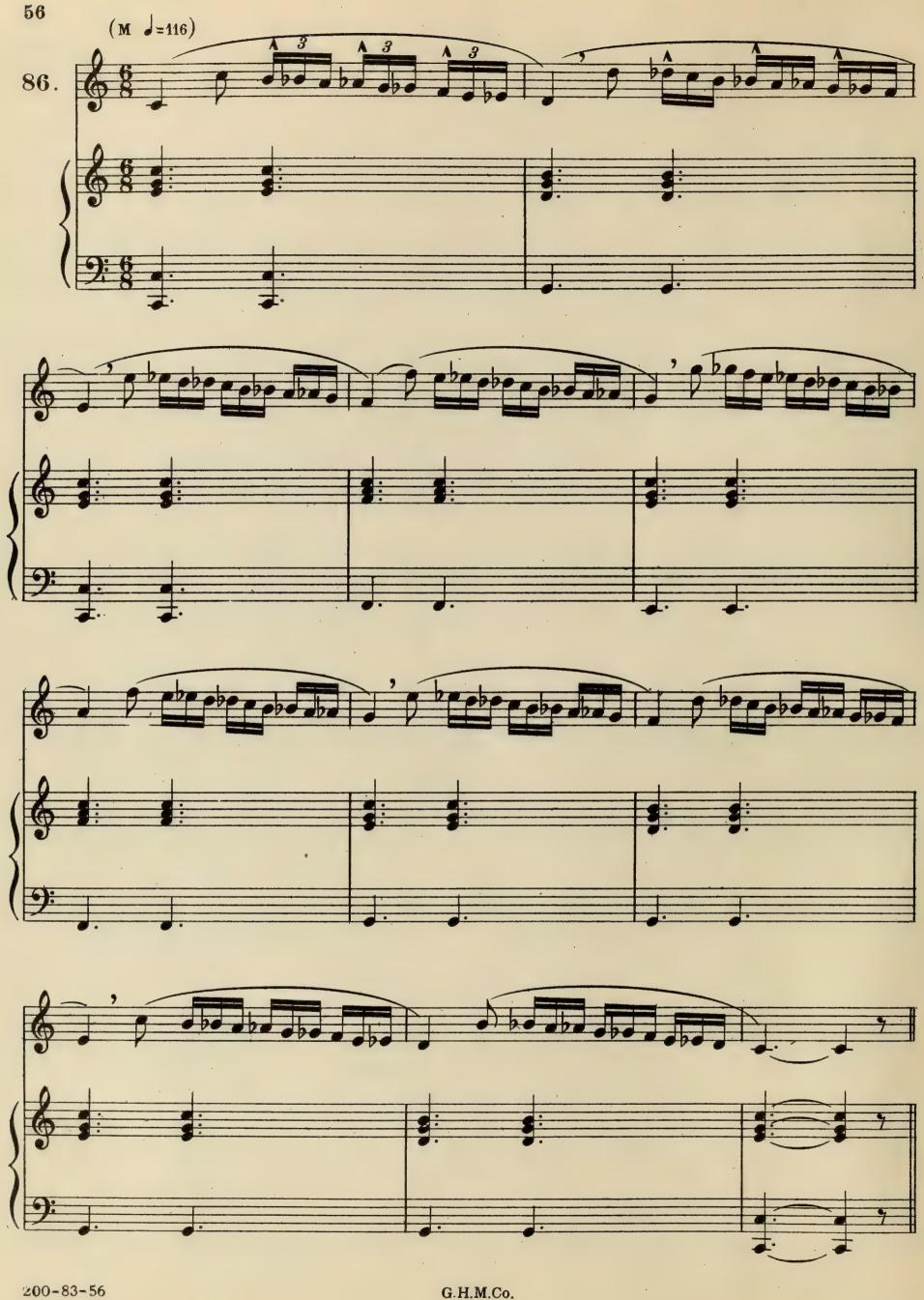


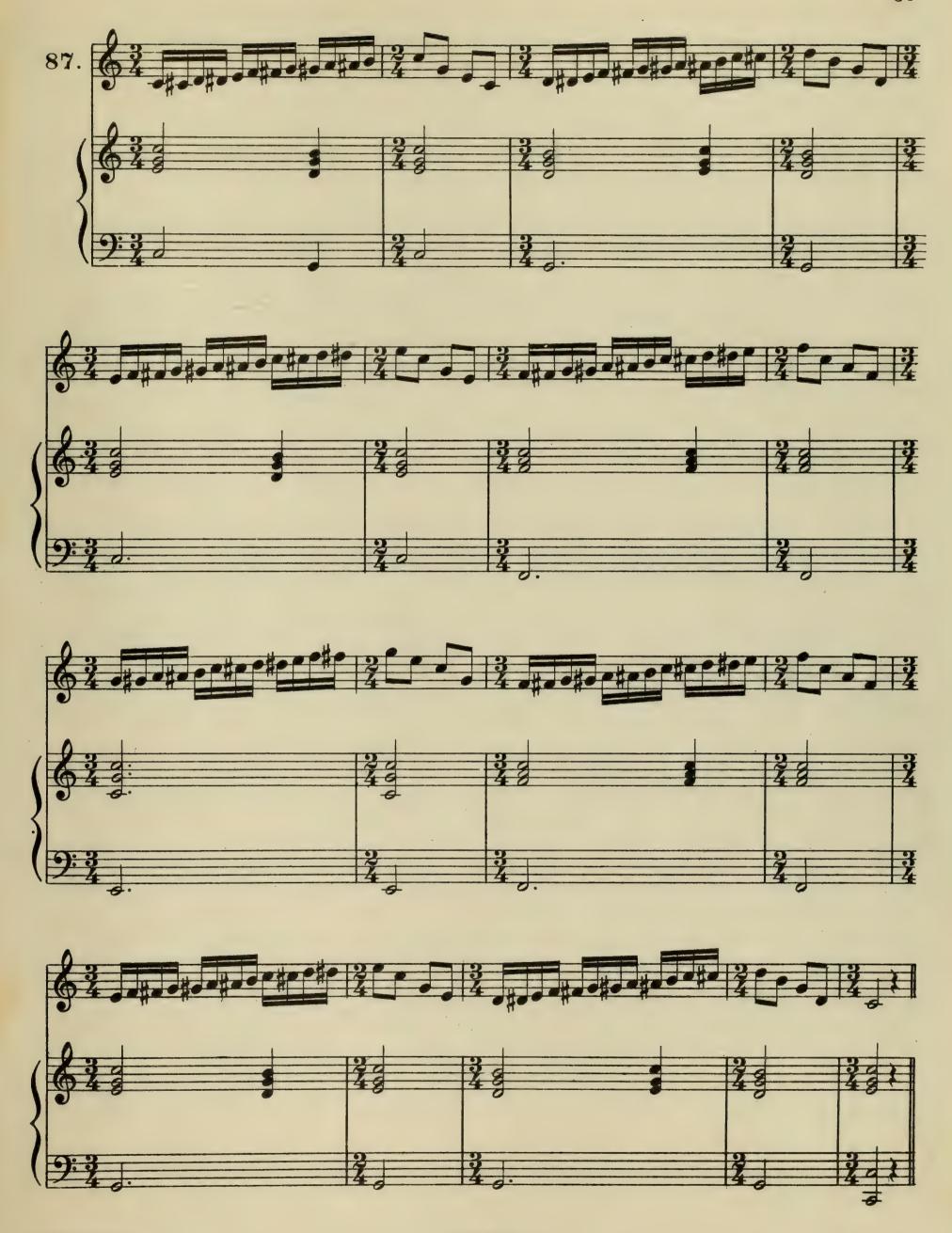


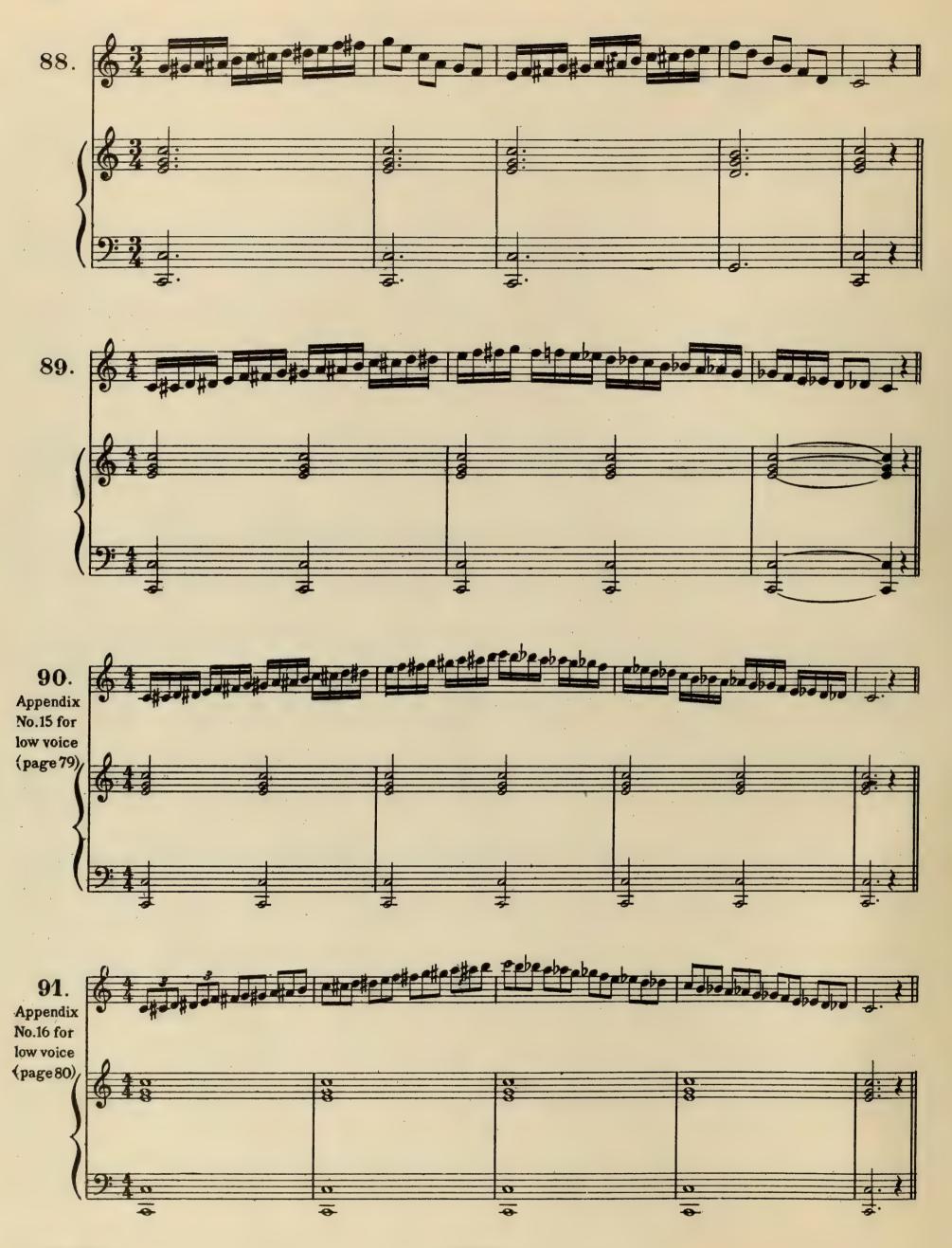








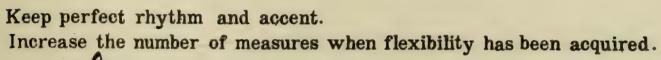


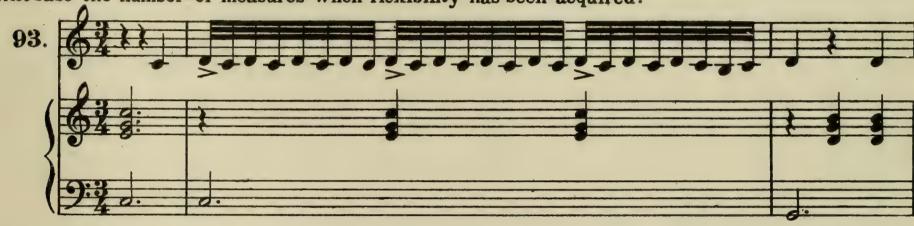






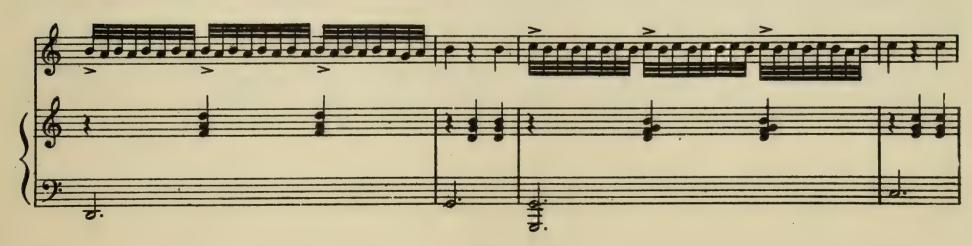


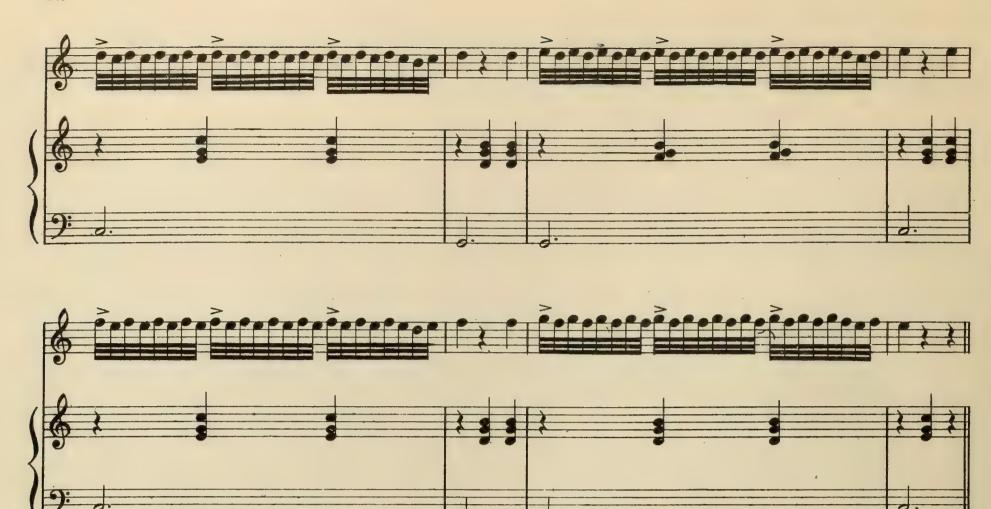


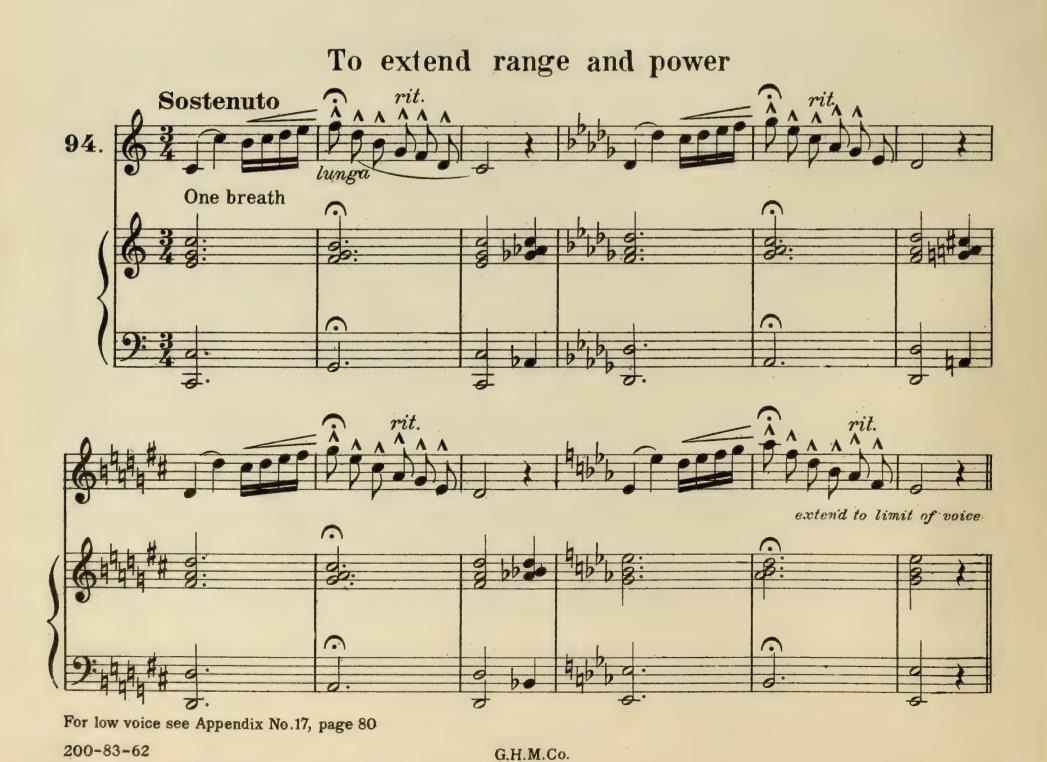


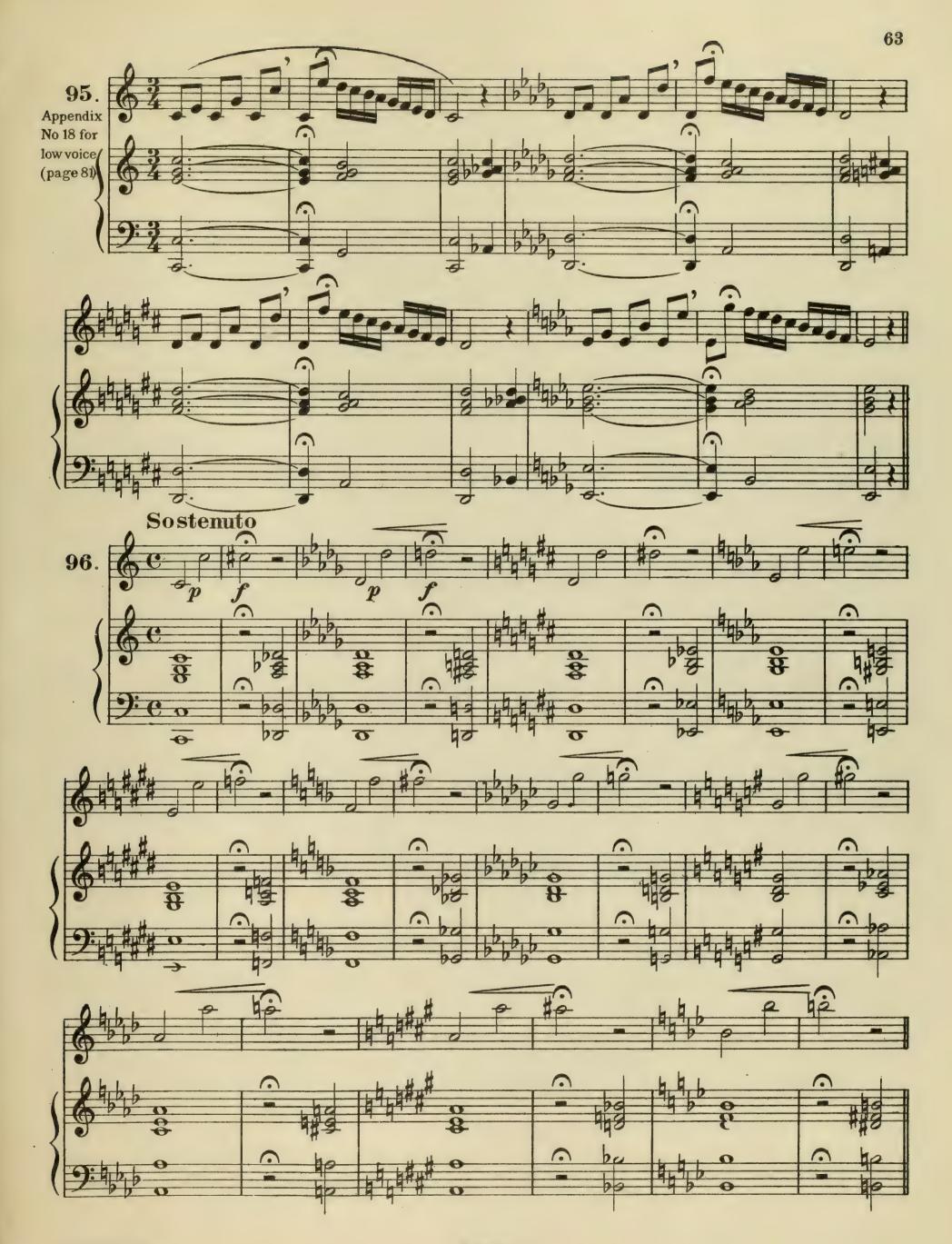


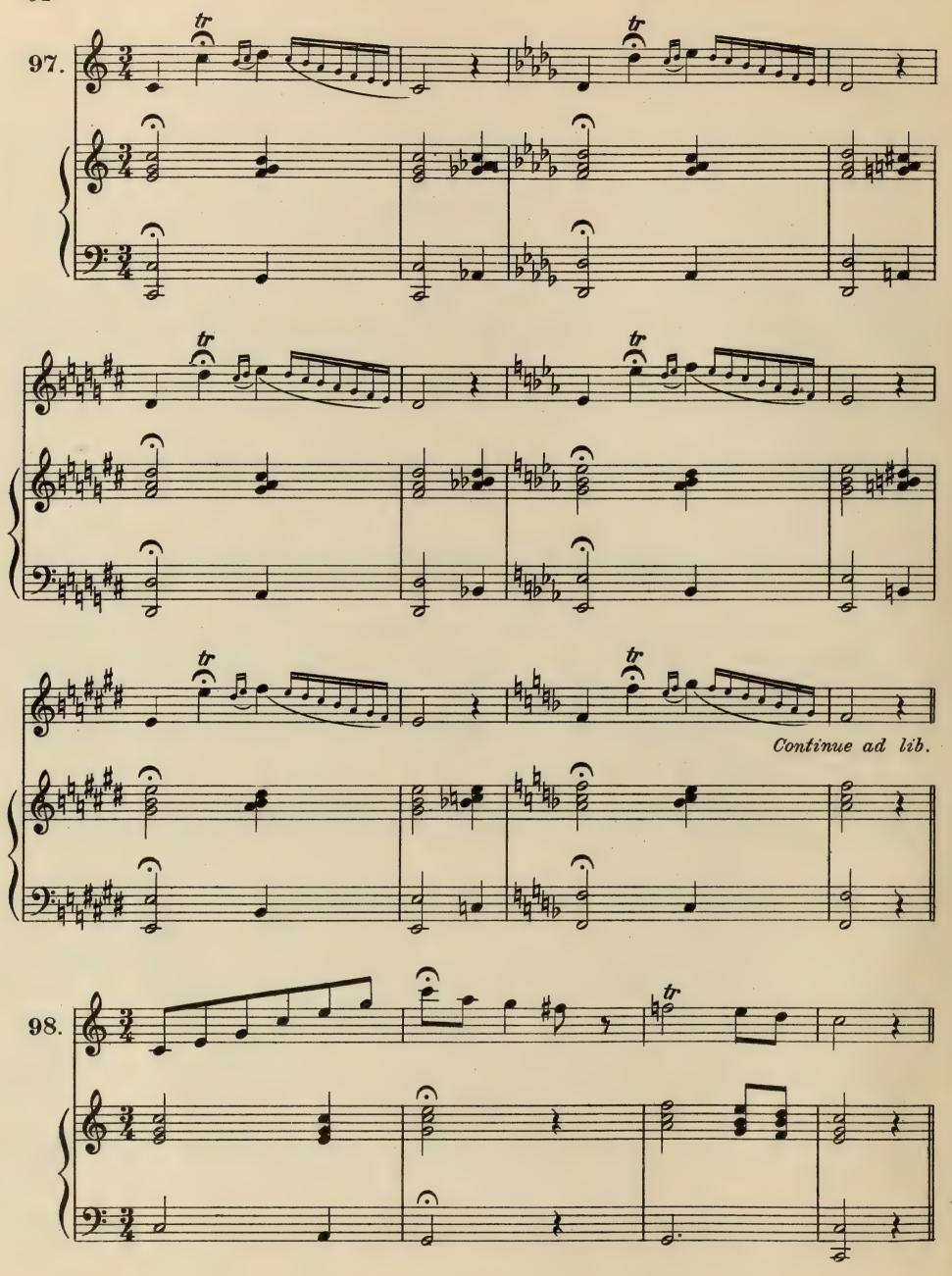








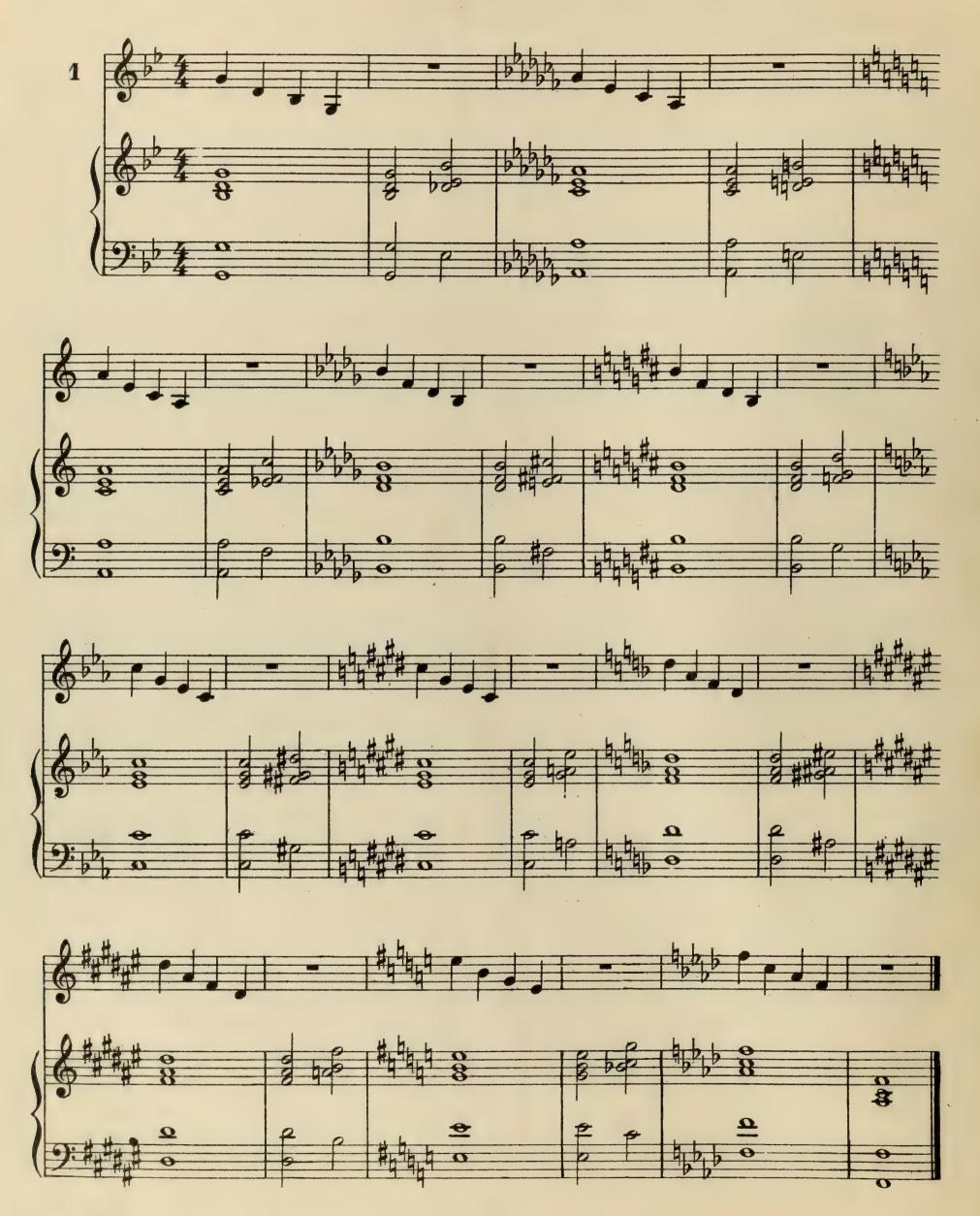


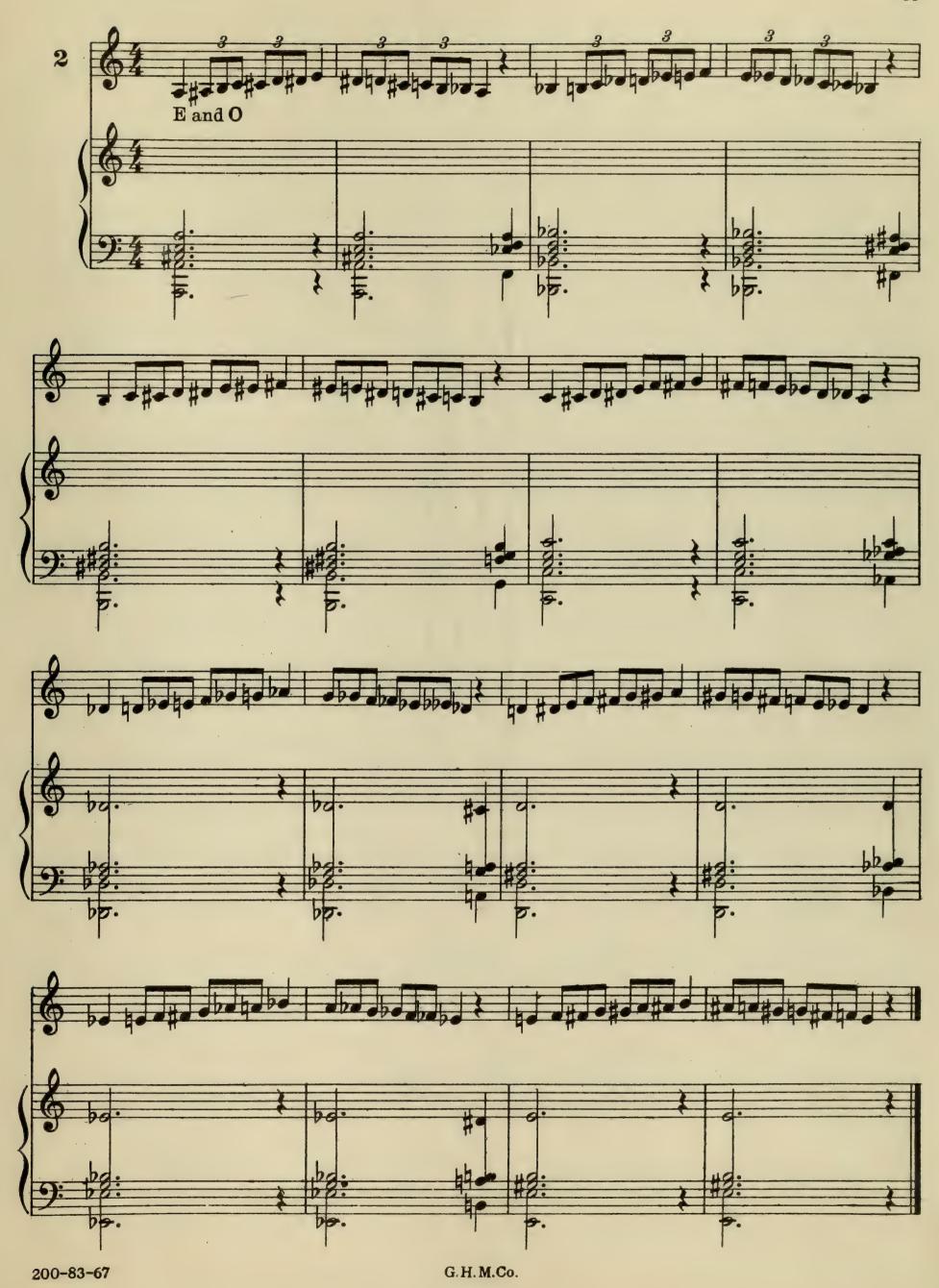


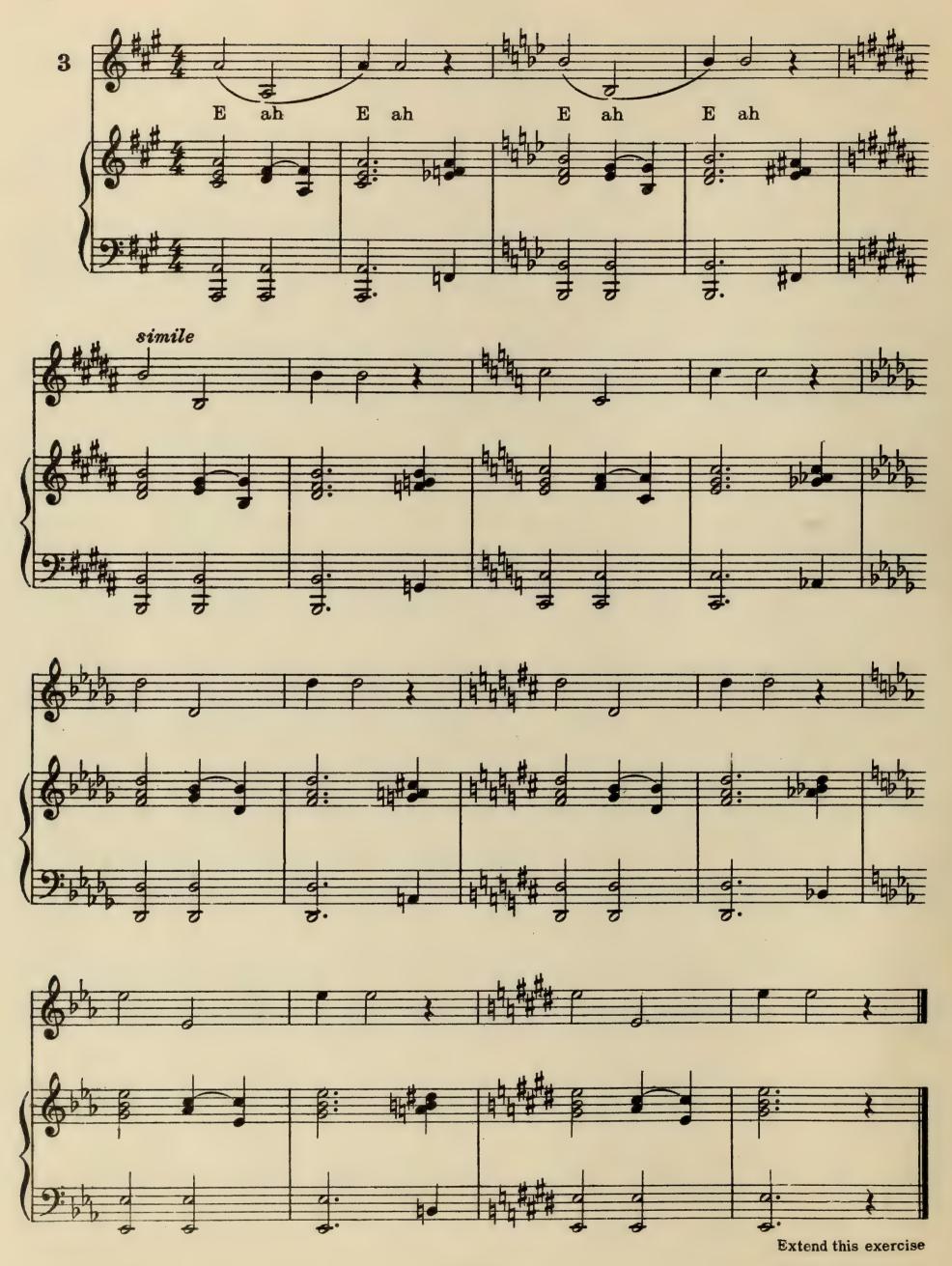


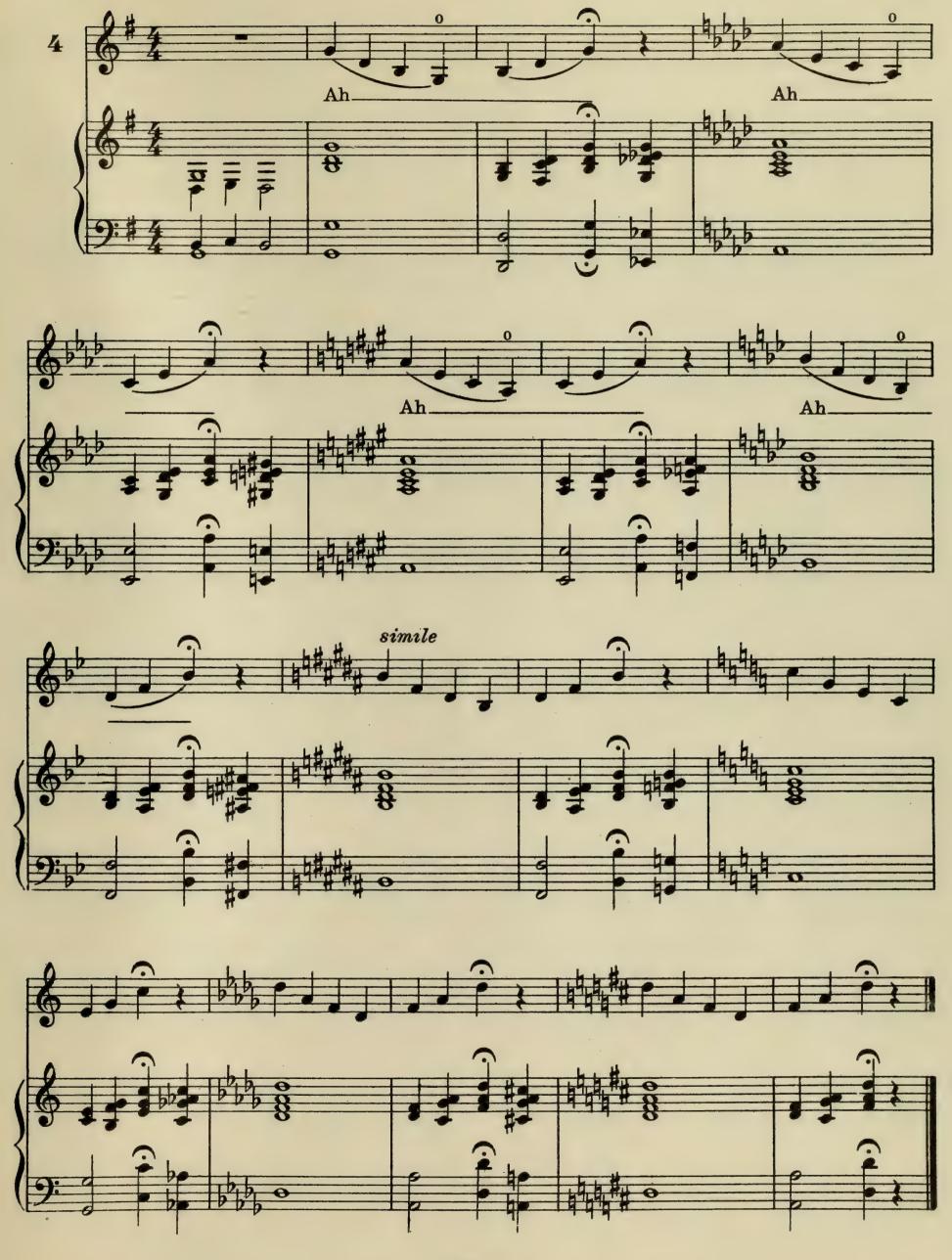
APPENDIX

Additional exercises for low voice

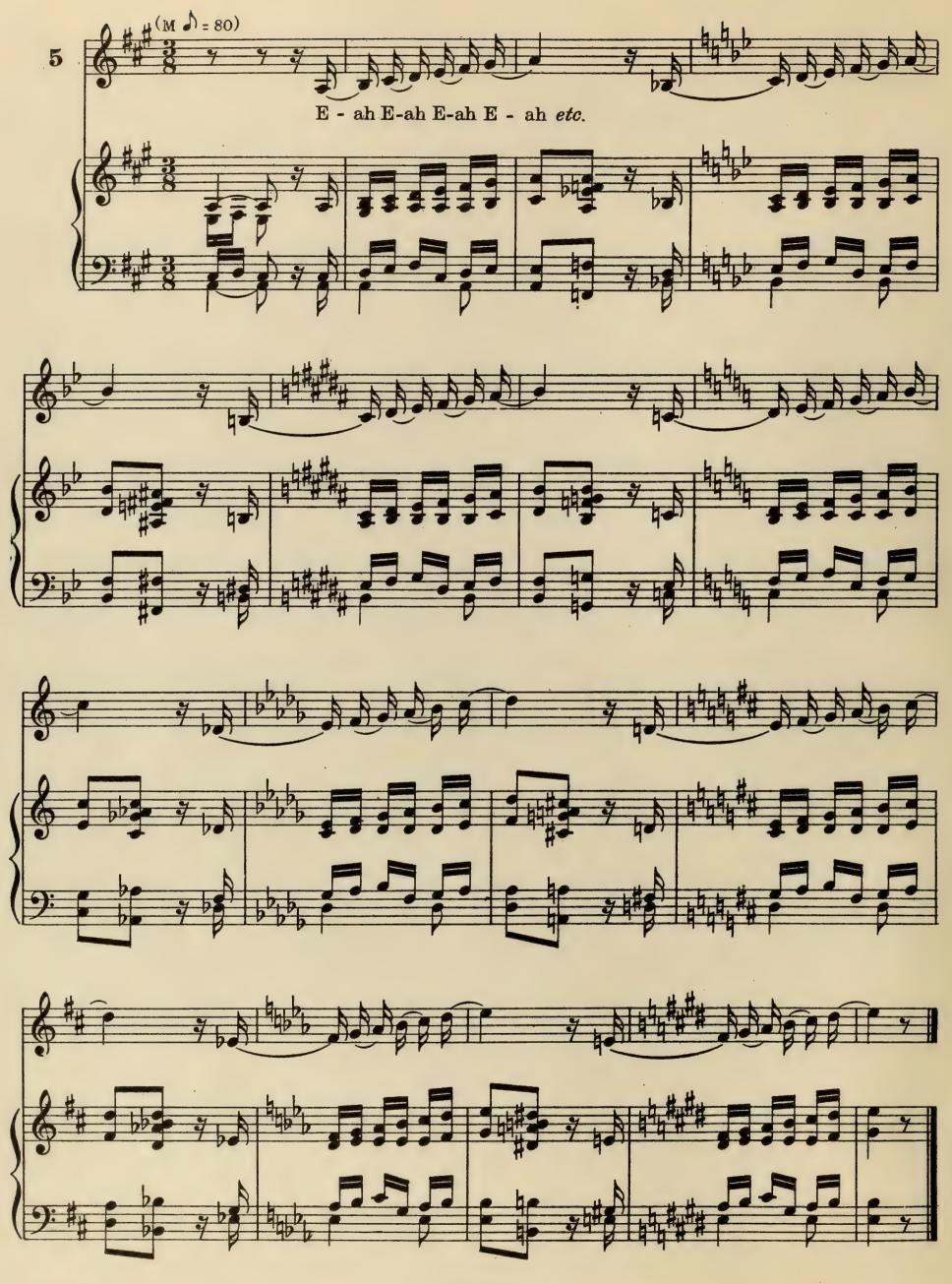








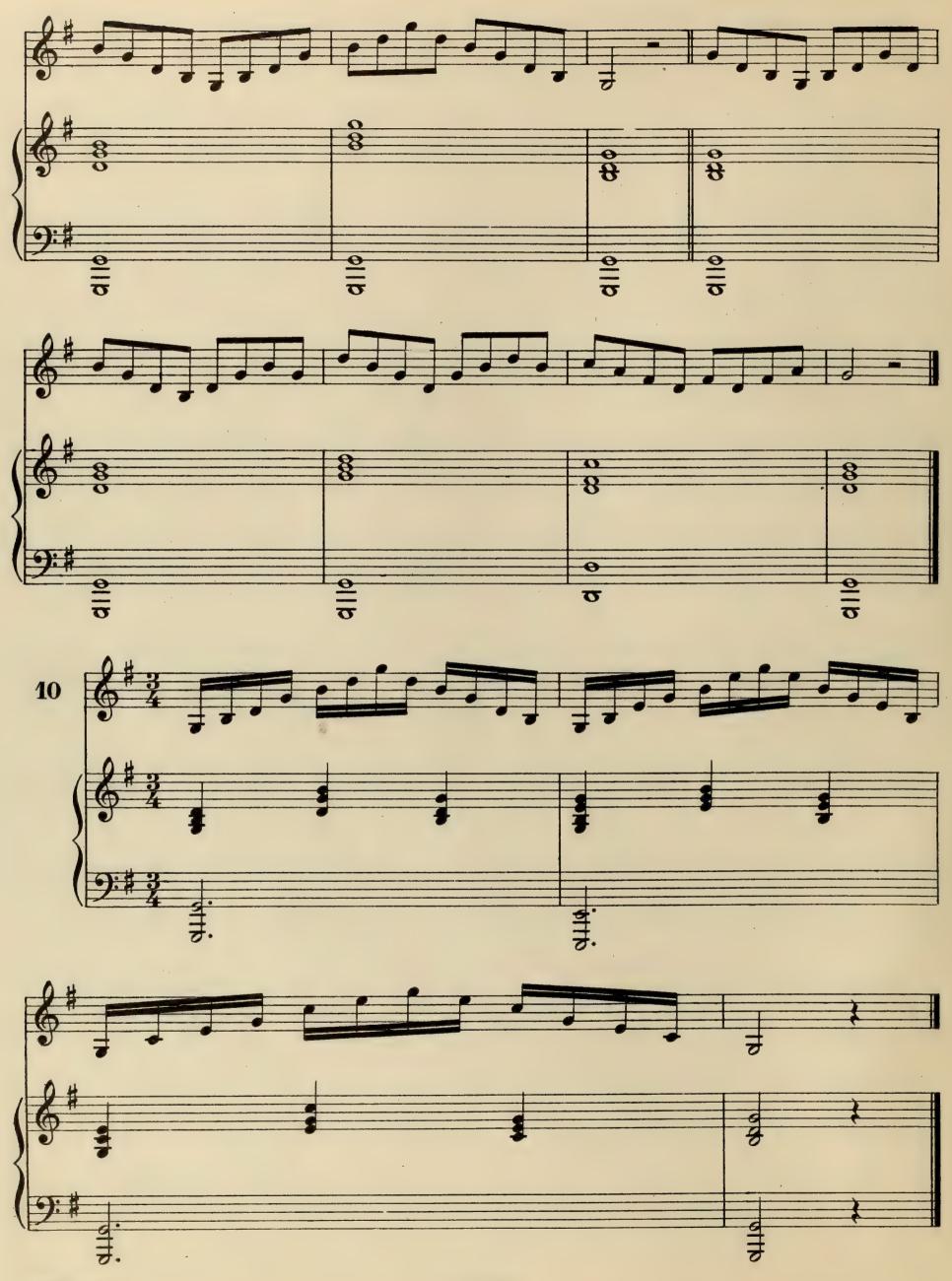
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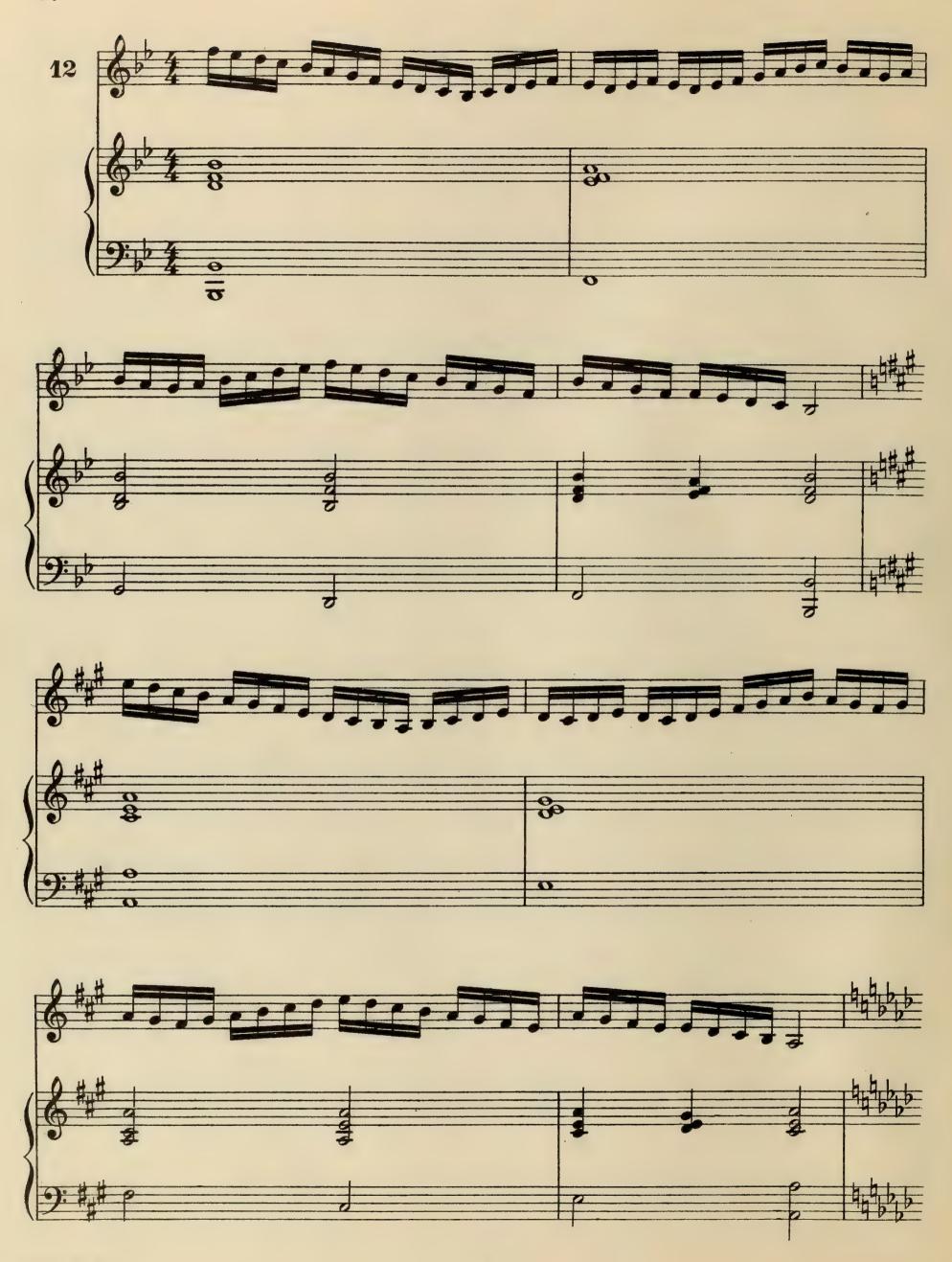


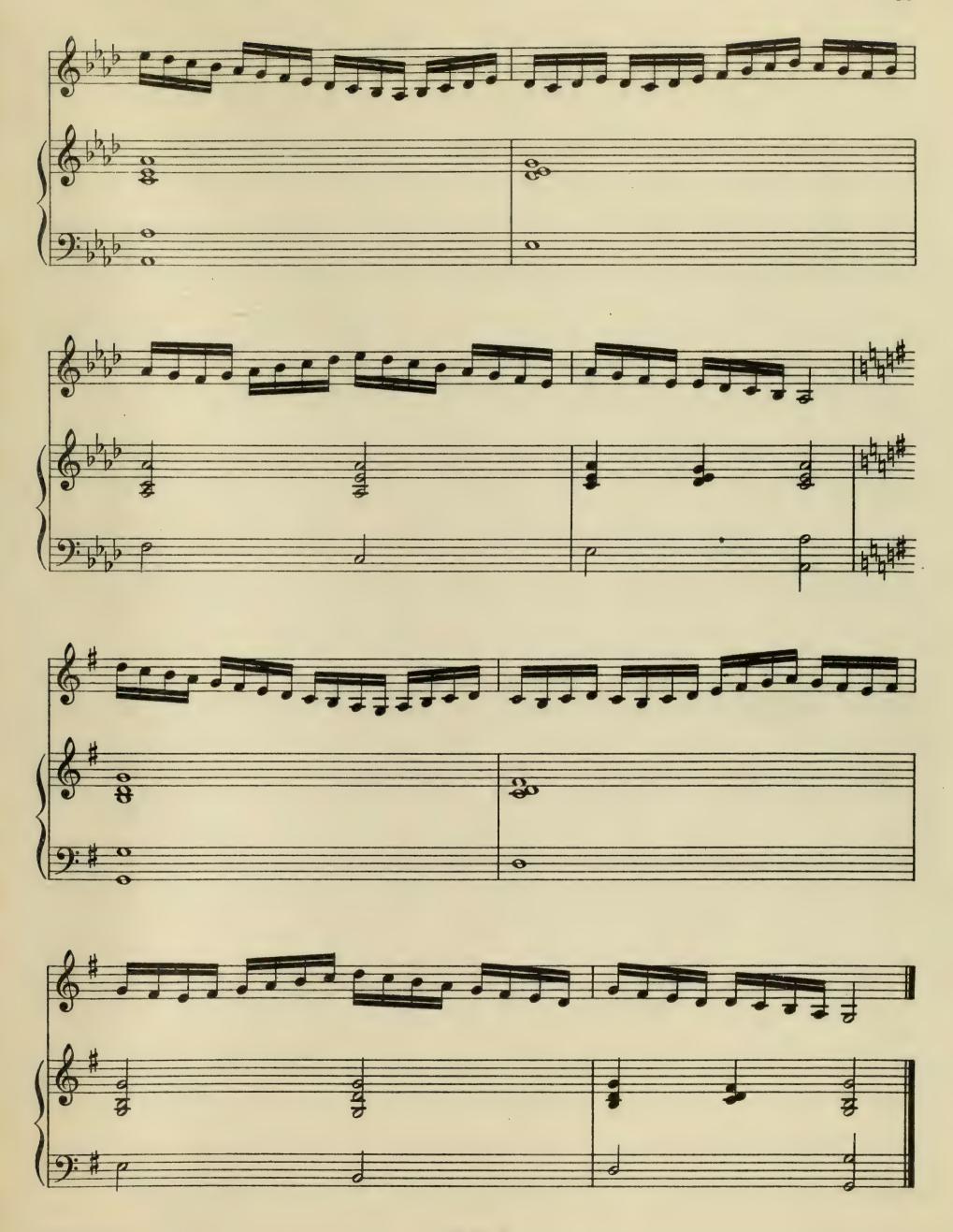


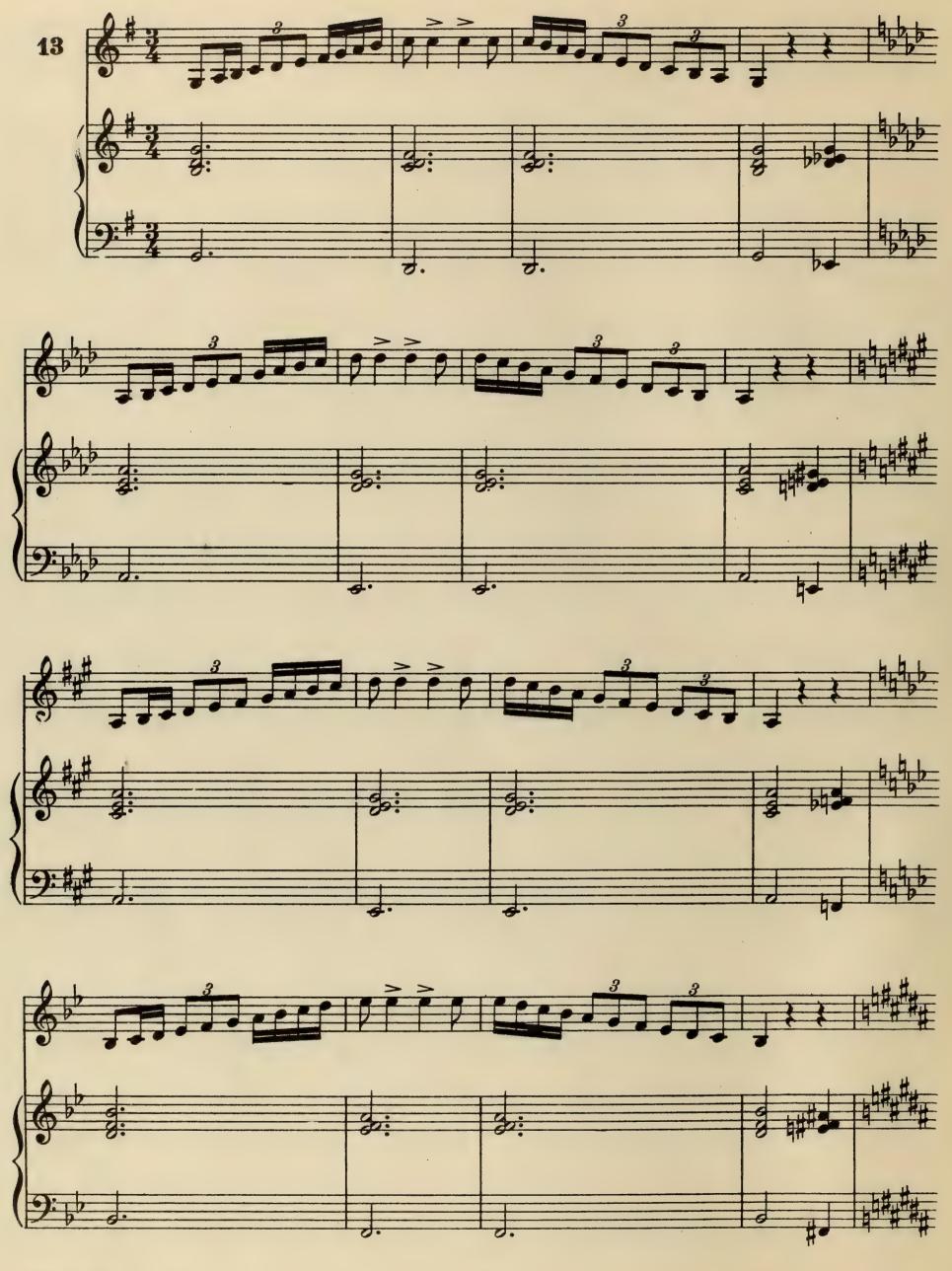
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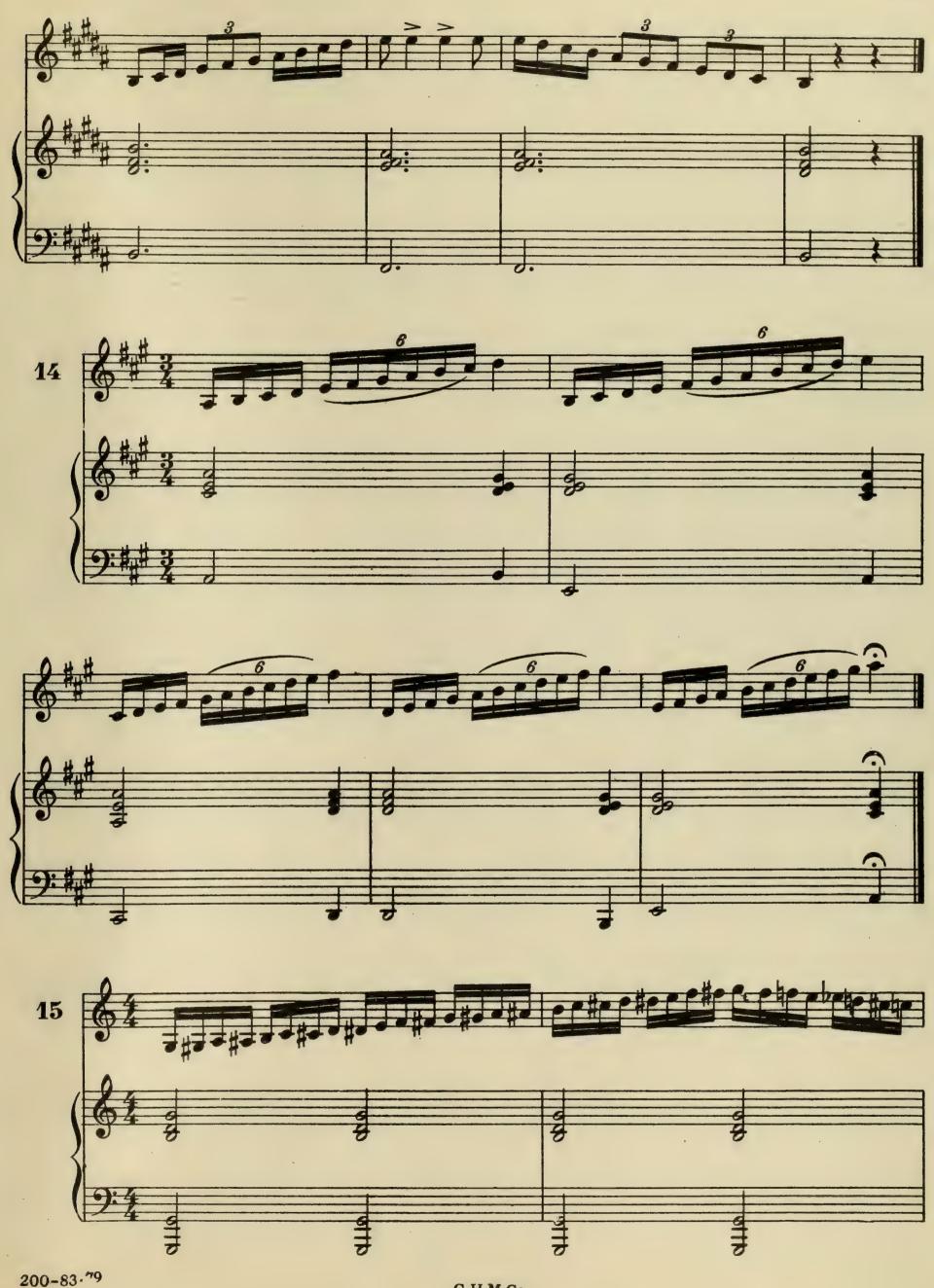
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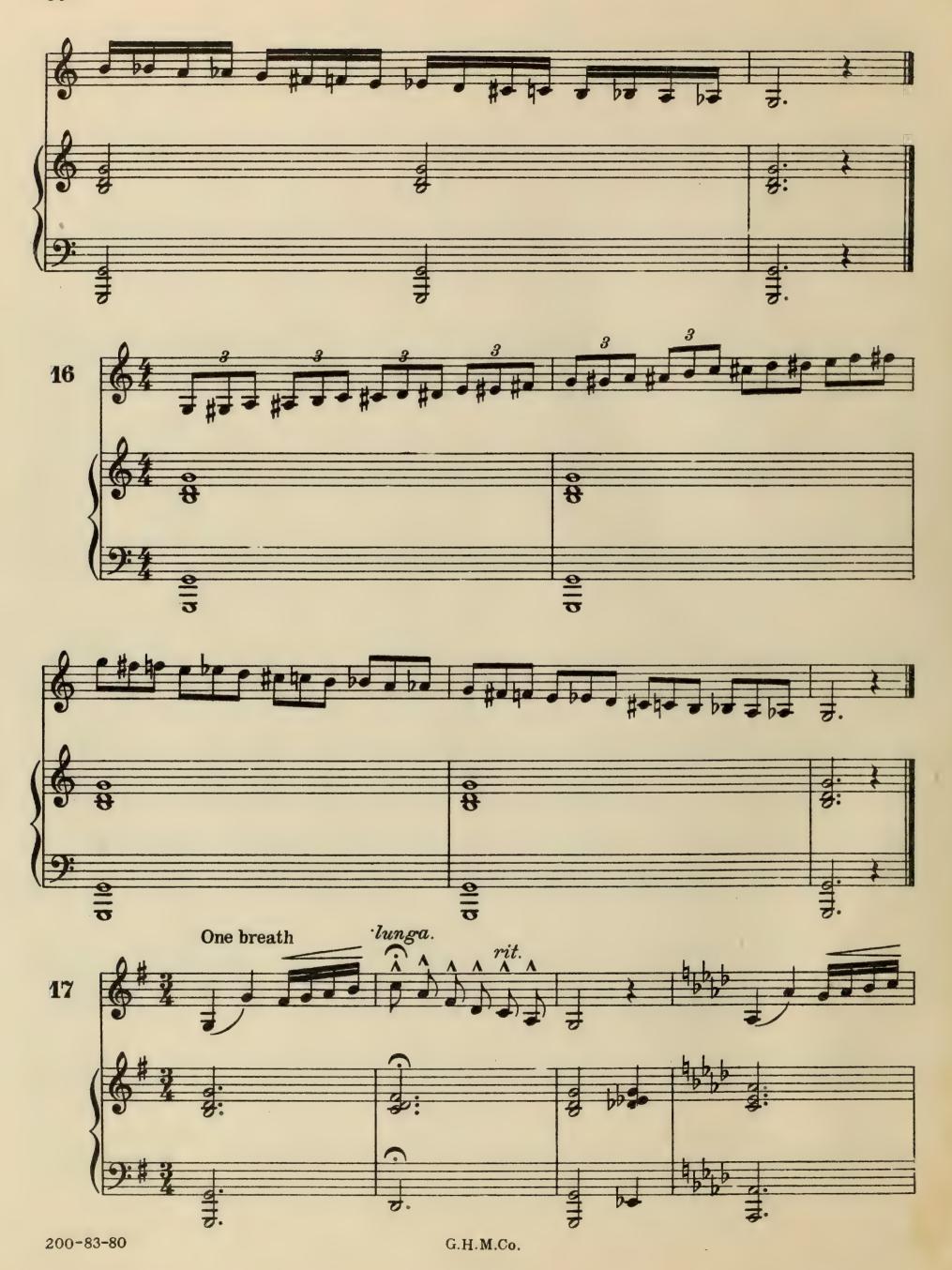






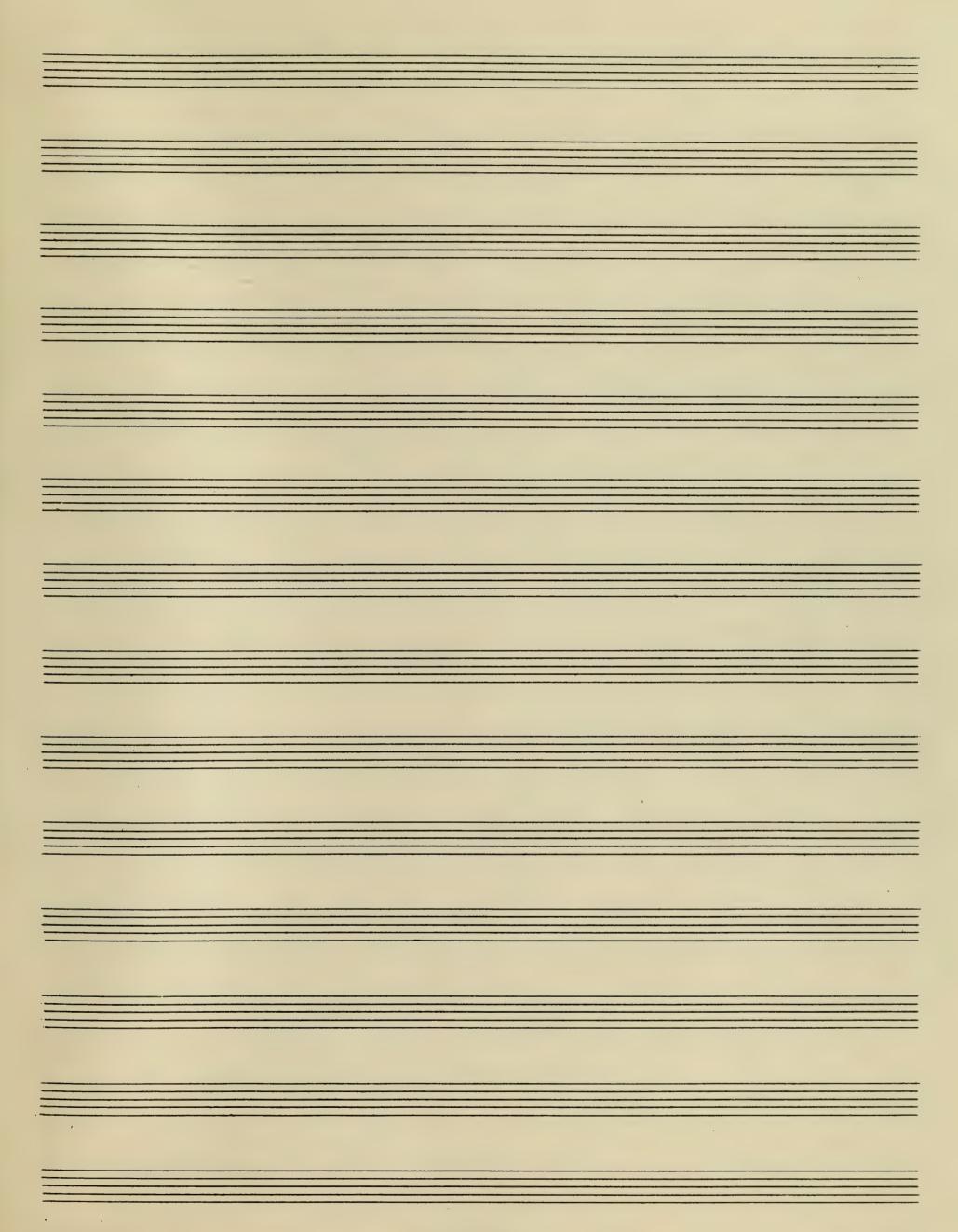


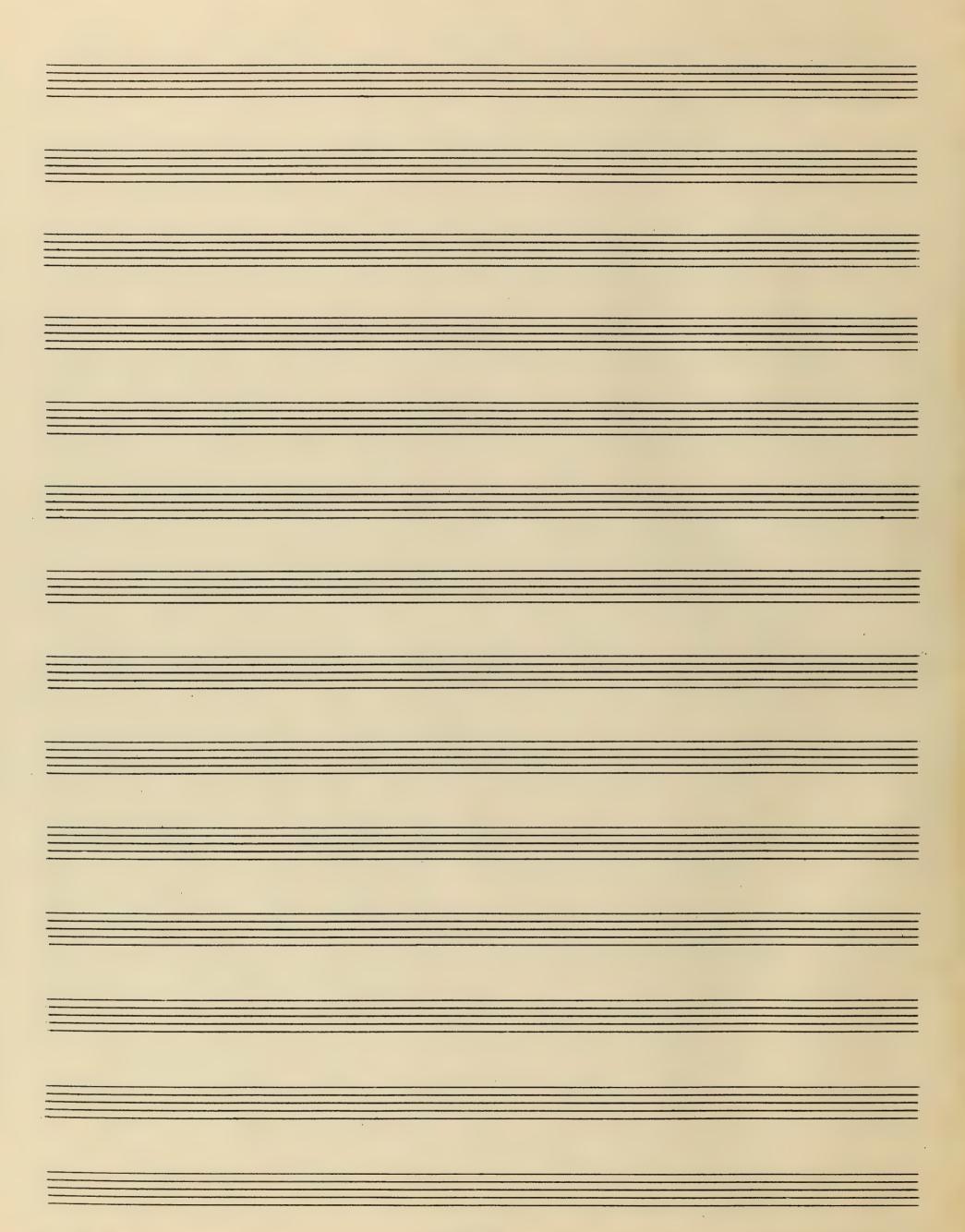




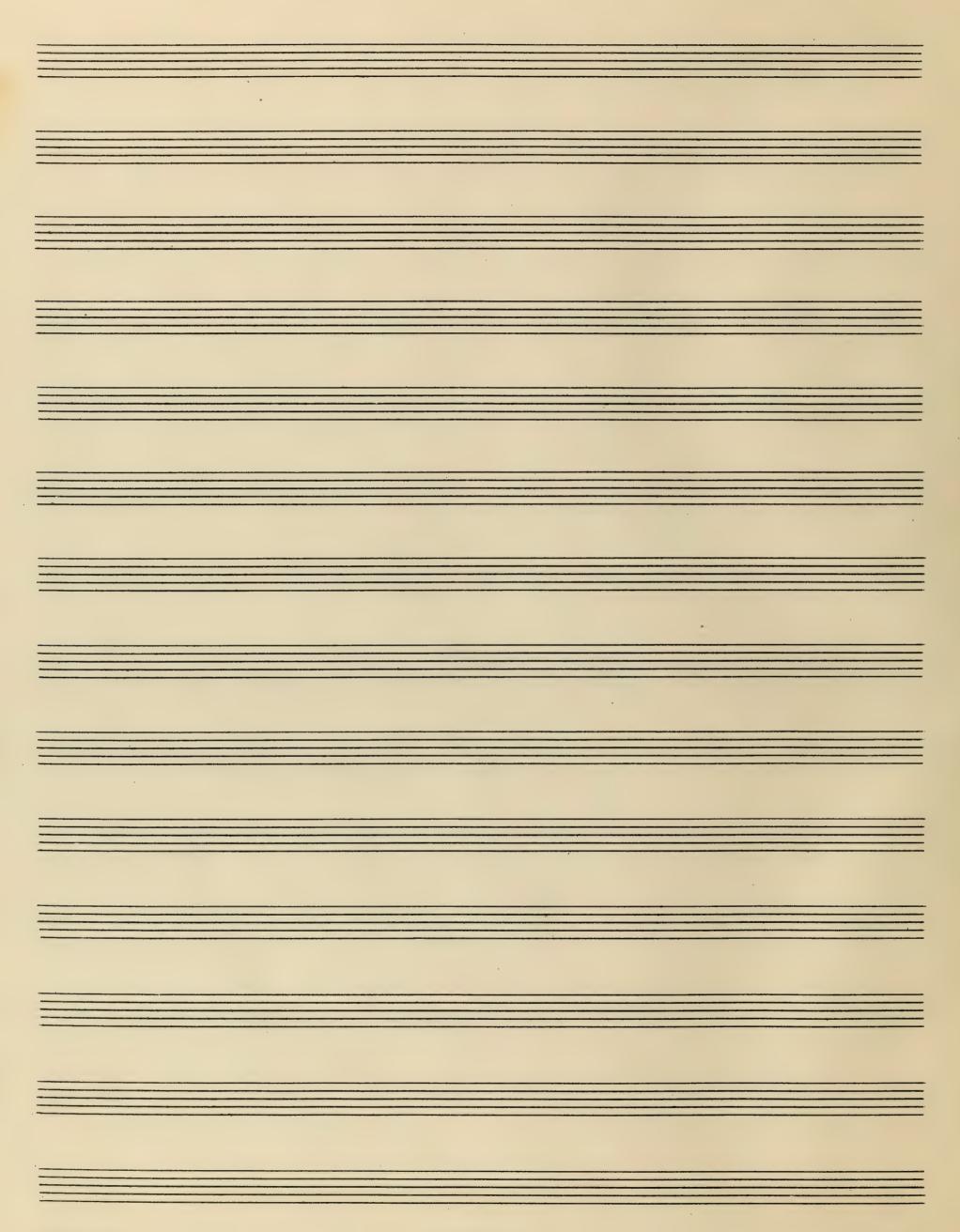




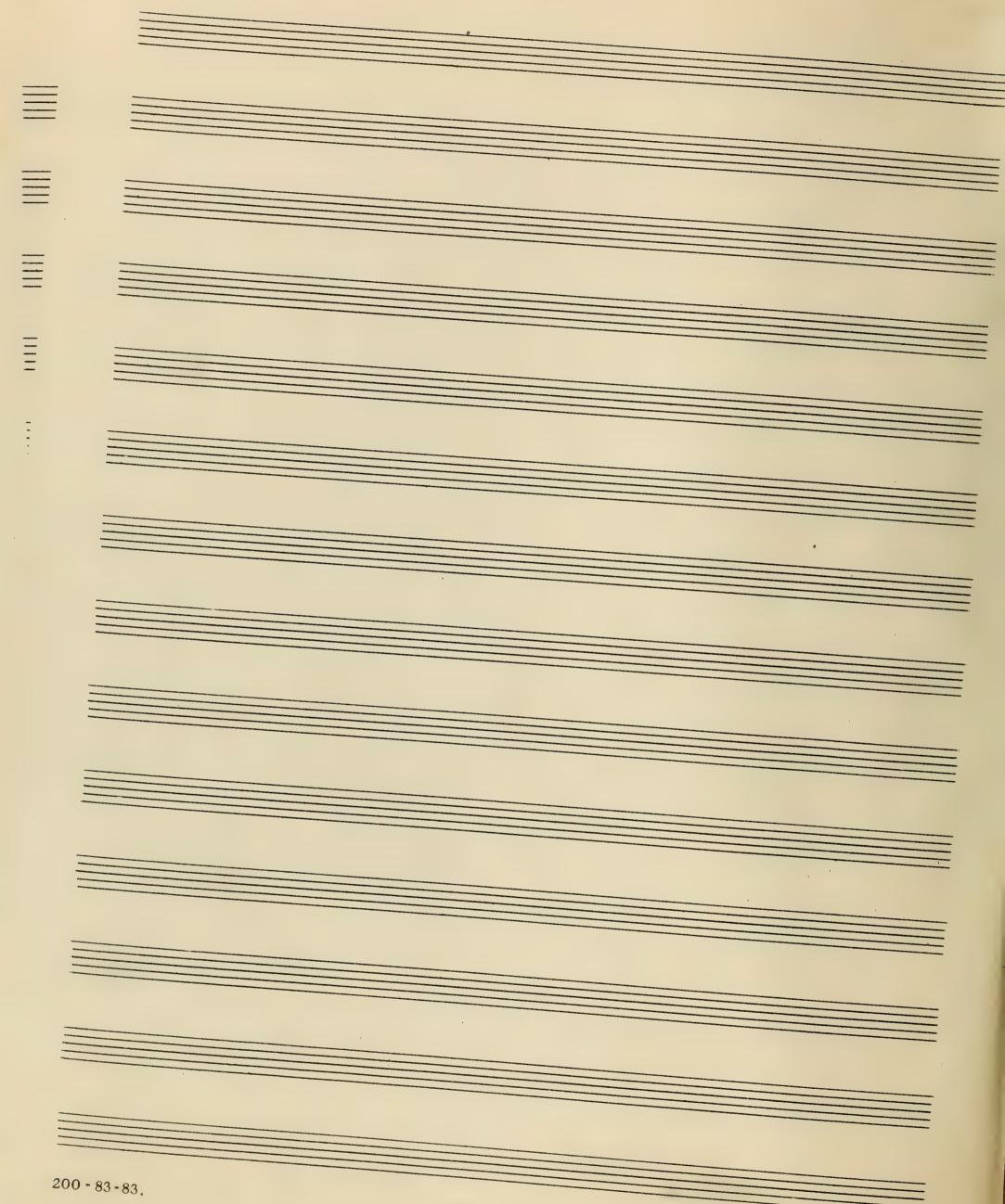


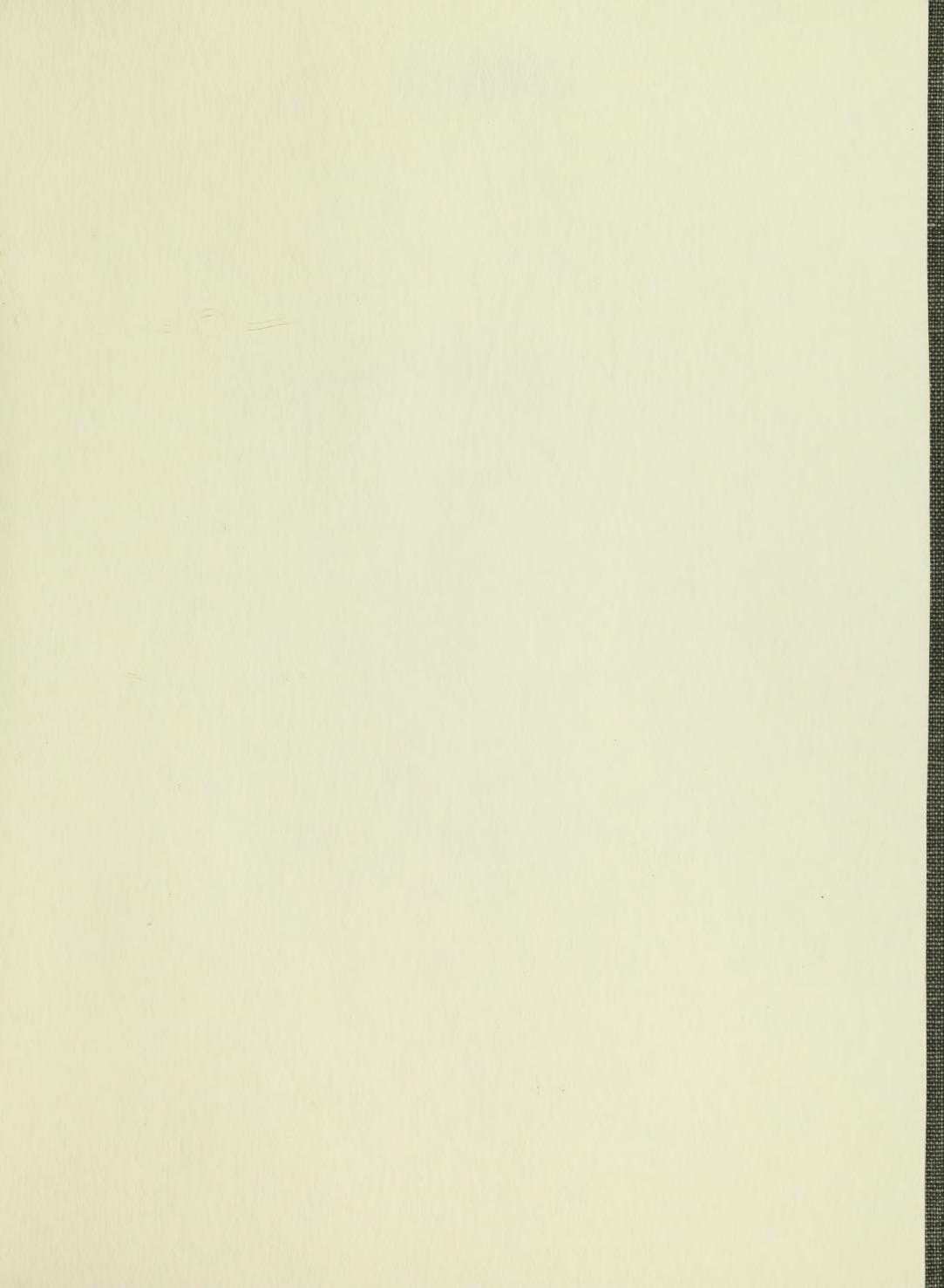


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